

MPRB Adult Sports League Guidelines

Message to Managers:

Thank you for choosing MPRB adult sports!

All managers must read the bulletin carefully before registering. **All registrations are final, no refunds unless due to medical/illness or program cancellation.** All players must adhere to the sport rules and rules listed in the MPRB sport guidelines. Participants waive, release, & discharge any & all claims for damages for personal injury, death, or property damage which may have, or which may hereafter accrue to players, as a result of participation from this activity. Teams must remain in good standing with the MPRB athletic program.

League Information:

- View www.teaminsideline.com/minneapolisparcs for specific sports information such as registration, fees, and rules.
- Sport specific rules will be available on the team page or Downloads page of our website.
- Schedules will be posted on our website and emailed to managers a minimum of one week prior to the season start date.
- Uniforms: Check our sport specific rules for uniform guidelines.
- Standings will be updated & available <http://www.teamsideline.com/sites/minneapolisparcs/schedules>

Divisions:

- We offer leagues in the following divisions.
- Women: Specifically, for women.
- Men: Specifically, for men.
- Co-Ed: There will be a male/female requirement for this division.
- Open: There are no gender requirements for this division.
- These leagues are for adults 18 years of age or older.
- Gender Assignment for Sports Leagues: If your gender identity does not match your sex assignment, please contact the league director prior to the start of the season. You can ask for more information about this inclusive plan or share your ideas with the policymakers by contacting Elise Niedermeier at 612-230-6541 or eniedermeier@minneapolisparcs.org

Entry Fee & Registration Procedure:

- **Registration Dates:** www.teamsideline.com/minneapolisparcs
- Registration will be on a first come, first serve basis.
- Waiting List: If the league is full you can add your team to the waiting list at no cost or choose another league. Your team will be contacted if a spot becomes available.
- Sponsor Checks: Sponsor checks will be accepted at MPRB Headquarters in place of online registration. Please note; we are unable to hold a spot without payment. In order to hold a spot, teams will need to register for a league using a credit card. A refund will be issued once the sponsor check is received.

Roster Deadline:

All players must be registered on the official team roster. The roster is considered final after the third scheduled week.

Free Agents:

Looking for additional players? Contact the League Director for a list of individuals looking to play (Free Agent List).

Individuals looking to get placed on a team can register as a Free Agent. Free Agent information will be passed along to teams needing players or if enough individuals register an attempt will be made to organize a team from the Free Agent list. Registering as a Free Agent will not guarantee a spot on a team. Free Agent Fee: \$10 non-refundable listing fee per sport.

Duties of Team Managers:

- Managers are liaisons between the Minneapolis Park and Recreation Board and their teams.
- Managers are required to be available via phone / email on all game days or provide the MPRB league director contact information of someone who will be available.
- The office **MUST** be informed of any change of manager during the season.
- Managers are responsible for the following:
 - Online registration & payment
 - Notify and contact league director(s) of any game forfeits by 3:00pm on game day.
 - Team coaching
 - Equipment
 - Conduct of players
 - Distribution of schedules
 - Eligibility of their players
 - Initiating and writing protest
 - Reading rules and regulations governing our athletic leagues.
 - Rosters to be completed by the third scheduled game.

Conduct:

Sportsmanlike conduct is expected of all players, coaches, and managers. The referee has the power to expel any offender.

1. **Captains only** are allowed to address the referee regarding concerns.
2. No players (including captains) may make profane or vulgar remarks to officials, opponents or spectators.
3. Unsportsmanlike behavior will not be tolerated. League Directors have the right to administer disciplinary actions when necessary. Disciplinary actions may include; suspension or expulsion.

Weather:

- **Questionable Weather:** Check the www.teamsideline.com/minneapolisparcs and go to the specific sport page for weather updates. Games will be called by 3:30pm each day, if weather worsens after that time, they will be called at the game location. We will do our best to notify teams of cancellations later in the evening. It is best to go to the webpage.

Forfeits:

1. If during play a team becomes incomplete due to disqualification or expulsion of a player, and substitution cannot be made, the team loses the match/game by default.
2. If for any reason, you cannot make your scheduled game, be considerate enough to notify our office. Two forfeits and you can be removed from the league.
3. Managers will now have the ability to see the contact information for other managers in their league when logged in to their TeamSideline account. This should only be used to contact an opposing manager when there is short notice of a forfeit. The league director **MUST** be included on that communication as well.

Alcohol & Tobacco:

- Alcohol consumption is not allowed in parks unless it is served at a Minneapolis Park and Recreation Board eatery licensed to serve alcohol, or you have a special use permit.
- The **Park Police will monitor game sites** and will **issue tickets** for anyone drinking intoxicating beverages or beer.
- The use of tobacco products, including electronic delivery devices, on Minneapolis Park and Recreation Board lands and in Minneapolis Park and Recreation Board owned and/or operated facilities is prohibited. This includes, but is not limited to, playgrounds, athletic fields, beaches, aquatic areas, lakes and rivers, ice skating rinks, parks, walking/hiking/biking trails, restaurants, maintenance support facilities, the MPRB Headquarters, golf courses, and temporary work zones such as the street right-of-way among others.

Parking:

All Minneapolis Park and Recreation Board or City of Minneapolis pay lots, meters and/or any other parking fees are the sole responsibility of the user. Being a participant in an MPRB athletic league does not guarantee free parking. The MPRB athletic department is providing the service of athletic league play only.

Lost & Stolen Items:

The Minneapolis Park and Recreation Board is not responsible for lost or stolen items. If you encounter any suspicious or illegal activity please call 911 right away.

Tips on how to protect your vehicle and valuables:

1. Don't leave valuables in your car. Even small items such as loose change can be tempting to a thief.
2. If you must leave valuables in your car, lock them in the trunk **before** reaching your destination.
3. Lock your car doors and close your windows.
4. Never leave your car running unattended.
5. Don't hide keys in your vehicle.
6. Park in a garage or a well-lit area.
7. Consider installing a car alarm or an anti-theft device such as a steering wheel bar lock, an engine disabler switch, etc.
8. If you have an after-market stereo, take it with you when you leave the car.
9. Be aware of identification theft if items stolen contain personal information.
10. Keep an updated record of all valuables in your car.

Discrimination Information:

If anyone believes he or she has been subjected to discrimination on the basis of race, color, creed, religion, ancestry, national origin, sex, affectional preference, disability, marital status, or status with regard to public assistance he or she may file a complaint alleging to discrimination with the Minneapolis Park & Recreation Board 612-230-6400, or 2117 West River Rd. Minneapolis, MN 55411.

All participants must read the information before registering. All registrations are final, no refunds unless due to medical/illness or program cancellation. All participants must be at least 18 years of age and adhere to all MPRB policies. Participants waive, release, & discharge any & all claims for damages for personal injury, death, or property damage which may have, or which may hereafter accrue to players, as a result of participation from this activity. Participants must remain in good standing with the MPRB athletic program.

MPRB League Directors reserve the right to make additions and/or changes for the betterment of the program.