



Minneapolis
Park & Recreation Board

Youth Sports and your child's safety!

The goal of the Minneapolis Park and Recreation Board Youth Sports Programs is to provide a safe and positive environment while learning the game.

This includes learning and adhering to the rules of the game as outlined in the National Federation of High Schools rule book with some of our own modifications.

Rule: Jewelry, Head Decoration and Headwear

- a. Officials will enforce the Minnesota State High School rule regarding jewelry. All players must remove all jewelry during games and practices including: rings, watches, bracelets (including friendship), earrings of any kind (including starters), chains, necklaces and any type of piercing. Any player who fails to remove his or her jewelry may not participate until it is removed.
- b. Please note: hard items worn on the head such as beads, barrettes and bobby pins are prohibited. MRPB sports exceptions: Gymnastics, Track, & Volleyball
- c. Please delay any new piercings until after the conclusion of the sports season.

We're concerned because players show up at their games wearing jewelry that includes barrettes and beads in the hair, bracelets, necklaces, earrings, studs from newly pierced ears and other items that are unsafe. These items cannot be worn while playing, even if covered by tape.

If a player is wearing the prohibited items or any other item that is unsafe, they will not be allowed to play until those items are removed.

Because we're concerned about the safety of your child and others, please do not send your player to games with items that are unsafe.

Let's have a fun and safe season!

Thank you, MPRB Youth Sports Staff