



District 33 Majors Division Inter-League Playing Rules - FINAL

Spring 2024

1. Regular Season (“RS”) or Regular Season and Tournament (“RS-T”) balls must be used. Each team will supply three new balls.
2. Home team shall use the 1st base dugout and visiting team the 3rd base dugout.
3. Teams will use continuous batting order. Latecomers must be added at the bottom of the order, if the manager decides to allow them to play. Injured offense players at bat or as a baserunner will be replaced by the player making the last out.
4. Free substitutions are allowed but each player must play 6 defensive outs.
5. All players must be listed on the lineup card, even if they are absent. Players must be listed on the lineup card in this format: last name, first name or initial, and uniform number.
6. Games may start and play games with eight (8) players on each team. If used, team(s) **Will Be** charged an out for the ninth (9th) position.
7. Borrowed Players. A team may borrow one or more players in order to field nine defensive players. The borrowed player must be from the same division and must play in the outfield. If the borrowed player comes from the opposing team, the borrowed player will sit in their own dugout when not on the field and will bat for their own team. The opposing manager may substitute the borrowed player as long as the Minimum Play (Rule 4) is met.
8. Pitching rest requirements will be based upon the 2024 Little League Rule Book. A *completed* pitching affidavit must be carried by each team to every game; it is the sole responsibility of the team manager to maintain the affidavit. The affidavit must be signed by the home scorekeeper after every game. If a **completed** pitching affidavit is not provided prior to the start of the game to the umpire in chief or home scorekeeper, the game will be suspended, and the manager will be subject to disciplinary action by the league or district.
Note: Under no circumstances shall a pitcher pitch in three (3) consecutive days.
9. If after three (3) innings—two and one-half innings if the home team is ahead—one team has a lead of fifteen (15) runs or more, the manager of the team with the least runs shall concede the victory to the opponent.
If after four (4) innings—three and one-half innings if the home team is ahead—one team has a lead of ten (10) runs or more, the manager of the team with the least runs shall concede the victory to the opponent. Also, if one team is ahead by 8 runs after 5 innings the game is over.
NOTE: (1) If the visiting team has a lead of fifteen (15) or ten (10) runs or more respectively, the home team must bat in its half of the inning. (2) A game determined by the 15-run rule, shall be considered a regulation game.
10. Little League Rule 6.05(c) Maintaining one foot in the box at all times will be enforced.
11. If a protest occurs, the score book will be marked at the point of protest and the game will continue.
12. There must be at least one manager or coach in the dugout at all times.

13. Each player on the batting team must wear a helmet when at bat and whenever the player is outside of the dugout.
14. All male players must wear a protective cup while catching.
15. Players must not wear jewelry such as rings, watches, bracelets, necklaces, etc. Exceptions: hard items to control the hair and jewelry that alerts medical personnel to a specific condition.
16. No food (to include sunflower seeds) or gum is allowed in the dugouts or on the field of play.
17. No new inning will begin after 1:45 from the **actual** start of the game. Actual start time of the game will begin at the first pitch.
18. Managers are responsible for maintaining written proof of adherence to mandatory play rules and are required to submit proof if requested by the league player agent or president.
19. Each team may use a "courtesy runner" for the catcher and/or pitcher of record when there are two (2) outs. Neither the pitcher nor the catcher is subject to removal from the lineup. The same courtesy runner may not run for both the pitcher and the catcher at any time during the game. A courtesy runner must be reported to the plate umpire. With the continuous batting order being used, the "courtesy runner" must be in the team's batting order and must be the player in the batting order who made the last out.
20. All managers must have in their possession an original, signed medical release for each player on the team roster. Umpires will be checking for medical releases.
21. A parent code of conduct must be signed by each parent and carried with the player's medical release. The conduct of the team and the parents must be above reproach. Failure of a player, parent, or team to act according to the parent code of conduct or its intent will be cause for removal the parent from the remainder of the season.
22. A concussion and head injury information sheet must be signed by both the athlete and a parent/guardian before the athlete initiates practice or competition. The signed sheet must be carried with the player's medical release and parent code of conduct form.
23. *Both* teams are responsible for grooming and preparing the field for play, as well as grooming and cleanup after the game. Home team to lead in pre-game preparation and visitors to lead in post-game cleanup duties.
24. The home team will provide both the plate and base umpires for the game. It is recommended that at least two umpires be assigned for each game. One qualified plate umpire must be assigned for each game; however, the team managers/coaches may umpire the game if an official umpire isn't available.
25. Rule 9.01 (d) Stealing Signs will be enforced.
26. **Regulation XIV- Field Decorum:** The actions of players, managers, coaches, umpires and league officials must be above reproach. Any player, manager, coach, umpire or league representative who is involved in a verbal or physical altercation, or an incident of unsportsmanlike conduct, at the game site or any other Little League activity, is subject to disciplinary action by the Local League Board of Directors and/or by the District.
27. Anyone who has disciplinary action pending will not be allowed to participate in any game until such disciplinary action is resolved.
28. Any player, manager, or coach ejected from a game will be suspended for the next physically played game. The district may require further suspension to include any manager or coach who participates in another level/league

29. If an ejection takes place, then each of the League Presidents and the DA must be emailed the ejection report within 24 hours.

30. **Manager/Coach Certifications.** Managers and Coaches are required to complete the certifications listed below. Completion certificates for all your managers/coaches must be in your team binder. Umpires will check to ensure you have them. Administrators and umpires should carry a hardcopy or an electronic copy with them to all game sites.

a. **Concussion Protocol (Required Once).** California law requires that all coaches and administrators must complete an online concussion training *at least once* before supervising youth athletes; a certificate from a prior season is valid for this season. The online Concussion Protocol Training is at:

<https://www.cdc.gov/headsup/youthsports/training/>

b. **Abuse Awareness Protocol (Annually).** All managers and coaches must complete the Abuse Awareness training provided by USA Baseball and SafeSport. Here is the link to the course: [Abuse Awareness for Adults \(usabdevelops.com\)](https://usabdevelops.com)

c. **Sudden Cardiac Arrest Prevention Protocol (Required Once).** AB379 requires the same protocols used for concussions in youth and high school sports to be used to help protect young athletes participating in school and community youth sports organizations from sudden cardiac arrest—the #1 killer of young athletes. The online Sudden Cardiac Arrest Prevention Training is at: <https://epsavealife.org/sca-prevention-training/>

d. **Diamond Leader Training Program (Required Once). This is a new requirement for 2024.** All Managers and Coaches are required to complete the Little League Diamond Leader Training Program. This program focuses on ensuring children have a positive, well-rounded experience on and off the field by providing coaches with an understanding of the impact that mental, social, and emotional well-being has in youth sports through detailed information, interactive scenarios, and a variety of additional resources. Here is the link to the Diamond Leader training course: LittleLeague.org//DiamondLeader