

Youth Volleyball Rules – Continuous Rotation

In our 10u and 12u divisions, ALL players participate in ALL sets.

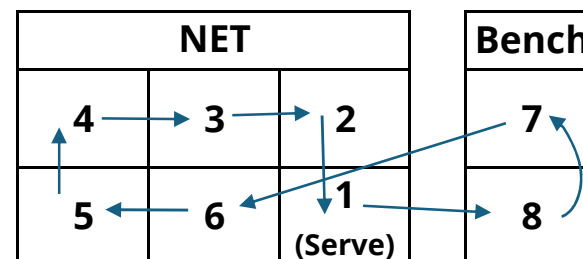
Teams use continuous rotation to ensure that all players receive close to equal playing time.

START:

NET		
4	3	2
5	6	1 (Serve)

Bench
7
8

Other team serves. Upon your next serve, # 1 moves to the bench behind # 8. The rest of the players rotate clockwise, and # 7 enters in the center back.

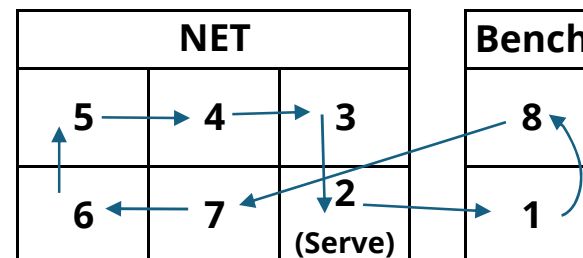


Second rotation will look like:

NET		
5	4	3
6	7	2 (Serve)

Bench
8
1

Other team rotates and serves. Upon your next serve, # 2 moves to the bench behind # 1. The rest of the players rotate clockwise, and # 8 enters in the center back.



Third rotation will look like:

NET		
6	5	4
7	8	3

Bench
1
2

Other team rotates and serves. Upon your next serve, # 3 moves to the bench behind # 2. The rest of the players rotate clockwise, and # 1 enters in the center back.

