

1. Verbal abuse towards the officials will not be tolerated. Vulgar language during games on and off the field will not be permitted, and will result in an automatic Red Card.
2. The game clock will begin promptly at the scheduled game time.
3. If a player receives a **Yellow Card**, that player must sit out for five minutes.
4. If a player receives a **Red Card** (or two yellow cards) they must sit out the rest of the game and will not be able to play the remainder of the tournament.
5. Playing of non-registered or ineligible players is an automatic forfeiture.
6. Each team must wear a shirt/uniform of the same color.
7. Shin guards are required at all times during play.
8. Substitutions may be made on a dead ball by either team.
9. **Tie Breaker**- If the game is tied at the end of regulation. A shootout will take place to determine a winner. Officials and team managers only will assemble at midfield to review the procedure below.
  - a. The Official will determine which goal, kicks will be taken at.
  - b. Each team manager will select five players from their roster to take the kicks.
  - c. A coin toss will be conducted. The winning team will decide to kick first or second.
  - d. Teams will alternate kickers.
  - e. The defending team may change goalkeepers prior to each kick.
  - f. Following the five kicks, the team scoring the greater number of goals is declared the winner.
  - g. If still a tie after five kicks, the team manager will select five players other than the five who already kicked, in a sudden victory situation.
    - i) Whereas one team scores, and the other team does not, the scoring team is declared the winner.
  - h. During the kicks- All other players must remain in the center circle of the field.

## **11x11**

10. Games consist of **two forty-five-minute halves** with a five-minute half-time period.
  - a. Co-Ed: Up to 11 players on the field per team with a maximum of seven males on the field. If a team cannot field four females, they will need to play with less players overall.
  - b. Men: Up to 11 players on the field per team.
  - c. Open: Up to 11 players on the field per team. There are no gender restrictions during play.

## **6x6**

11. Games consist of **two twenty-five-minute halves** with a five-minute half-time period
12. There will be no off-sides in 6 x 6
  - a. Co-Ed: Up to 6 players on the field per team with a maximum of four males on the field. If a team cannot field two females, they will need to play with less players overall.
  - b. Women/Men: Up to 6 players on the field per team.
  - c. Open: Up to 6 players on the field per team. There are no gender restrictions during play.