



2026 Saint Paul Parks and Recreation Policy for Playing on More Than One Team/In A Higher Division.

Players participating in the Division of Saint Paul Parks and Recreation's youth sports programs may be eligible to play on more than one team in a particular sport if the following guidelines are met:

1. Players may not play on more than one team within the same age group in SPPR leagues.
2. Players may play on more than one SPPR league team if they are in a different age group, and if the person is eligible by age in both. He or she must also meet the following criteria.
 - A) Players may play up one division if there are not enough players in the older division to field a team in that division and those players would not have the opportunity to play without the younger players moving up. Permission must be granted to a Saint Paul Parks and Recreation Staff and the Parent of the player/s.
 - B) A player/s in the opinion of the Saint Paul Parks and Recreation Staff, Coaches, and Parent/s has the skills and physical ability to compete in the older division and will not displace a player that is in the appropriate division.
3. If a player plays on a team in a non-SPPR league, he/she may play on a SPPR league team provided all other SPPR policies are complied with.
4. A committee of Saint Paul Parks and Recreation Staff will handle all exceptions to these policies as needed when there are extenuating circumstances.
5. If a player plays in more than one age group. That player can only play in one age group during the playoffs. The player must make the decision before the playoffs begin and contact Municipal Athletics with their decision.
6. A player that is on more than one team must be on both rosters.

Note: Players participating on teams in both the Saint Paul Parks and Recreation league and a non-city league **must play in at least 75%** of SPPR's administered league games to be eligible for playoffs. Extenuating circumstance requests (broken leg, etc.) may be submitted by recreation center directors and will be evaluated by the athletic committee.