

# Youth Baseball Training Videos

**1. Balk Rule:**

[https://www.youtube.com/watch?v=ntV\\_aueeg2c](https://www.youtube.com/watch?v=ntV_aueeg2c)

**2. Umpiring Basics for Beginners:**

<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fm.youtube.com%2Fwatch%3Fv%3DcaxU5XlZTh4&data=05%7C02%7C%7Ceb081082464e4e76b8e808dc5430d5fa%7C64978fab645c49ceb833754623612d22%7C0%7C0%7C638477815942623369%7CUnknown%7CTWFpbGZsb3d8eyJWljojoiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IjEhaWwiLCJXVCi6Mn0%3D%7C0%7C%7C%7C&sdata=TmnDXSlcjirhaizu7OmJ90DzuzFL7edpYfyW%2FU0%2FAQ%3D&reserved=0>

**3. General Duties and Responsibilities:**

<https://nfhslearn.com/library/videos/2-person-mechanics-general-duties-responsibilities>

**4. Runners at First and Second Bases:**

<https://nfhslearn.com/library/videos/2-person-mechanics-runners-at-first-and-second-base>

**5. Runner at Third Base and First Base:**

<https://nfhslearn.com/library/videos/2-person-mechanics-runners-at-first-and-third-base>

**6. Runner at Second and Third Base:**

<https://nfhslearn.com/library/videos/2-person-mechanics-runners-at-second-and-third-base>

**7. Rule Changes for 2024:**

<https://www.nfhs.org/sports-resource-content/baseball-rules-changes-2024/>

**8. Points of Emphasis:**

[https://www.youtube.com/watch?v=H5DE\\_dnf5eA](https://www.youtube.com/watch?v=H5DE_dnf5eA)