

Adult 4v4 Soccer League Rules

Players & Rosters

- 4 players on the field per team
- No goalkeeper
- Recommended roster: 5–7 players
- This program is offered as an open league. Team rosters may include male, female, or coed participants
- Minimum to start: 3 players
- Substitutions allowed on the fly or at stoppages
- All participants for each team must be on the team roster and sign the liability waiver. If a team uses a player that is not on their roster to participate in a game, that team will forfeit the game in which that player participated. In addition, the manager of any team using a player under an assumed name will be given a warning; the next infraction will be a suspension for the rest of the season. A driver's license or picture ID will determine whether that player is playing under an assumed name. If the player refuses to provide proper ID, the player will be considered guilty of playing under an assumed name.
- Teams must submit a completed official City of Burlison Parks & Recreation Department roster to the ball field attendant by their 2nd game. Teams who do not submit an official roster will be playing subject to protest by the other team. If no roster has been submitted and said team is protested against, that game will be a forfeit.
- All rosters will be final after the 4th game of the season and no adds may be made after that time. Rosters must be turned into the Athletic Attendant.

Game Format

- 2 halves (15–20 minutes each)
- Halftime: 3–5 minutes
- Running clock unless injury or official timeout
- Game ball will be a size 5
- Field size: 60' by 90'

Offsides

- No offsides rule

Start & Restarts

- Kickoff from center
- After a goal: opposing team kickoff

- Out of bounds: kick-in (ball must be on ground)
- No delay on restarts (official may count down)

Fouls & Free Kicks

- No reckless or dangerous play
- Slide tackling: NOT allowed
- All fouls = indirect free kicks
- Opponents must be 5 yards back
- Accumulation of fouls may result in removal

Physical Play

- Controlled contact allowed (shoulder-to-shoulder)
- No excessive force, pushing, or retaliation
- Officials have full discretion on physicality

Goal Area Rules

- No goalkeepers
- No goal camping (players cannot stand in front of goal waiting)

Substitutions

- Sub anytime through midfield
- Player must exit before sub enters
- Teams must maintain proper number of players

Standings & Scoring

- Tiebreakers: Any ties in the final league standings that receive awards will be decided by win/loss record, head to head, head to head differential, common opponents, strength of schedule, total goals differential, lowest number of forfeits, and then a coin toss.
- To check your schedule or view rules you can visit this same site, which is: www.teamsideline.com/burlesontx . *If you are in need of players check out the Free Agent tab on the athletic website.

Mercy Rule

- 5-goal lead = leading team must drop one

League Expectations

- Games should stay on schedule
- Teams must be ready at start time
- Forfeits may be recorded if team is late (grace period is 5-10 minutes)

Ejections & Sportsmanship

- Warning for minor issues
- Blue/Yellow card style removal (player must sit out until next goal)
- Red: player ejected and
- Team plays short if player is ejected
- If a player is ejected for any reason, that player will be automatically ejected from the team's next scheduled game in that league. Any player caught playing without sitting a game will sit out for two (2) additional games. If the player is caught playing in those game, he/she will be ejected for the remainder of the season. Players will receive 1 warning before being ejected for using any foul language. Any player who uses foul language directed at a referee is subject to being ejected at the referee's discretion. A flagrant ejection will result in a two (2) week suspension from the complex, all games, all leagues. These rules apply on or off the fields, which means the entire complex. All ejected players must leave the premises immediately. Consistently flagrant unsportsmanlike behavior can result in expulsion for the season, year, or indefinitely.
- Zero tolerance for abuse toward officials
- Players must respect opponents and staff
- Trash talk that becomes personal or aggressive will not be allowed

Liability & Safety

- No jewelry allowed
- Shin guards recommended
- Alcohol is not permitted at Bartlett Soccer Complex