

2025 Adult Pickleball League Play Information

All participants must read the information before registering. All registrations are final, no refunds unless due to medical/illness or program cancellation. Participants waive, release, & discharge any & all claims for damages for personal injury, death, or property damage which may have, or which may hereafter accrue to players, as a result of participation from this activity. Participants must remain in good standing with the MPRB athletic program.

- **Registration Winter Session** begins 10/22 at 7am
- **Registration Spring Session** begins 2/25 at 7am
- **Registration Summer Session** begins 4/22 at 7am
- <https://www.teamsideline.com/sites/minneapolisparcs/content/595/Pickleball>
- **Registration Fee is for a 2-person team**
- **League Team Fees:** \$100.00 for 9 weeks of league play
- **Date of Play:**
 - **Winter Session 1/11 to 3/8**
 - **Spring Session:** TBD
 - **Summer Session:** TBD
- **Participants:** A team consists of two players and must have two players to start the game.
- Must be at least 18 yrs. old

League Play Levels

Beginner: For those who have little or no pickleball experience. Learning the basic strokes and beginning to rally. Participants are working on serving, volleying, short court game, and more. This league/level is for players at a skill level between 1.1-1.5*.

Beginner Plus: For those who have a little experience or have participated in a Beginner League but not ready to move to the intermediate level. This league/level is for players at a skill level between 1.5-2*.

Intermediate For those who know the basic strokes and are working to further the skills of ball tracking, movement and consistency. Players are ready for a bit more competition in organized social match play. This league / level is for players at a skill level between 2.0-2.5*.

Advanced: For those continuing to develop their stroke consistency and accuracy while learning net play, court coverage and match strategy. Players are ready for formal, competitive organized play. This league/level is for players at a skill level between 3-3.5*.

*The scale for Pickleball is based on a 1-5, with 1 (Beginner) having minimal knowledge and skill level, and a 5(Pro) having high skill level and knowledge of game play.

Please register for the appropriate level and only one player register your team.

Additional Pickball Programming Opportunities: Monitor our pickleball page for additional pickleball opportunities including lesson and learn to play classes.

<https://www.teamsideline.com/sites/minneapolisparks/content/595/Pickleball>

MPRB Pickleball League Rules

Game Time:

Game times are the posted times on the league schedule. The first game each week will begin at the earliest listed time and the latest game will end at the latest listed time for each league (ie. A team in a league listed as 9 to 11:30am would be scheduled to play at 9am, 9:50am, or 10:40am).

Matches will consist of 3 games, which will be played during the allotted 50 minutes. If all 3 games cannot be completed, please record current score at end of the allotted time. Participants will be asked to enter scores online 24 hours after game play.

The Game: Games will be played to 11 points, and the winning team must win by 2 points with a cap of 15. Teams shall call out the score before the serve. Any ruling issues will be settled with a replay of the point. It is recommended that participants bring their own pickleball paddle and balls. Equipment is available on site if necessary. Please dress appropriately, wear proper footwear, and bring water.

Time Outs: Each team will be granted one 60-second timeout per match.

Scheduling Conflicts and Subs: Forfeits are frowned upon. If you have a scheduling conflict the preferred option is for you to find a sub suitable to replace you and or your partner. Our office has a list of individuals looking to play. Please email Tatiana Rachlin (trachlin@minneapolisparks.org) for that list.

Injury: If a player is bleeding, the game must be stopped and the wound must be covered. All clothing covered in blood must be cleaned or removed and the player must sit out until that time.

Conduct: Any excessive inappropriate conduct by a participant directed towards a staff member, spectator, or league participant may result in dismissal from the league.

Profanity: Please use appropriate language. Regular use of profanity can result in dismissal from the league.

Alcohol/Drugs: Any player thought to be under the influence of a controlled substance (alcohol or drugs) will be ejected from the game. It is the policy of the Minneapolis Park and Recreation Board that there is no tobacco product use allowed on MPRB grounds.

Pickleball Rules-Doubles

The Serve

Serves are to be made diagonally, starting with the right-hand service-square and alternating each serve. The serve must clear the seven-foot non-volley-zone, including the line (A serve that hits the non-volley zone line is out) Only one serve attempt is allowed per player. If the ball touches the net but still lands within the appropriate service court, the serve is good

At the start of each new game, the 1st serving team is allowed only one fault before giving up the ball to the opponents. Thereafter both members of each team will serve and fault before the ball is turned over to the opposing team (side out). When the receiving team wins the serve, the player in the right hand court will always start play.

Fault

A fault is committed when the ball:

Touches any part of the non-volley zone on the serve (including the line).

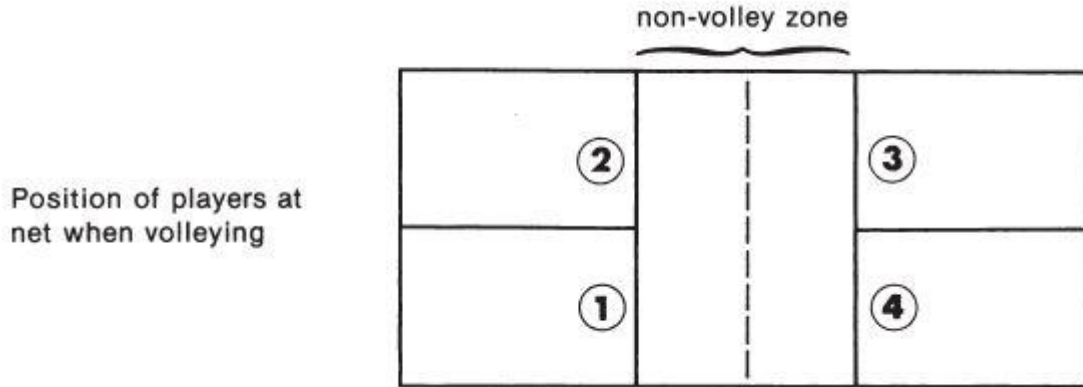
- Is hit out of bounds
- Is volleyed from the non-volley zone
- Is volleyed before a bounce has occurred on each side

Double-Bounce Rule

Also called the Two Bounce Rule, each team must play their first shot off of the bounce. That is, the receiving team must let the serve bounce and the serving team must let the return of the serve bounce before playing it. Once these two bounces have occurred, the ball can either be volleyed or played off the bounce.

Volleys

To volley means to hit a ball in the air without first letting it bounce. In Pickle-ball®, this can only be done when the player’s feet are behind the non-volley zone line (seven feet behind the net). Note: It is a fault if the player steps on or over the line on his volley follow-through



Scoring

You must call the entire score prior to the serve. A team shall score a point only when serving. A player who is serving shall continue to do so until a fault is made by his/her team. If playing doubles, each player on a team shall keep serving until their team makes a fault, then the serve moves to the opposing team - this is called a Side Out. game is played to 11 points; however a team must win by 2 points and will have a cap of 15 points.

Player Position for Doubles At Start Of Game

