

Georgetown Parks and Recreation Youth Athletics
Information for Volunteer Coaches
Youth Soccer



Directory

Program Coordinator

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Monday-Friday 5:30am-9:00pm

Saturday 9:00am-9:00pm

Sunday 12:00-6:00pm

Georgetown Parks and Recreation Mission Statement

“To create an environment that provides opportunities for positive experiences and personal growth.”

Parents, volunteer-coaches, players, referees, Parks and Recreation employees all play a role. It is important that everyone involved understands the mission statement, and contributes to a supportive, positive environment.

Youth Athletics Philosophy

All Georgetown Parks and Recreation Youth Athletic Leagues are designed for development, effort, participation, understanding of rules, and fun. Youth athletic programs will not keep official scores and standings throughout the season.

Coaching for Youth Athletic Leagues

These programs would not be possible without your help. You may have volunteered in order to spend more time with your own child, but you are now in a position to influence so many others as well. Coaching is about so much more than the skills needed to play a sport - your time and energy, knowledge, support and generosity is what the kids notice and ultimately determines whether or not they have a positive experience.

As a coach, you will never please everyone. Make it your goal to do what you do for the sake of the kids, and you will be a coach that truly makes a difference in their lives.

“They may forget what you said, but they will never forget how you made them feel.”

—Carl W. Buehner

In order to provide the safest environment for our participants and their families, all volunteer coaches are required to submit a background check. The authorization form will be provided when you register your child and at the Coaches Meeting.

We sincerely thank you for all that you do!

Expectations / Tasks

1. Recruit for the sport, not your team.

- Your own child(ren) will be placed on your team, but we do not allow coach requests by other players. This is an effort to prevent stacked teams, and also helps participants receive instruction from a variety of coaches.

2. Organize yourself.

- Get a notebook, make notes in your phone...whatever works for you. It will make you more reliable, and parents and players will appreciate it.
- If your team has two coaches, it is up to you to decide how to divide duties and responsibilities.

3. Communicate clearly and frequently

- Read the Coaches Corner homepage in Teamsideline carefully for important dates, messages you need to send, etc.
- Introductory email should include: philosophy of league, coaches' contact info, and expectations (Prior to first game).
- Send weekly emails regarding games/practices or cancellations and reminders to check TeamSideline.
- Encourage players or parents to come talk to you if they have questions.

4. Be present.

- Coaches must be able to commit to the entire season.
- Start practices/games on time.
- Focus on your team, not outside distractions.

5. Encourage, encourage, encourage.

- Use positive words – tell your players what they *should* be doing rather than what they *shouldn't*.
- Always give kids positive feedback as you push them.

6. Model respect—towards referees and officials, opponents, parents and staff.

- Win or lose, when the game ends set a good example for all the players by thanking the officials, other coaches, and opposing team for their efforts.
- Never get into a public confrontation with other coaches, the officials or the parents.
- Please contact the Onsite Supervisor or the Program Coordinator immediately if conflict arises.

7. Awards are awesome!

- All end of the season awards will be given out the second-to-last game of the season. It is important that you start distributing awards the day you receive them. If a player misses that particular week, you have the final week to ensure they receive their award.
- Many coaches use this as an opportunity to mention specific improvements or accomplishments. Receiving the award directly from their coach is an important part of the experience and can be a special moment for the athletes.

8. Snacks and Celebrations

- Feel free to ask the parents if they would like to set up a snack schedule for each week. Snack time after the game and end-of-season celebrations are great opportunities for your families to engage socially and build friendships.
- Weather permitting, please gather outside near the Soccer Fields or find a covered picnic table in San Gabriel Park. If the weather is poor, teams may be permitted to gather in the outdoor pavilion of the Teen/Senior Center (dependent on Recreation Center programs / events.)

Youth Soccer Rules

UNIFORMS

- Players must wear team shirt and close-toed athletic shoes. Cleats are recommended but not required.
- No earrings, necklaces, or any other type of jewelry allowed for participants during game play.
- Shin guards and high socks that cover the shin guards are required.

ASK, TELL, AND REMOVE

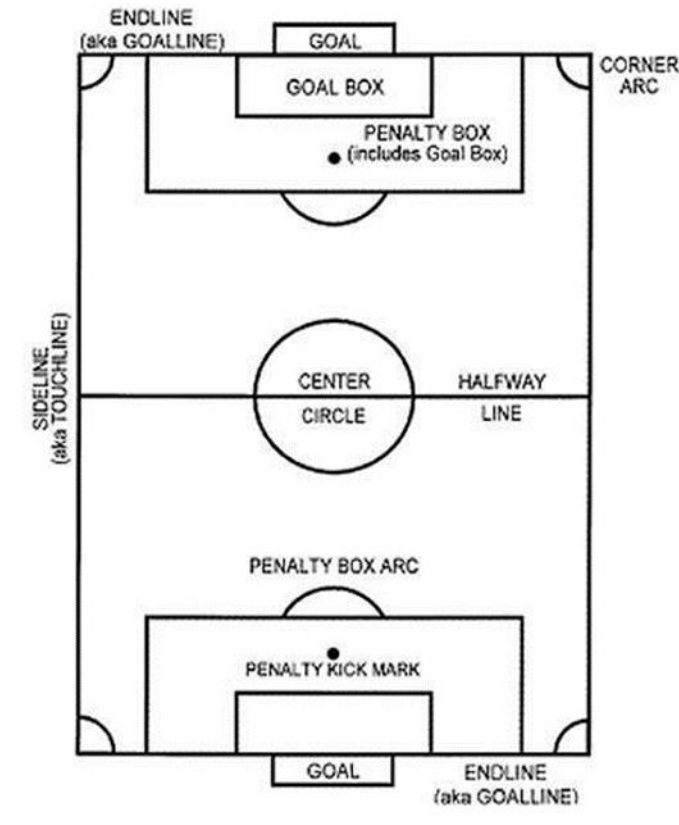
All officials are required to follow this process when dealing with inappropriate or dangerous conduct by coaches, players or parents.

1. ASK and warn the person to stop
2. TELL the person to stop
3. REMOVE the person immediately

If the person refuses to leave, the match will be immediately terminated. If an individual is expelled, the referee must include detailed information about the incidents in the match report.

Division	Ball Size	Game Duration	Number of Players	Goal Keeper	Field Size	Offside	Referee
3 to 4 Yrs (Co-Ed)	3	(4) 8-minute Quarters	5v5	No	19x25 yds	No	No
5 to 6 Yrs (Girls / Boys)	3	(4) 8-minute Quarters	6v6	Yes	25x48 yds	No	Yes
7 to 8 Yrs (Girls / Boys)	3	(4) 10-minute Quarters	6v6	Yes	25x48 yds	No	Yes
9 to 10 Yrs (Girls / Boys)	4	(2) 20-minute Halves	8v8	Yes	45x70 yds	Yes	Yes
11 to 13 Yrs (Girls / Boys)	4	(2) 20-minute Halves	8v8	Yes	45x70 yds	Yes	Yes

Field of Play



Game Play

TOUCH LINE

- There will be a line of cones or dotted lines set up 2 yards from the touchline. All players, coaches, and parents must remain behind this line at all times.
- Spectators are not permitted in the vicinity of the goal lines during the games at any time. Any persons in violation of the Touch Line Rule will be subject to the "Ask, Tell, Remove" Rule.
- Exceptions: 3-4 and 5-6 year old division may have one coach on the field of play during the game and 7-8 year old division may have one coach on the field of play during the first 2 games only. No other coaches are allowed on the field during play for the other divisions.

START OF PLAY

- After the referee gives a signal for the kickoff, the ball is in play with it is kicked in any direction and clearly moves.

SCORING

- Ball must completely cross goal line to score.

NUMBER OF PLAYERS ON THE FIELD

- The intended outcome of our recreational youth soccer league is player development, not scores and standings that are important in more competitive leagues. Player development is maximized when playing opportunities are maximized. To that end, if one team (or both teams) shows up without enough players to field a full team, then the two head coaches will come to an agreement to loan players to the shorthanded team (wearing pennies provided by the league) in order to balance the players on the field in the best way possible. No team should have more than a one player advantage on the field at any given time.

HEADERS

- Players in the 3-4, 5-6, 7-8, and 9-10 year old divisions are not permitted to intentionally play the ball with their head in accordance with U.S. Soccer Concussion Initiative 2016. Violations will result in an indirect free kick being awarded to the other team at the spot of the incident.

OFFSIDE

- Two defenders must be between the offensive players without the ball and the goal when the ball is passed.
- Offside will be called starting in the 9-10 and 11-13 year old divisions.

FOULS AND MISCONDUCT

- Direct Free Kick awarded when:
 - Kicking, tripping, jumping at, striking, holding, or pushing an opponent
 - Violent charging
 - Charging from the rear
 - Handling the ball
- Indirect Free Kick awarded when:
 - Dangerous play
 - Intentional obstruction
 - Charging goal keeper
 - Keeper exceeds 6 seconds to release the ball
 - Intentional pass back to the keeper by a player on own team
- If a direct free kick foul is committed by a team in its own penalty area, a penalty kick is awarded to the opposing team.

FREE KICKS

- Direct: A goal can be scored directly from a direct kick.
- Indirect: Kicker cannot kick the ball a second time until another player has touched the ball. A goal cannot be scored without touching another player first.
- Opposing players must stand at least 10 yards away.
- The ball is in play when it is kicked and clearly moves.

Youth Soccer Rules - Game Play (continued)

PENALTY KICKS

- Awarded for fouls inside the penalty box.
- Everyone must be out of the penalty box except goalkeeper and the player taking the penalty kick.
- At least one of the goalkeeper's feet should be on the goal line and cannot move forward off the goal line until the ball is kicked. Lateral movement is acceptable.

THROW IN

- When ball passes totally over touch line, opponent gets the throw in.
- Proper throw in procedure: both feet on the ground, facing the field; ball must be thrown with two hands from behind and over the head. Illegal throw in results in a turnover.
- Thrower cannot play the ball until it is touched by another player.

GOAL KICK

- A goal kick is taken by the defending team when the offensive team kicks the ball over the goal line, but not into the goal. Ball is in play as soon as it is kicked and clearly moves.

CORNER KICK

- When defense sends the ball over their goal line, but not into the goal, offense gets a corner kick.
- Ball is placed on the arc in the corner of the field nearest to where the ball crossed the goal line.
- Ball must be touched by another player before the kicker can kick the ball again.
- Defenders must be at least 10 yards from the ball at the time the corner kick is taken.

SLIDE TACKLES

- Slide tackles are not allowed in this league. Indirect free kick given to opposing team. If it occurs in penalty box, penalty kick is awarded.

SUBSTITUTIONS

- Notify referee before making a substitution.

IN THE EVENT OF A TIE GAME

- There will be no tiebreaker and the game will officially be considered a complete game.

San Gabriel Soccer Fields

