

Ankeny Parks & Recreation

Sand Volleyball League Rules

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INTRODUCTION

Please review the enclosed rules and materials with your team. The Ankeny Parks & Recreation Department reserves the right to make changes to this document as necessary during the course of the season. Managers will be notified of any changes.

LIABILITY STATEMENT

The City of Ankeny, Parks & Recreation and its employees or appointed agents assume no responsibility for any personal injury or loss that any team member or spectator may incur as a result of our programs. Individuals are encouraged to have their own personal health/accident plans for any such injuries, which could occur. Players may be held responsible for unnecessary damage, which may occur as a result of misconduct in a facility.

ELIGIBILITY

- All players must be 18 years of age prior to the start of league play.
- The fee for participation by a non-resident is \$10 per person.
- All team and non-resident fees must be paid at the Parks and Recreation office before participating in the league.

ROSTER/ROSTER CHANGES

- Roster changes can be made up to the third game of the season, by contacting Parks and Recreation. After the deadline a player may not play in the league or the season ending tournament. Roster additions must be on the official roster held at the Parks & Recreation office. All fees must be paid when players are added.
- No player is allowed to play on more than one team within the same league in Ankeny in the same season. Violation of this rule will result in individual suspension and/or game forfeiture.
- If a person is on two or more rosters in the league, the player will be assigned to the first team they played for.
- Roster Protest: If a team or the Department has a question about a player's eligibility, the following procedures should be followed:
 - Player in question must be protested to staff at the concession stand before the game ends. The name of player(s) will be recorded by the staff representative on the scoresheet
 - If name does not appear on roster, the team will forfeit the game.
 - Single Elimination Tourney — Each tournament player must have played in two regular season games to be eligible for the tournament unless approved by teams.

FACILITIES/EQUIPMENT

It is imperative that all participants show respect and take care of Hawkeye Park, the sand volleyball courts and any equipment.

Volleyball Check Out

- Players may check out volleyballs at Hawkeye Concessions.
- Participants must leave their driver's license with City Staff in order to check out a ball
- Balls must be returned following your match
- Failure to return a ball will result in a \$25 charge
- Recommend checking out 2 balls for each match. 1 per team.
- Courts are numbered from east to west

GAME TIME IS FORFEIT TIME

Be RESPECTFUL – teams sign up wanting to play and not wanting forfeits. Do your part and have enough players each week. More than one forfeit in a season or if the entire team no shows, without notifying the opposing manager and the Recreation Superintendent will result in immediate release from the league with no refund of fees.

Weeknight Leagues: You must notify the opposing team manager and Recreation Superintendent before 4:30 p.m. on the scheduled game day.

Weekend Leagues: You must notify the opposing team manager and Recreation Superintendent before 3:00 p.m. on the scheduled game day.

ALCOHOLIC BEVERAGES & SMOKING

- **No alcohol is allowed to be brought onto or leave the premises.**
- Customer must be (21) twenty-one years of age and provide adequate photo identification to purchase beer.
- Purchaser can buy no more than two cans of beer at a time.
- Beer Sales are allowed:
 - Weekdays beginning at 5:30 p.m. and ending at the start of the last scheduled match.
 - Weekends beginning at 10:30 a.m. and ending at the start of the last scheduled match, or not later than 9:30 p.m.
- The City of Ankeny does not serve to intoxication, nor does it serve the intoxicated.
- We reserve the right to refuse service to anyone believed to be intoxicated.
- Hawkeye Park is a smoke free facility; if you desire to smoke it must be done out in the parking lot. Smoking is forbidden by the concession stand or sand volleyball courts.
- *First Warning* – Player or players will be asked to leave the complex
- *Second Warning* – Team will be disqualified from the league with no refund

INCLEMENT WEATHER

- If there has been inclement weather, teams may call the "Weather Hotline" at 963-3575 **after 4:30 p.m.** or www.teamsideline.com/ankeny to find out the status of their match.
- If matches have been cancelled for the evening by Parks & Recreation, matches may not be played that evening. Any matches played on these days will not be recorded.

TIEBREAKER

- In the event of identical league records, head-to-head competition will be used to determine the winner. If the teams split the head-to-head games, the team with the largest margin of victory in the head to head games shall be declared the winner. **If a tie remains, the team with the most sets won throughout the season will be declared the winner.**

ANKENY SAND VOLLEYBALL LEAGUE RULES

BALL CONTACT/PLAYING THE BALL

1. Maximum 3 hits (contacts) per side.
2. A female player must make contact, unless it is a one hit volley (coed).
3. The net cannot be touched, even after the ball has hit the ground (continuation rule).
4. Ball can be played with any part of the body (except to serve).
5. If the ball attacked is NOT a hard driven ball, the defending team may set the ball as long as the contact is COMPLETELY clean (no doubles or lifts).
6. The ball may be held by 2 players simultaneously at the net (joust).
7. No one-handed open tips or dinks. Two-handed and closed fist are allowed. (4's Leagues)

SCORING

1. Matches will consist of 3 sets to 21 points with all games counting for league standings.
2. Rally scoring will be used in all sets (win by 2, 25 point cap).
3. The score should be announced by each server prior to the serve.
4. **Winning team must report the scores at the concession stand at the conclusion of the match. (3-0 or 2-1)**
5. All unreported scores after the final week of the regular season will be considered a double forfeit.

PLAYING REGULATIONS

1. Time Limit: 1 hour
2. **Team Captains:** Do odd/even to determine serve or side.
3. Co-Ed net heights are 7ft 8in; Women's only league are 7ft, 4in.
3. Males CANNOT outnumber females; opposing team's discretion whether to allow it or not.
4. All matches will be "call your own."
5. 2 timeouts of 30 seconds per team.
6. Teams will switch sides after each game.
7. Substitution/rotation is allowed into either the middle back or serving position.
8. Players cannot deliberately prevent the opposition from seeing the server (screening).
9. Let serve is good.
10. You CANNOT block the serve.
11. No PROFANITY.
12. Respect the opposing teams; HAVE FUN!

LEAGUE

1. Standings at www.teamsideline.com/ankeny
2. T-shirts will be awarded for league champions; plaques awarded to tournament winners.