

# Youth Basketball Short Rules

RULES (REVISED 11/30/23)	GRADE 3/4	GRADE 5/6	GRADE 7/8
<b>ROSTER SIZE</b>	Maximum – 12	Maximum – 12	Maximum – 12
<b>TIME PERIODS</b> (Clock stops for shooting fouls & timeouts)	4 qtrs. 8 min. each. Clock stops on all whistles during last min. of each quarter and last min. of each overtime.	4 qtrs. 8 min. each. Clock stops on all whistles during last min. of each quarter and last min. of each overtime.	4 qtrs. 8 min. each. Clock stops on all whistles during last min. of each quarter and last min. of each overtime.
<b>OVERTIME</b> (Clock stops for shooting fouls & timeouts)	1 period (3 min). Followed by 1 Sudden Death (3 min. 1st score wins. If no score, game is a tie).	1 period (3 min). Followed by 1 Sudden Death (3 min. 1st score wins. If no score, game is a tie).	1 period (3 min). Followed by 1 Sudden Death (3 min. 1st score wins. If no score, game is a tie).
<b>TIME OUTS</b>	4 per game. One per overtime.	4 per game. One per overtime.	4 per game. One per overtime.
<b>DEFENSE</b>	Man to man (Arm lengthen from your opponent (no double team allowed outside 3 sec. lane).	Man to man or zone.	Man to man or zone.
<b>FOUL LINES</b>	2 ft. closer	Regulation	Regulation
<b>3 SEC. IN LANE</b>	Not called unless abused. (5-6 sec considered abuse)	Yes	Yes
<b>10 SECOND RULE</b>	Yes - Must bring ball upcourt	Yes - Must bring ball upcourt	Yes - Must bring ball upcourt
<b>5 SECOND RULE</b> (Closely guarded rule.)	Yes After one warning per team	Yes	Yes
<b>BACKCOURT</b>	No backcourt. ** After the ball crosses half court, offense has 5 seconds to cross hash mark before defense may pursue.	Yes	Yes
<b>3 POINT SHOT</b>	No	Yes (if line exists).	Yes (if line exists).
<b>FORFEIT</b>	Must have 4 to start game.	Must have 4 to start game.	Must have 4 to start game.
<b>MUST PLAY RULE/ SIT RULE</b>	Must play any <u>one (1)</u> individual quarter <u>uninterrupted</u> from start to finish. <b>Substitutions allowed before players meet the minimum play requirement. All players who have not played their uninterrupted quarter by the start of the 4<sup>th</sup> quarter, must play the entire 4th quarter.</b>	Must play any <u>one (1)</u> individual quarter <u>uninterrupted</u> from start to finish. <b>Substitutions allowed before players meet the minimum play requirement. All players who have not played their uninterrupted quarter by the start of the 4<sup>th</sup> quarter, must play the entire 4th quarter.</b>	Must play any <u>one (1)</u> individual quarter <u>uninterrupted</u> from start to finish. <b>Substitutions allowed before players meet the minimum play requirement. All players who have not played their uninterrupted quarter by the start of the 4<sup>th</sup> quarter, must play the entire 4th quarter.</b>
<b>PRESSING</b>	No Pressing AT ALL (If up by 15-point, defense must dropped into 2-1-2 zone)	4th quarter only. (No pressing until top of the key when 15-point lead is held.)	Anytime. (No pressing until half court when 15-point lead is held.)
<b>BALL SIZE</b>	Junior size (27.5)	Boys/Girls – Intermediate(28.5)	Boys – Reg (29.5) Girls – Intermediate(28.5)
<b>PROTESTS</b>	Player eligibility <u>only</u> .	Player eligibility <u>only</u> .	Player eligibility <u>only</u> .
<b>UNSPORTSMAN LIKE CONDUCT</b> (PLAYER, COACH, OR SPECTATOR, REFER TO OFFICIAL LEAGUE RULES) REFER TO OFFICIAL LEAGUE RULES	Unsportsmanlike conduct can lead to ejection. Once ejected the player, coach or spectator must leave the gym and, at a minimum, may not attend the next game. Second ejection means automatic suspension for the rest of the season	Unsportsmanlike conduct can lead to ejection. Once ejected the player, coach or spectator must leave the gym and, at a minimum, may not attend the next game. Second ejection means automatic suspension for the rest of the season	Unsportsmanlike conduct can lead to ejection. Once ejected the player, coach or spectator must leave the gym and, at a minimum, may not attend the next game. Second ejection means automatic suspension for the rest of the season.
<b>UNSPORTSMAN LIKE CONDUCT DISCLAIMER</b> PARENT FREE GYM	Montgomery County Recreation reserve the right to have a closed gym game: only consisting of official, players, coaches and table staff ONLY	Montgomery County Recreation reserve the right to have a closed gym game: only consisting of official, players, coaches and table staff ONLY	Montgomery County Recreation reserve the right to have a closed gym game: only consisting of official, players, coaches and table staff ONLY
<b>REFEREES</b>	MCRD staff	Sanctioned Officials	Sanctioned Officials