



BUFFALO
GROVE
PARK
DISTRICT

INTERESTED IN BECOMING A VOLUNTEER BASKETBALL COACH?

The Buffalo Grove Park District relies on volunteers for the success of its Recreation and Athletic Programs. Below is information for people interested in becoming a volunteer basketball coach at the Buffalo Grove Park District.

You may also contact Chuck Burgess at chuck@bgparks.org or 847.850.2125.

BASKETBALL SEASON

House League Basketball practice begins in late November for the Coed (K-3), Boys (4-8) and Girls (4-8) leagues.

Basketball games begin in December and end in mid March.

COACHES MEETING

Before the season begins, the park district will have a mandatory coaches meeting at the Alcott Center (530 Bernard Dr. Buffalo Grove, IL 60089). During the meeting, schedules, rosters, practice gym permits, first aid kit and rules will be given to the coaches and various other basketball items will be discussed.

COACHES TRAINING

Coaches are required to complete NYSCA (National Youth Sports Coaches Association) Coaches training and Bullying Prevention sessions prior to the season. Coaches that successfully complete the training are certified with the NYSCA. These sessions help coaches understand the philosophy of youth sports and how to coach young athletes without unnecessary pressures as well as how to deal with bullying.

PRACTICES

Practices are held once a week at a location and time selected by the coach. Locations and times are announced after head coaches have been selected. We rent school gyms in School District 21, 96 and 102. Teams practice once a week for an hour. D96 schools require the coach to be CPR/AED certified.



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COACHES / PARENTS MEETING

Hosting a parent / coach meeting is always in the best interest of the coach and everyone involved with the team. During the meeting coaches can find out possible assistant coaches (if needed) other ways parents can help during the season. Team and league rules can be explained to the parents as well as handing out schedules, what parents / players can expect from you as a coach and what you expect from the players and parents during the basketball season. Coaches meetings can be held at the Alcott Center (must be scheduled by park district staff one week in advance), before or after practice, or another location that works best for everyone involved.

GAMES

Games are about one hour in duration and held at Cooper Jr. High, Ivy Hall School, Prairie School, Willow Grove School and Twin Groves Middle School. Game days are Saturdays and Sundays.

EQUIPMENT

Player uniforms are issued to coaches for distribution after teams are finalized and before the season begins. Parents that need to exchange uniforms due to size discrepancies may do so at the Alcott Center during regular business hours which are 8:30am – 6:30pm Monday, 8:30am – 5pm Tuesday – Friday & 9:00am – 12:00pm the first Saturday of each month.

PICTURES & TROPHIES

Pictures may be taken during the basketball season. Dates and location of the pictures will be given to the coach at the coaches meeting. The exact time and date of your team's pictures will be mailed directly to the coach from the photography studio. Every player receives a trophy at the end of the season. Trophies are given to the coach before the last game of the season to hand out to your players. Pictures are shipped directly to your home from the photography company.

MORE QUESTIONS?

Hopefully we answered most of the questions new coaches have before they enlist for the season. If you think of something that we did not cover or just have a comment or question, please contact Chuck Burgess at 847.850.2125 or via email at chuck@bgparks.org.