

2024 Adult Soccer Bulletin

League Information

- **Pre-Season Spring Registration begins, February 27, 2024 for all teams.**
- **Summer Registration begins, April 23, 2024 for all teams.**
- **Fall Registration begins, June 18, 2024 for all teams.**
- [Click here to register](#)
- **Pre-Season Spring** – 4 weeks including one round of play-offs games.
- **Summer and Fall** - 9 weeks including tournament games (7 games total guaranteed, does not include forfeits)
- Registration will be on a first come, first serve basis.
- Waiting List: If the league is full you can add your team to the waiting list or choose another league.
- Rulebooks will be posted online. Following IFAB Rules (International Football Association Board) w/ MPRB modifications.
- **Sponsor Checks:** Sponsor checks will be accepted at MPRB Headquarters in place of online registration. Please note; we are unable to hold a spot without payment. To hold a spot, teams will need to register for a league using a credit card. A refund will be issued once the sponsor check is received.
- **Questionable Weather:** Check the [Adult Soccer Page](#) for weather updates.

Pre-Season Spring League Information:

- **2024 League Fees: 4-week Season**
 - \$320.00 - Open & Women's – 6x6
 - \$475.00 - Co-Ed & Men's – 11x11

Pre-Season Spring League Options:

Day of Play	League	Dates	Times	Location
Sunday	Co-Ed – 11x11	4/28/24 to 5/19/24	1pm, 2:45, 4:30pm	Neiman Soccer Complex
Sunday	Men's – 11x11	4/28/24 to 5/19/24	1pm, 2:45, 4:30pm	Neiman Soccer Complex
Sunday	Open – 6x6	4/28/24 to 5/19/24	1pm, 2, 3, 4pm	Neiman Soccer Complex
Sunday	Women's – 6x6	4/28/24 to 5/19/24	1pm, 2, 3, 4pm	Neiman Soccer Complex

Summer League Information:

Summer League Fee:

- 11x11: \$1,075.00
- 6x6: \$720.00
- Summer 6/2/24 to 8/8/24

Day of Play	League	Division	Dates	Times	Location
Sunday	6x6 Co-Ed	Rec	6/2/24 – 8/4/24	3, 4, 5, 6 pm	Neiman Sports Complex
Sunday	6x6 Open	Rec	6/2/24 – 8/4/24	3, 4, 5, 6 pm	Neiman Sports Complex
Sunday	6x6 Co-Ed 35+	Rec	6/2/24 – 8/4/24	7pm	Neiman Sports Complex

Day of Play	League	Division	Dates	Times	Location
Sunday	11x11 Co-Ed	Rec	6/2/24 – 8/4/24	3:15, 5, 6:45, 8:30pm	Neiman Sports Complex
Sunday	11x11 Men	Rec	6/2/24 – 8/4/24	12, 1:45, 3:30, 5:15, 7, 8:45pm	Elliot Field & Neiman Sports Complex
Monday	11x11 Co-Ed 35+	Rec	6/3/24 – 8/5/24	8, 9:15pm	Neiman Sports Complex
Wednesday	6x6 Open	Rec	6/5/24 – 8/7/24	6, 7, 8pm	Neiman Sports Complex
Wednesday	6x6 Women	Rec	6/5/24 – 8/7/24	6, 7, 8pm	Neiman Sports Complex
Thursday	11x11 Co-Ed	Rec	6/6/24 – 8/8/24	6 & 7:45pm	Neiman Sports Complex
Sunday Lg 1	11x11 Co-Ed	Competitive Rec	6/2/24 – 8/4/24	8am, 9:45, 11:30, 1:15pm	Parade Stadium
Sunday Lg 2	11x11 Co-Ed	Rec	6/2/24 – 8/4/24	3pm, 4:45, 6:30, 8:15pm	Parade Stadium

Fall League Information:

Fall League Fee:

- 11x11: \$1,075.00
- 6x6: \$720.00
- Fall 8/18/24 to 10/27/24

Day of Play	League	Division	Dates	Times	Location
Sunday	6x6 Co-Ed	Rec	8/18/24-10/27/24	6, 7, 8,9 pm	Neiman Sports Complex
Sunday	6x6 Open	Rec	8/18/24-10/27/24	6, 7, 8, 9pm	Neiman Sports Complex
Sunday	6x6 Co-Ed 35+	Rec	8/18/24-10/27/24	5pm	Neiman Sports Complex
Sunday	11x11 Co-Ed	Rec	8/18/24-10/27/24	5, 6:45, 8:30pm	Neiman Sports Complex
Sunday	11x11 Men	Rec	8/18/24-10/27/24	12, 1:45, 3:30, 5:15, 6:45, 8:30pm	Elliot Field & Neiman Sports Complex
Wednesday	6x6 Open	Rec	8/20/24 – 10/22/24	7, 8, 9pm	Neiman Sports Complex
Wednesday	6x6 Women	Rec	8/21/24-10/23/24	7, 8, 9pm	Neiman Sports Complex
Thursday	11x11 Co-Ed	Rec	8/22/24-10/24/24	6:30, 7, 8:15, & 8:45pm	Neiman Sports Complex & Armatage Field
Sunday Lg 1	11x11 Co-Ed	Comp Rec	8/18/24-10/27/24	8am, 9:45, 11:30, 1:15pm	Parade Stadium
Sunday Lg 2	11x11 Co-Ed	Rec	8/18/24-10/27/24	3pm, 4:45, 6:30, 8:15pm	Parade Stadium

Locations

- **Parade Stadium:** 400 Kenwood Parkway, Minneapolis, MN 55403
- **Neiman Sports Complex:** 6247 Bloomington Road, St. Paul, MN 55111
- **Elliot Park:** 1000 E 14th St., Minneapolis, MN 55404
- **Armatage Park:** 2500 W 57th St., Minneapolis, MN 55410

Rosters

- A 6x6 team may register a minimum of 8 players and a maximum of 15 players.
- An 11 x11 team may register a minimum of 12 players and a maximum of 20 players.

Playing of non-registered or ineligible players is an automatic forfeiture if protested (in writing) by opponents within forty-eight hours of league competition.

- **All rosters are due by the teams third scheduled game on Team Sideline.**

Free Agents

- Individuals looking to get placed on a team can register as a Free Agent. Free Agent information will be passed along to teams needing players or if enough individuals register an attempt will be made to organize a team from the Free Agent list. Free Agent Fee: \$10 non-refundable listing fee.

Duties of Team Manager

- Make sure your team brings a good game ball to every game
- Managers are liaisons between the Minneapolis Park and Recreation Board and their teams.
- Managers are required to be available via phone / email on all game days or provide the MPRB league director contact information of someone who will be available.
- The office MUST be informed of any change of manager during the season.
- Managers are responsible for the following:
 - Online registration & payment
 - Notify and contact league director(s) of any game forfeits by 3:00pm on game day.
 - Team coaching
 - Equipment
 - Conduct of players
 - Distribution of schedules
 - Eligibility of their players
 - Initiating and writing protest
 - Reading rules and regulations governing our athletic leagues.
 - Rosters to be completed by the first scheduled game.

Uniform

- Teams must have a light and a dark jersey.

Conduct

- Sportsmanlike conduct is expected of all players, coaches, and managers. The referee has the power to expel any offender.
- **Managers only** are allowed to address the referee regarding calls, score or to request time-out unless the referee has encouraged questions, during the first few weeks of play, for instructional purposes.
- No players (including captains) may make profane or vulgar remarks to officials, opponents or spectators.
- Assaults and indignities to players or officials will result in automatic suspension from participating in Minneapolis Park and Recreation Board athletic leagues.

- All game ejections will result in a one game suspension, which can carry over from regular season to playoffs and from playoffs to next season.
- The league director retains the right to make suspensions longer or remove players from the league at any time.

Forfeits

- If for any reason, a team fails to have the required number of players on the field by 10-minutes after the scheduled game time the game will be forfeited.
- If during play a team becomes incomplete due to disqualification or expulsion of a player, and substitutions cannot be made, the team loses the game by default.
- Teams that forfeit 2 or more games during the regular season may be excluded from the season ending tournament.

Alcohol & Tobacco

- Consumption of any alcoholic beverage on MPRB property is prohibited. Persons caught are subject to citation.
- The Minneapolis Park & Recreation Board Tobacco Use Policy prohibits smoking or use of tobacco within any Minneapolis Park & Recreation Board owned or leased building and within 100 feet of the entrance to the building.

Parking

All Minneapolis Park and Recreation or City of Minneapolis pay lots, meters and/or any other parking fees are the sole responsibility of the user. Being a participant in an MPRB athletic league does not guarantee free parking. The MPRB athletic department is providing the service of athletic league play only.

MPRB Leagues

MPRB Open Leagues: ALL genders welcomed! Sport's leagues without gender restrictions for play and field/court position.

MPRB Men's, Co-Ed & Women's Leagues: Players must select one of two options (female/male) to meet current league rules and requirements.

MPRB 35+ Leagues: Our 35 and older league is for those players who wish to keep playing with teams of the same ability. For this reason, as the team manager please make sure that your players are at least 35 years of age. Women players may be under the age of 35 but must be 30 years of age and not have played college soccer. This is a recreational league - please select only players who fit that description.