# **Thompson Rivers Parks & Recreation District**

## **6U Soccer Rules**

# **Equipment**

- Size 3 soccer ball
- Shin guards are required for all participants and must be completely covered by socks.
- Players need to wear soccer cleats with rubber or plastic cleats, no metal spikes allowed.
- All players must have the green/white reversible jersey.

#### **Players**

- Games will be 4 v 4 with no goalie.
- Each player will receive equal playing time with positions being rotated.
- Substitutions shall be made halfway through each quarter of play.

## **Start of Game**

- Team that wins the coin toss will choose the side to attack. Other team takes the kickoff.
- Kickoff at the start of each quarter, kickoff after each goal.
- Each team member must be on their half of the field at kickoff. Other team members must be outside of the center circle.
- The player taking the kickoff cannot touch the ball again until another team member has touched the ball.
- A goal cannot be scored directly from the kickoff.

#### The Game

- Four, 8-minute quarters. Total game time: 32 minutes
- 5-minute halftime. No change in direction of play.
- All fouls result in a Throw-in.

#### **Offenses - Fouls and Misconduct**

- Kicks or attempts to kick an opponent
- Trips an opponent
- Jumps at an opponent
- Charges an opponent
- Strikes or attempts to strike an opponent
- Pushes an opponent
- No offsides, no slide tackling.
- $\bullet \quad \text{Opponent makes contact with an opposing player before contacting the ball} \\$
- Holds an opponent
- Spits at an opponent
- Handles the ball deliberately
- No penalty kicks
- No corner kicks
- No goal kicks, all replaced by throw-ins

#### **Proper throw-in requires**

- o The thrower faces the field
- o Throw ball with both hands
- o Throws ball directly over his/her head
- o Both feet on the ground
- Behind the touch line
- A second throw-in will be allowed if the player does not perform the throw-in correctly on the initial attempt. The coach shall explain the proper technique before allowing the player to re-throw.

#### Coaches

One coach per team is allowed and suggested to be on the field while the game is being played. Head coaches will officiate and keep time.



# **Weather Cancellations**

- In case of inclement weather, games will be canceled at TRPR's discretion and will be updated on the weather line (970-572-7888)
- Make up games will only be made if time allows.