

OKC 405 FC Youth Soccer Rules and Regulations U10



OKC PARKS MISSION

Provide cultural, social and recreational opportunities to residents and visitors so they can have enriching life-long experiences.

OKC PARKS VISION

OKC Parks seeks to inspire our community to explore, learn, play and grow.

The Youth Soccer Program is supervised by OKC Parks. Decisions rendered by OKC 405 FC are final. Official soccer rules as established by US Youth Soccer and FIFA .

COACHES:

- 1 .Coaches, above all, will have the safety and welfare of each child as his/her main objective.**
 - 2. Coaches must have a reasonable knowledge of the game.**
 - 3. Coaches shall act as an example of good conduct and sportsmanship to his/her team in all league matters.**
 - 4. Emphasis of the program shall be to participate, enjoy and learn the fundamentals and skills of soccer within an environment of fair play.**
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TEAMS:

- 1 . Age divisions for boys' and girls' leagues shall be established by US Youth Soccer
2. Minimum number of players per team shall be 9 for all divisions. Incomplete teams will be filled to the minimum of 9 players by the Program Coordinator.
3. Players must submit a player contract with their registration form and fee, properly signed by a parent or guardian, prior to participation in league. Parents Code of Ethics must also be signed before the first game of the season.
4. Parents and children that are not participating in games must remain on the opposite side of the coaches and players
5. No smoking, drugs, or alcohol permitted on OKC Parks property.

UNIFORMS & EQUIPMENT:

1. Required uniform consists of a jersey with number on the back furnished by the league or team. Players' names may appear on the uniforms at the cost of the parent(s), no additional printing shall be on the jerseys. Team uniforms will be provided. Players must be in uniform to participate. Non-uniform clothing is allowed based on weather conditions, but uniforms must distinguish teams. Shin guards are Mandatory for both practices and games, and must be covered entirely by socks. If needed teams can distinguish by scrimmage vests.
2. Cleats are to be worn. Football cleats will not be allowed
3. Jewelry of all types is prohibited. The only exception to this rule is pierced earrings which cannot be removed or a medical alert bracelet. If worn, the earrings must have tape over them.

Ball Size: 4

GAME TIME:

1. Games will start promptly as scheduled. Conform to the FIFA with the exception of the match being divided into two (2) equal halves of twenty-five (25) minutes. There shall be a half-time interval of up to ten (10) minutes. No added time at the end of either. A 10 minute grace period is allowed from scheduled starting time. If a team does not have four uniformed players after the 10 minute grace period, an automatic forfeit will occur.
 2. All teams must play on assigned dates and times. Failure to do so is an automatic forfeit. Games may be rescheduled at the discretion of OKC Parks.
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PLAYING TIME:

A match is played by two teams, each consisting of not more than seven (7) players, one of whom is the designated goalkeeper. A match may not start or continue if either team consists of fewer than five players.

Substitutions: At any stoppage of play and unlimited. N. B.: A player who is suspected to have a head injury leaves the field of play for additional evaluation, a substitution can be made in that moment.

Playing time: Each player SHALL play a minimum of 50% of the total playing time, which is controlled by the coach. Teams and matches may be coed.

The maximum team roster size is twelve (12).

START AND RESTART OF PLAY:

Conform to the FIFA Laws of the Game, with the exception that the defending team is at least five (5) yards from the ball until it is in play. Remember, let them play and do not interfere for technicalities.

Throw Ins: Keep your feet flat on the ground and throw the ball from behind your head with both hands.

Goal Kick: Conform to the FIFA Laws of the Game with the exception that opposing players must retreat behind the build out line until the ball is in play. The team taking the goal kick may choose to restart play before the opponents have retreated behind the build out line. The ball is in play when it is kicked directly out of the penalty area.

GAME CANCELLATIONS:

1. Games that have been canceled by OKC Parks shall be rescheduled at the discretion of OKC Parks/OKC 405 FC

FOULS AND MISCONDUCT

Conform to the FIFA Laws of the Game with the exception that an indirect free kick is awarded to the opposing team at the spot of the offense if a goalkeeper punts or drop-kicks the ball. If the punt occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

Free Kicks: Conform to the FIFA Laws of the Game with the exception that all opponents are at least eight (8) yards from the ball until it is kicked.

The Penalty Kick: Conform to the FIFA Laws of the Game, with the exception that the penalty mark is ten (10) yards from the goal line.

PRACTICE & ATTENDANCE:

Practices are an important part of youth recreation programs, but cannot be made mandatory. It is usually not the child's fault when they miss practices and the child shouldn't be punished by not playing. If a player on your team is consistently absent from practice without an excuse, try to talk to the parents and see why the child hasn't been at practice. If it continues to be a problem, make sure the program coordinator is aware of it.

SPORTSMANSHIP:

Team members, coaches and spectators shall exhibit appropriate behavior towards other players, officials, league staff and spectators. Unsportsmanlike conduct from team members and/or associates, including spectators, will result in one or more of the following:

- 1) Player, coach or spectator ejection from the game.
- 2) Player, coach or spectator ejection from the league.
- 3) Player, coach or spectator suspension.
- 4) Forfeiture of game.

During the game, the officials have the authority to eject players, coaches or spectators. Anyone that is ejected from a game will be suspended a minimum of one game. OKC Parks has the final authority on determining the duration of the suspension or other penalty. Any player, coach or spectator ejected from a game must leave the soccer complex . Failure to do so may result in the forfeit of game.

FIELD OF PLAY:

DEVELOPMENT FIELD

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: minimum 55 yards maximum 65 yards

Width: minimum 35 yards maximum 45 yards

Field Markings: Distinctive lines not more than (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line. A circle with a radius of eight (8) yards is marked around it.

The Goal Area: 4 yards out from the goal line x 8 yards wide.

The Penalty Area: 12 yards out from the goal line x 24 yards wide. A penalty arc with a radius of eight

(8) yards from each penalty mark is drawn outside the penalty area.

Penalty Mark: 10 yards

Flagposts: Conform to FIFA Laws of the Game

The Corner Arc: Conform to the FIFA Laws of the Game.

Build Out Line : Equidistant between the top of the penalty area and the halfway line.

Goals: Goals must be placed on the center of each goal line. They consist of two upright posts equidistant from the corners and joined at the top by a horizontal crossbar. The recommended distance between the posts is twelve (12) feet and the distance from the lower edge of the crossbar to the ground is six (6) feet.

RULES ADAPTED FROM US YOUTH SOCCER
AND FIFA

THANK YOU FOR PLAYING WITH OKC UNITED FC!
HAVE A GREAT SEASON!

OKC PARKS & RECREATION

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