

Women's Soccer



Spring 2025

City of Petaluma Parks and Recreation

**320 N. McDowell Blvd.
Petaluma, CA. 94954**

707-778-4380

parksnrec@cityofpetaluma.org

First Game: February 12th

9 Game Season

Game Times: 6:15pm, 7:30pm, 8:45pm

CITY OF PETALUMA PARKS & RECREATION SOCCER LEAGUE RULES

GENERAL INFORMATION

Match Start Date: Sunday, February - April 2025

Location: Lucchesi Synthetic Turf Field

Season Structure: 8-9 games in a 10 week regular season, followed by playoffs

REGISTRATION PROCEDURES

- **Online Registration:** All teams must register online at www.teamsideline.com and submit an initial roster with a minimum of 8 players to the League Coordinator
- **Registration Open:** Registration opens on
- **Registration Close:** Registration closes on

TEAM & PLAYER ELIGIBILITY

- **Age Requirement:** All players must be at least 18 years old.
- **Single-Team Participation:** Players can only play for one team during the season, including playoffs. Violation results in forfeiture of all games the player participated in for both teams and suspension for the remainder of the season.

TEAM ROSTERS

- **Roster Limits:** Each team may have up to 15 players but must have at least 8 players on the roster to participate.
- **Forfeit Policy:** Teams unable to field a minimum of 7 players (including a goalkeeper) at match start time will forfeit the game, resulting in a 3-0 win for the opposing team.
- **Guest Players:** Not permitted; however, if a team is short players at the start of a match, they may borrow or have sub players only to meet the minimum starting requirement.

PLAYING TIME/GAME RULES

- **Match Format:**
 - **8v8 League Games:** Two 25-minute halves with a 5-minute halftime (total 50 minutes).
 - **Overtime:** Playoff ties are resolved by penalty shootouts. Regular-season ties stand.
- **Kick-off Procedure:** Kick-offs are taken from the center spot; the ball cannot be touched again by the kicker until it has been touched by another player.

- **Substitutions:** Unlimited "flying" substitutions allowed; players must enter from the midfield line after their teammate exits.
- Goalkeepers may only substitute when the ball is out of play and with the referee's consent.
- **Forfeit Notice:** Teams must notify the league at least 24 hours before forfeiting a match to avoid penalties.
- **Slide Tackling:** Strictly prohibited. Infractions lead to a free kick for the opposing team and potential card issuance.
- **Sin Bin (Yellow Card):** A player receiving a yellow card must serve a 2-minute "sin bin" time-out, during which their team plays short-handed.
- **No Offside Rule:** There is no offside rule in 8v8 leagues.
- **Penalty Kicks:** Awarded for infringements in the penalty area; the spot for the kick is marked approximately 12 yards from the goal.

EQUIPMENT & UNIFORMS

- **Mandatory Equipment:** Regulation size 5 soccer ball and appropriate footwear.
- **Team Jerseys:** Teams must wear matching tops, and goalkeepers should wear distinct colors. If there is a jersey color conflict, HOME team is responsible for changing colors. Using pinnies is acceptable for color change.
- **Ball Recovery:** Players are responsible for retrieving balls kicked out of bounds or into restricted areas.

DISCIPLINARY PROCEDURES

- **Red Card Ejection:** Players receiving a red card are ejected immediately, and the team plays short-handed for the match's remainder.
- **Suspensions:** Players receiving suspensions will be notified in writing and may face additional penalties upon league review.
- **Sportsmanship Expectations:** All players, coaches, and spectators must display respect towards officials and opponents, refraining from unsportsmanlike conduct.

LEAGUE CODE OF CONDUCT

Violations

- **Physical Aggression**
 - Engaging in unwanted physical contact, such as shoving or striking, directed at any player, official, Recreation Coordinator, or spectator.
- **Profanity, Slurs, or Intimidation**
 - Using profanity, racial/sexual/religious/disability-based slurs, threats, or intimidation, or encouraging harm toward others.
- **Non-Compliance with Official Decisions**
 - Refusing to abide by any official's decision during gameplay.
- **Verbal Abuse**

- Engaging in verbal abuse, including profanity, slurs, harassment, threats, or intimidation, directed at any player, official, Recreation Coordinator, or spectator.
- **Substance Influence**
 - Appearing on the field or court under the influence of alcohol or drugs.
- **Altered Equipment**
 - Bringing or using altered equipment on the field or in the gym.

Penalties

- **Minimum Penalty:** Immediate ejection
- **Maximum Penalty:** Suspension and/or probation from the league