

KIDS CAFE PROGRAM MENU

December 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 <u>Yogurt Parfait</u> Yoplait Yogurt (4oz.=1ozMMA) Diced Mango (1/4c) String Cheese (1oz=1ozMMA) Honey Graham Crackers (2pks = 1ozG) Baby Carrots (1/2c) 1% Unflavored Milk (8oz)	3 <u>¡¡Burritos!!</u> *WG Bean & Cheese Burrito (1ea=1.5oz M/MMA&1.5ozG) Cube Cheese (1oz=1ozMMA) Celery Sticks (1/2c) Tajin Packet (1ea.) Orange (1/4c) 1% Unflavored Milk (8oz)	4 <u>¡¡Burritos!!</u> *WG Bean & Cheese Burrito (1ea=1.5oz M/MMA&1.5ozG) Cube Cheese (1oz=1ozMMA) Celery Sticks (1/2c) Tajin Packet (1ea.) Orange (1/4c) 1% Unflavored Milk (8oz)	5 <u>Teriyaki Chicken Bowl</u> Grilled Diced Chicken (2oz=2ozMMA) Chopped Broccoli (1/2c) Teriyaki Sauce (1oz) WG Dinner Roll (1.1oz=1ozG) Pineapple Tidbits (1/4c) 1% Unflavored Milk (8oz)	6 <u>Grilled Chicken Nuggets</u> Grilled Chicken Nuggets (4ea.=2ozMMA) Ketchup Packet (1pk) Saltine Crackers (4pks=1ozG) Baby Carrots (1/2c) Apple (1/4c) 1% Unflavored Milk (8oz)	
9 <u>Breakfast Sliders</u> WW Biscuit (2ea=2ozG) Turkey Sausage (2ea=1.75ozMMA) Syrup (1pk) Apple (1/4c) Baby Carrots (1/2c) 1% Unflavored Milk (8oz)	10 <u>Breakfast Burrito!</u> Egg, Chz & Sausage Burrito (1=1.25ozM/MMA & 2ozG) Salsa Victoria (1pk) Hash Browns (1/2c) Ketchup(1pk) Orange (1/4c) 1% Unflavored Milk (8oz)	11 <u>Breakfast Burrito!</u> Egg, Chz & Sausage Burrito (1=1.25ozM/MMA & 2ozG) Salsa Victoria (1pk) Hash Browns (1/2c) Ketchup(1pk) Orange (1/4c) 1% Unflavored Milk (8oz)	12 <u>BBQ Meatball Sub</u> Chicken Meatballs (3ea.=2.25ozMMA) WG Hotdog Bun (1ea=2ozG) BBQ Sauce (1pk) 3-Way Salad (1c) Cucumber Coins (1/4c) Ranch Dressing (1pk) 1% Unflavored Milk (8oz)	13 <u>Chicken Pasta Salad</u> Chicken Pasta Salad (6oz=1/2V, 2ozMMA, & 1.25ozG) Italian Dressing (2pk) Apple (1/4c) 1% Unflavored Milk (8oz)	
16 <u>Multigrain Cereal</u> *Multigrain Cereal (1oz=1ozG) Yoplait Yogurt (4oz.=1ozMMA) String Cheese (1oz=1ozMMA) Baby Carrots (1/2c) Apple (1/4c) 1% Unflavored Milk (8oz)	17 <u>Chicken Nuggets</u> Chicken Nuggets (4ea.=2ozMMA & 1ozG) BBQ Sauce (1ea) Celery Sticks (1/2c) Chamoy (1oz.) Banana (1/4c) 1% Unflavored Milk (8oz)	18 <u>Chicken Nuggets</u> Chicken Nuggets (4ea.=2ozMMA & 1ozG) BBQ Sauce (1ea) Celery Sticks (1/2c) Chamoy (1oz.) Banana (1/4c) 1% Unflavored Milk (8oz)	19 <u>Teriyaki Chicken Bowl</u> Grilled Diced Chicken (2oz=2ozMMA) Cauliflower Rice (1/2c) Teriyaki Sauce (1oz) *Saltine Crackers (4pks=1ozG) Banana (1/4c) 1% Unflavored Milk (8oz)	20 <u>Turkey Pepperoni Pizal!</u> Turkey Peperoni Pizza (1=2ozM/MMA & 2ozG) Ranch (1pk) Baby Carrots (1/2c) Pluot/Plum (1/4c) 1% Unflavored Milk (8oz)	
23 <u>Overnight Oats</u> *Rolled Oats (1/2c) Yogurt (4oz=1ozMMA) Diced Mango (1/4c) Cube Cheese (1oz=1ozMMA) Jicama Sticks (1/2c) Chamoy (1oz) 1% Unflavored Milk (8oz)	24 <u>Chicken Quesadilla</u> Chicken Quesadilla (1ea.=2ozMMA&2ozG) Tapatio Packet (1pk) Baby Carrots (1/2c) Banana (1/4c) 1% Unflavored Milk (8oz)	25 	26 <u>Hummus & Pita</u> Hummus (3.75oz=2ozMMA) *WG Flat Bread (1oz=1ozG) Baby Carrots (1/2c) Orange(1/4c) 1% Unflavored Milk (8oz)	27 <u>Chicken Sandwich</u> *Breaded Chicken Pattie (1=2ozM/MMA & 1ozG) WG Bun (1 Bun) Ketchup(1pk) Shredded Lettuce (1c) Apple (1/4c) 1% Unflavored Milk (8oz)	
30 <u>Breakfast Patter</u> Waffle (1.25oz=1ozG) Syrup (1pk) Turkey Sausage (2ea=1.75ozMMA) Hash Browns (1/2c) Ketchup(1pk) Orange (1/4c) 1% Unflavored Milk (8oz)	31 <u>Turkey Cheese Sandwich</u> Turkey Sausage (2ea=1.75ozMMA) Sliced American Cheese (1sl=.5ozMMA) *WG Bread (1 slice) Shredded Lettuce (1c) Mayo Packet (1pk) Pineapple Tidbits (1/4c) 1% Unflavored Milk (8oz)				

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2024 MENU KEY

Protein	Item #	Date of Label	Required Amount	Dates on Menu
String Cheese – Land O'Lakes/Roseli	6939045/8805137	FBG 1-23	1 ea. = 1 oz.	12/2, 12/16
Hummus – Kronos Central	3457066	5/2024	3.75 oz. = 2 oz.	12/26
Peanut Butter - Monarch	4327581	6/28/2018	4 tbs. = 2 oz.	12/11
Roasted Peanuts – Monarch	3604493	FBG 1-36	2 tbsp. = 1 oz.	12/4, 12/18
Grilled Diced Chicken-Tyson	8588238	FBG 1-32	1 oz. = 1 oz.	12/5, 12/19
Diced Turkey – Jennie O	7213879	FBG 1-55	1 oz. = 1 oz.	
Chicken Meatballs - Tyson	8720153	5/15/2023	3 ea.=2.25 oz.	12/12
Turkey Breast – Jennie-O	1118504	FBG 1-52	1 oz. = 1 oz.	12/31
Grilled Chicken Nuggets-Brakebush	5690	11/04/2019	4 each = 2 oz.	12/6
Egg, Chz & Ssg Burrito- Los Cabos	77892	4/11/2023	1 each = 1.25 oz.	12/10
Yogurt – Yoplait	306647	9/02/2022	4 oz. = 1 oz.	12/2, 12/16
Vanilla Yogurt -Dannon Light & Fit	8124588	FBG 1-59	4 oz. = 1 oz.	12/23
Cubed Cheese-Glenview Farms	1074334/29793	FBG 1-23	1 oz. = 1 oz.	12/3, 12/18, 12/23
Sliced American Cheese - Glenview Farms	2975244	FBG 1-23	1 slice = .5 oz.	12/31
*Chicken Quesadilla - ConAgra	2776485	6/06/2019	3.75 oz. = 2 oz.	12/24
Turkey Sausage – Jimmy Dean	7274988	1/2024	1 patty = .875 oz	12/9, 12/30
*Chicken Pattie-Tyson	8473761/9715277	5/13/2020	3.15 oz. = 2 oz.	12/27
*Turkey Pepperoni Pizza– Conagra		06/2023	1 each = 2 oz.	12/20
*Bean/chz Burrito-Los Cabos	2967446	8/10/2020	1ea. = 1.5 oz.	12/3
Grain	Item#	Date of Label	Required Amount	Date on Menu
Saltine Cracker – Keebler/Monarch	7003999/7945967	1/02/2023	4 packs = 1 oz.	12/6, 12/19
*Multigrain Cereal-General Mills	6960637/9491895	9/01/2022	1 oz. = 1 oz.	12/16
*WG Bread - Flowers Foods	299204	1/9/2019	1 slice = 1 oz.	12/31
*Rolled Oats – Hospitality	5027206	FBG 4-22	½ cup = ½ cup	12/23
*WG Flat Bread – Rich's	7897707	1/2023	1 ea. = 1 oz.	12/26
WG Hotdog Bun- Flowers Foods	6809602	1/04/23	1ea. = 2oz.	12/12
*Chicken Quesadilla - ConAgra	2776485	6/06/2019	3.75 oz. = 2 oz.	12/24
*Chicken Pasta Salad	3440521	1/2024	6 oz. = 1.25 oz.	12/13
*Turkey Pepperoni Pizza– Conagra		06/2023	1 each = 2 oz.	12/20
*WG Pretzel Goldfish-Pepperidge	6358444	7/15/2021	.75 oz. = 1 oz.	12/18
WW Biscuit – Bridgford	2711075	1/01/2023	1 oz. = 1oz.	12/9
Egg, Chz & Ssg Burrito- Los Cabos	77892	4/11/2023	1 each = 2 oz.	12/10
*WG English Muffin–Flowers Food	3457845	10/13/2022	1 ea. = 2 oz.	12/11
Honey Graham Crackers-Monarch	6571091	4/22/2019	2 packs = 1 oz.	12/2
*WG Waffle – Hilltop Hearth	9899583	3/25/2020	1.25oz = 1 oz.	12/30
*Mini WG Bagel-Tony Roberts Co.	8572802	07/07/2022	1 oz. = 1 oz.	12/4
*WG Dinner Roll – Flowers Foods	299115	10/13/2022	1.1oz=1oz.	12/5
*Bean/chz Burrito-Los Cabos	2967446	8/10/2020	1 ea. = 1.5 oz.	12/3
*Chicken Nuggets- Brakebush	5652	11/10/2023	4 each = 2 oz.	12/17
*Whole Grain Rich Item				