



MPRB Track & Field COVID-19 Safety Procedures

Updated on May 14th, 2021

Masks are no longer required at outdoor games and practices. Masks are recommended to be worn when participants cannot maintain social distancing.

Arriving and Leaving -

- All participants arriving at the facility will be required to self-check their own temperatures prior to coming to their meet or practice.
- All individuals arriving at the facility will be required to be cold/flu/COVID-19 symptom free for 14 days prior to entrance
- Check in for all meets starts at 5:00pm, All meets begin at 6:00pm.
- At the end of the meet, participants should leave the stadium in a timely fashion and not congregate outside or inside the facility.

Facility –

- Face covering are recommended when social distancing cannot be maintained.
- Athletes are recommended to wear a face covering.
- Coaches, staff, and spectators are recommended to wear masks.
- Practice social distancing (minimum of 6') as often as possible.
- Participants should bring their own water bottles. Drinking fountains will not be available.
- Bathrooms may be available but discouraged and should only be used if necessary.

Track & Field Events –

- Athletes must maintain 6 feet distance, whenever possible, from any person.
- Refrain from contacting other participants (high fives and handshakes).
- Athletes will be socially distanced while waiting for their events at their designated team areas.
- Coaches, staff, and spectators are recommended to wear masks.
- Athletes will sanitize their hands before their field events. We'll have hand sanitizers at each of the field events.
- The number of attempts will be limited to (2 attempts) for the below events:
 - Turbo Javelin
 - Softball Throw

- Shot Put
- High Jump will be canceled this season.
- Relays will be canceled this season.
- Teams will be designated an area on the field. Coaches and Athletes must wait in the designated area while waiting for their events. (Maintain 6 feet of distance in your designated area whenever possible)

Coaches –

- Maximum of 5 coaches allowed per team.
- Face coverings are recommended (during practice and meets) while coaching.
- Conduct daily symptom check of self and stay home if experiencing symptoms.
- Take attendance each practice and game and keep record in the case MDH needs it for tracing.
- NO Record Table this Year.
- Coaches will receive a clipboard and a team roster at the check in's table.
- Coaches will be asked to record their athlete's times, and turn them in at the end of the night to the League Director – Ahmed Abdiwahed

Athletes –

- Face covering are recommended during practice/meets when social distancing cannot be maintained.
- Athletes are recommended to wear a face covering while competing.
- No sharing of water bottles.
- Avoid any physical contact (outside of meet) with teammates, opposing athletes or coaches.
- Try to maintain 6 feet of distance whenever possible.

Volunteers –

- Must refrain from physical contact with athletes and coaches.
- Face coverings are recommended.
- Must remain six feet distance whenever possible from another person.
- Must conduct a daily symptom check and stay home if experiencing symptoms.

Spectators –

- Spectators from different households will be asked to socially distance.
- Spectators are recommended to wear masks.

When an Athlete has a lab confirmed COVID-19 test result

- Certified Recreation staff contacts MDH 651-201-5414 and informs them of a confirmed COVID-19 case.
- Certified Recreation staff will contact the team coaches and parents of potential exposure during a practice or game.
- Any team exposed through practice or game will be put on hold until the Department of Health has traced the potential exposures and given their guidance on further team activities.
- Certified Recreation staff will inform supervisor and Athletic Program Manager of exposure.