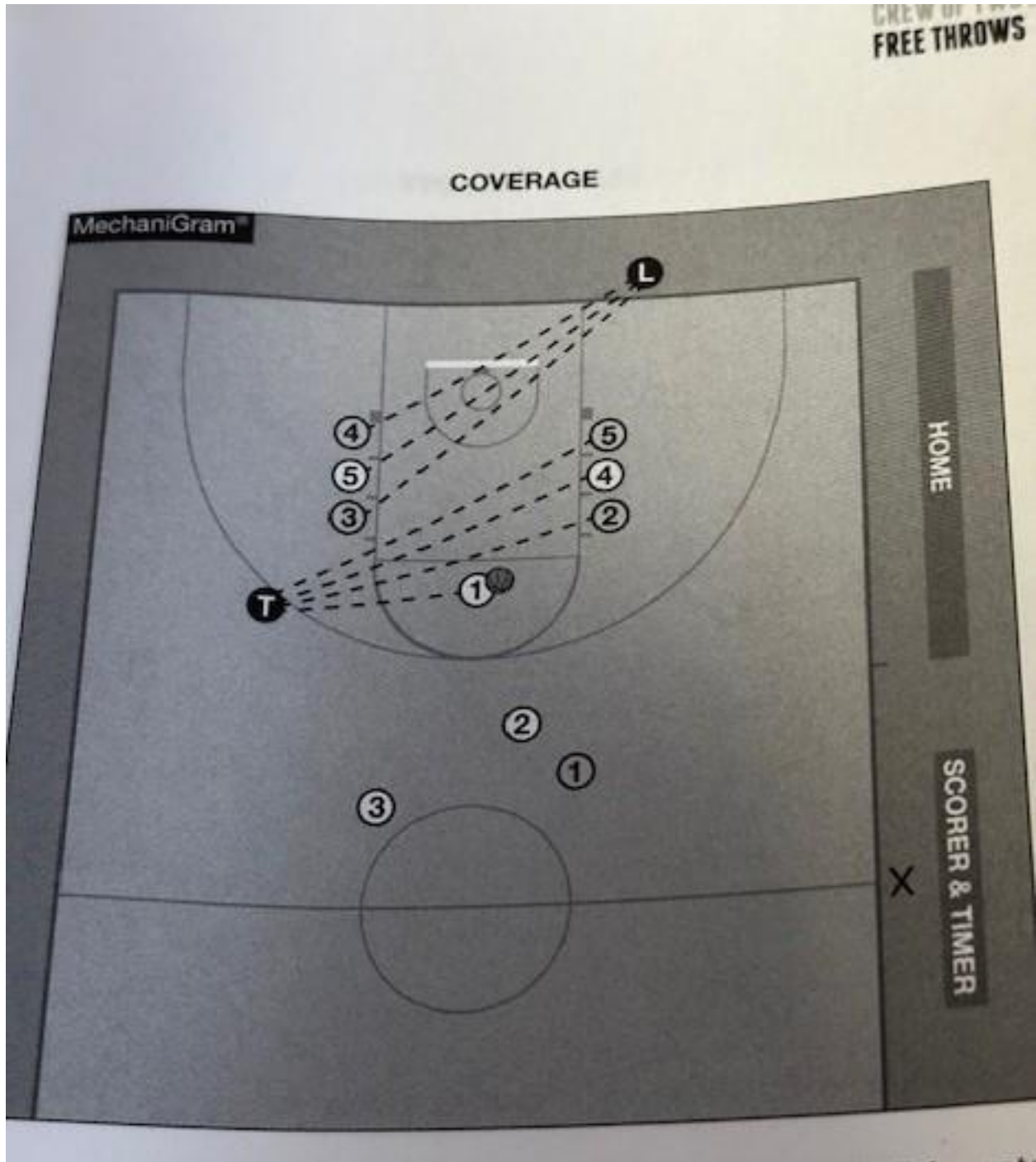


Review of 2 Person Free Throw Coverage



Review from Clinic;

- The lead (L) official watches all players on the opposite lane line (closer to the trail) for potential violations, etc.
- The trail (T) official watches all players on the opposite lane line (closer to the lead) and the free throw shooter.
- AS SHOWN, in the MechaniGram, the trail WILL BE FACING THE TABLE. The trail should watch for late-breaking substitutions toward the table or timeout requests prior to administering the free throw.

Rule 8 Free Throw

Art. 4 ...During a free throw, lane spaces may be occupied as follows:

- a) Marked lane spaces may be occupied by a maximum of two offensive players; four defensive players may occupy lane spaces.
- b) The first marked lane spaces on each side of the lane, above and adjacent to the first lane-space marks, **SHALL BE** occupied by **opponents of the free thrower**. No teammate of the free thrower shall occupy either of these marked lane spaces.
- c) The second marked lane spaces on each side **MAY BE** occupied by teammates of the free thrower.
- d) The third marked lane spaces on each side, nearest the free thrower, may be occupied by the opponents of the free thrower.
- e) Players shall be permitted to move along and across the lane to occupy a vacant marked lane space within the limitations listed in this rule.
- f) Not more than one player may occupy any part of a marked lane space.

Art. 5...Any player, other than the free thrower, who does not occupy a marked lane space shall be behind the free-throw line extended and behind the three-point line.

Rule 9 Violations and Penalties

Section 1 Free-Throw Provisions

Art. 3...After the ball is placed at the disposal of the free thrower:

- a) The free thrower shall throw within 10 seconds to cause the ball to enter the basket or touch the ring before the free throw ends.
- b) The free thrower shall not fake a try, nor shall any player in a marked lane space fake to cause an opponent to violate.
- c) No opponent shall distract the free thrower.
- d) No **player shall enter a marked lane space or leave a marked lane space** by contacting the court outside the 36-inch by 36-inch space **until the ball is released**.
- e) The **free thrower** shall not have either foot beyond the vertical plane of the edge of the free-throw line which is farther from the basket or the free-throw semicircle line **until the ball touches the ring or until the free throw ends**.
- f) **A player, other than the free thrower**, who does not occupy a marked lane space, **may not have either foot beyond the vertical plane of the free-throw line extended and the three-point line which is farther from the basket until the ball touches the ring or until the free throw ends**.

There's a couple more rules here but the most important at this time I've included.