



## ADULT VOLLEYBALL LEAGUE RULES

### SECTION 1: The Team

#### 1. Players

- A. A team shall consist of six (6) players. Co-Rec shall consist of 3 males/3 females.
- B. A team must have 5 players to start or continue play. Any combination of 3/2 in co-rec.
- C. All players must sign a team waiver/roster form prior to participating in any intramural activity.

#### 2. Substitutes

- A. Substitution may be made during a team's rotation.
- B. Substitutes will enter in the serving position only.
- C. A disqualified player shall not re-enter the game. The player must confer with the supervisor and then leave the Recreation Center. A player ejected from a game must meet with the Recreation Supervisor , Daniel Shafer, the following day by appointment only. (817-426-9113.

#### 3. Coach

- A. Each team shall have a coach.
- B. Teams will be required to provide one person to call lines at matches as scheduled on the official league schedule.
- C. As the team manager it is your responsibility to notify all of your team members of all policies and procedures relating to 6 on 6 Volleyball.
- D. Failure to provide a person will result in a forfeiture of two points per official to be applied to the teams first game the following match.

### SECTION 2: Team Roster

- 1. Official rosters must be turned in prior to the first game of the first match.
- 2. There will be a limit of 12 players per team.
- 3. All roster additions or deletions must be made in writing on the correct form. Changes may only be made by the team captain. Changes are to be turned in prior to the first match that the new player is going to start.
- 4. A player may not change teams once he/she has played for a team.
- 5. **NO ROSTER ADDITIONS** after your 4<sup>th</sup> match of the season.

6. Once a player is dropped, he/ she may not be put back on that particular roster for the rest of the season.

7. Players may only play for one team per league.

8. Team captains must bring to the attention of the head official any possible illegal player on the opposing team before the match begins.

### **SECTION 3: Uniforms**

1. Matching uniforms are not required.

2. Black sole shoes or waffle-type sole of any color will not be permitted because they leave marks on the floor. Shoes must be worn.

3. No jewelry, caps, or bandannas will be worn.

### **SECTION 4: Blood Rule**

1. Players who sustain injury causing an open wound will be required to leave the game. A player may not re-enter the contest until the flow of bodily fluids is stopped, the wound is covered, and all soiled articles of clothing are replaced.

### **SECTION 5: The Game**

1. Matches will consist of rally scoring, best two out of three.

2. All matches will have a 50-minute time limit; the score at 50-minutes will be the final score.

3. The first and second will games will be to 25 (must win by two).

4. The third game if necessary will be to 15 (must win by two).

5. Games times are 7:00 p.m., 8:00 p.m., 9:00 p.m.

### **SECTION 6: ACCIDENTS AND INJURIES**

1. Participation in the Adult Athletic program is voluntary and at the participants own risk. The Burleson Recreation Center and the City of Burleson do not assume financial responsibility for any injuries. It is strongly recommended that each participant be certain he/she has some form of insurance which would cover claims resulting from accidental injury during athletic participation. The participants or their insurance companies are responsible for any expenses, due to injuries occurring while participating in the program. Each person must sign a team roster prior to participation in any adult sports event.