



## TBALL LEAGUE RULES & OBJECTIVES

The T-Ball program is designed to introduce children to the different skills and introduce the game of baseball/softball. Skills developed will be throwing, catching, fielding, hitting, and base running. At all times, players are to be encouraged to do their best in a positive, nurturing manner. This is the first exposure to league play for many of the players – let's make it a positive experience. Children should be excited to attend practices and games.

### RULES

**4 & 5 Year Old League** – “Standard T-Ball League” Players encouraged to begin the season hitting off the tee, then progress into Coach Pitch if skill level allows at end of season. Skill level will vary for each player, so try your best to customize their hitting experience. See Rule #9

**6 & 7 Year Old League** - “Coach Pitch” Players encouraged to start hitting from live Coach pitching. See Rule #9

1. The pitcher is located in the same area as a pitcher in baseball/softball except the T-ball pitcher doesn't pitch the ball.
2. All members of the team play at all times. (All players play the field and hit)
3. A half inning is complete after the entire team has batted.
4. Play is concluded at the coaches' discretion, or no new inning after 30 minutes.
5. No stealing or leading off. A base runner can only advance after the ball has been hit off the tee or from live Coach pitching.
6. Batter will proceed to first base on a fair hit ball. No base advancement on overthrows.
7. A T-ball game is three (3) innings or thirty (30) minutes of play. Both teams should be off the field 5 minutes before the next game is scheduled to begin.
8. Coaches will be given the option if they would like to pitch to their players provided it does not hold up the game. See Rule 1 for more clarification.
9. Players will get four (4) attempts to hit the ball off the tee before it will be an out. If the player is being pitched to, he/she will receive three (3) attempts to hit a pitched ball. If unsuccessful after three pitches a tee will be brought in and he/she will get an additional two (2) attempts off the tee before an out is called.
10. To be counted as a hit, the ball must go beyond the 15 foot arc in front of home plate.
11. Coaches are encouraged to rotate players to different fielding positions each inning, or game. This will help to keep the players' interest high and to expose them to a number of different fielding positions.
12. No score or standings will be kept.
13. WEATHER UPDATES: Text Group located on each age group's practice/game schedule, Phone Hotline – 961-9420, press 1 for cancellations