

TRI-VALLEY CHRISTIAN ATHLETIC LEAGUE VOLLEYBALL RULES

These rules are for explanation or to note exceptions to CIF rules.

If any rules are not on here, then CIF rules will apply.

1. Rally scoring is used for all sets (Best 2 out of 3). A point will be scored on each serve.
Must win a set by two points with no cap.
2. Sets 1 and 2 are to 25 points and set 3 (if necessary) will be to 15 points.
3. Each team will have two time-outs per set. Time-outs do not carry over.
4. Coin-toss
 - a. Prior to the match: Home team will choose what side they sit on first. Away team will call the toss. Winner chooses to either serve or receive.
 - b. Prior to 3rd set: Away team will call the toss. Winner chooses to either serve or receive. Loser chooses the side they want to sit on.
5. Teams will switch sides between sets, never during a set.
6. The receiving team will always rotate after winning a point, even on the first serve of the set.
7. The height of the net for junior high will be 7'4" and the height for elementary will be 6'6".
8. A toss is not required on an underhand serve.
9. Poles must be padded to play. Home team will forfeit if poles are not padded, NO EXCEPTIONS.
10. No jewelry is allowed. Any player wearing jewelry will not be allowed to play. NO EXCEPTIONS.
11. Each team is required to provide a line judge to assist the referee.
12. **For elementary only:** servers may step over the end line but must start behind the end line.
13. **For junior high only:** A libero may be used but is not required. If a team uses a libero, a libero tracker must be seated at the scores table and cannot be a coach.