

2026 Adult Dome Softball Rules – Draft Night

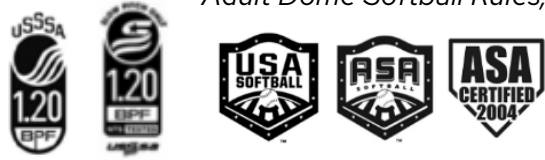
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Except as modified by the League, USSSA rules for the current year shall be the official game rules for all contests in which League members participate.

SCHEDULES/STANDINGS — Schedules and standings are posted at www.teamsideline.com/stpaul

GAME RULES

- No new inning after 55 minutes.
- Games will begin with a double coin flip. **Visiting team will begin with .5 run to avoid extra innings.**
- Home runs – 4 per game
- Courtesy Runner – 1 per inning, PLUS one for the pitcher (if desired, not required). Doesn't matter who runs or how many times, but if they are on the base when their at-bat comes up, the batter is out, they remain on base as a runner.
- NO Courtesy Foul
- Warmup Pitches – 3 first inning, 1 thereafter.
- Run Rules – 20 after 3, 15 after 4, 10 after 5
- NO flip flop
- Halo Rule – A ball hit directly at the pitcher, within 2 feet of any side of the pitcher's mound in any direction, head height or lower. Calls are at the umpire's discretion and are not contestable.
 - 1st offense – Warning
 - 2nd offense by the same player – Batter shall be deemed out immediately and no runners shall advance.
 - 3rd offense by the same player – ejection (see ejection rules above)
- Sliding – Runners must avoid contact by sliding, jumping over the tag, or going around the defender (while remaining in the 3-foot lane), or will be called out.
- Fielders may not block the base/plate or obstruct the runner without the ball in their possession. This does not affect the crash rule.
- If the ball hits the dome in fair territory the ball is considered live and may be played.
- If the ball hits the dome shell in foul territory, the ball is dead.
- If a ball is caught after striking the Dome in fair territory and goes into foul territory, the result of the play is that the batter is out, and base runners are able to advance, and are liable to be put out.
- Overthrows – Ball is DEAD and runners advance one base.



EQUIPMENT/FIELD SPECS

- Bats must have a legal USSSA or ASA/USA stamp →
 - USSSA 220 bats are legal in this league.
- Safe-T-Soft Balls will be provided by the League. Please leave balls in the field bucket after each game.
- **NO CLEATS** (including molded/rubber) – turf or gym shoes only! Please wear alternate shoes into the dome and put dry shoes on before entering the field of play.
- Pitcher's Plate: 50 ft, **Pitcher must have contact with the Pitcher's Plate when the pitch is released.**

DOMES RULES

- No Eating/Drinking inside the dome besides water
- No Alcohol/Tobacco on any part of the Recreation Center premises.
- No Seeds.
- Please refer to the parking map on TeamSideline or as sent to Team Managers
 - Street Parking on DOME SIDE of streets – **not residential!**
 - Parking lots at Conway Rec (2090 Conway St.), Sunray Library (2105 Wilson St) and St. Paul Youth Services (2100 Wilson St).

CONDUCT POLICY/EJECTIONS

- Warnings: 1st offense - verbal, 2nd offense – ejection.
- Ejected persons must leave the building immediately and will serve a “next game day” suspension. This means the player is suspended for the entire day of the team's next scheduled game. Example:
 - Player is ejected from a doubleheader one June 1, but the team has a bye week on June 8th.
 - Player is suspended from BOTH games of the DH on June 15th.
- Suspended players are not permitted to watch games on-site.
- Intentional physical contact towards another player or umpire will result in ejection from the **rest of the season from all Saint Paul leagues** and possible criminal charges.
- There will be no arguing with officials. Managers only will be allowed to ask rule interpretations. Please remember that officials are human as well and there is a nationwide shortage of certified officials. If you are interested in being paid to officiate on a night you are not playing, please contact our office.

PLAYOFFS/AWARDS – No playoffs or awards for Dome Softball.

INSURANCE — Be advised that neither the City of Saint Paul nor the league carry insurance for individual players or teams.

VALUABLES — *Saint Paul Parks and Recreation is not responsible for any damaged or stolen property while person(s) are participating in or near a City-sponsored activity or event.*

THANK YOU

The City of Saint Paul would like to thank you for your team's cooperation this season.
Recreational leagues promote the many benefits of parks and recreation in our community.
If you have questions or comments, please contact the League Director.