



# **5 ON 5 ON 5**

## **ADULT SLOWPITCH RULES**

Facebook – Aberdeen Parks & Recreation

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1. All players must be at least 18 years old.
2. Teams must have minimum 5 but may have up to 8 members (female) on their roster. An 11” ball will be used at all times.
3. A game consists of three teams competing against each other in a 5 inning, 45 outs, no mercy rule game. Exception is if the team with the last at-bats in the 5<sup>th</sup> inning have the lead, which would result in the end of the game.
4. An inning consists of 9 outs (three outs per team)
5. Each team plays defense for two thirds of an inning and shall bat 5 times unless the team with the last at-bats have the lead, which would result in the end of the game.
6. All three teams rotate positions for one cycle (9 outs) to complete innings
7. The outfield team will be the four outfield positions plus the catcher.
8. The infield team will be the four infield positions plus the pitcher.
9. Rotation will be outfield to infield to batting
10. Teams can bat entire roster.
11. There will be NO courtesy runners.
12. The winning team is the team that scores the most runs in the 5 innings.
13. Three (3) Home Runs per game per team. Any additional “over-the-fence” homeruns will be ruled a dead ball out.
14. Each team will be responsible for their own book while batting.
15. Starting positions will be decided by a ball roll from home plate to the pitching rubber. The closest has 1<sup>st</sup> choice, 2<sup>nd</sup> closest has next choice, and furthest has what’s left.
16. The team with the most runs at the end of the 5 innings receives 2 points in the standings, the team with the 2<sup>nd</sup> most receives 1 point in the standings, the third team receives 0 points.