

Coach Pitch Guidelines 2023

These are a few guidelines to follow, talk to coach before game:

- Roster bat (everyone bats so free substitution)
 - a. 6-7 could easily make a team, often 10 max is ideal
 - i. ultimately up to each town, just ideas
 - b. If playing a totally uneven team could do either
 - i. lend some from the team with more to the team with less
 - ii. bat half the kids from the team with more the one inning, then bat the 2nd half the next inning to even it out
- No stealing
- No bunting
- Runners can lead off when it crosses home plate
- Coaches pitch-each player gets 5-7 pitches & then T comes out
- No infield fly rule
- One base per hit UNLESS it's a clean landing grass hit,
- Call all outs as they are, HOWEVER continue playing through all the batters/inning. So, unlimited outs/inning but CALL them.
 - a. Could modify to 3 outs/inning if you have 2 older teams playing
 - b. Keep runners on the bases even after an out ..
- Games should last between 1 - 1.5 hours long (hour seems plenty)
 - a. Seemed to break down to about 2 innings
- No umpires - coaches will call out/safe on the bases

- On defense-1 catcher, 1 player next to the pitcher (if possible), 1st base, 2nd base, 3rd base, Shortstop & 4-6 outfielders (talk with the other coaches-we want kids to play vs sitting the bench too many inning)
 - a. Just throw them in if you want – more participation the better
 - b. Catchers are not mandatory, but if playing the position MAKE SURE they have at least a good helmet and chest protector for safety
 - i. Don't need a catcher, parent can be back there to speed game up
 - c. Slow release/Foot release pitching machine ok as long as communicated beforehand with the opposing coach.
 - i. Opposing team does NOT need to use it, can still coach pitch even if the other team is using the machine.
- Everyone plays & at this level the kids can try different positions
- USA stamped bats are encouraged (and good to make parents aware of for buying at the B ball level) but any equipment is truly fine.

Reminder: Talk to coaches before the game to verify these rules or to discuss anything that needs to be modified.