

CLAYTON PARKS AND RECREATION
FALL RECREATIONAL VOLLEYBALL LEAGUE RULES

RULE 1 - OFFICIAL RULES

All games shall be played in accordance with rules of the Missouri State High School Athletic Association (MSHSAA) rules, EXCEPT that local league rules shall take precedence in cases of conflict.

RULE 2 - NUMBER OF PLAYERS

- A. A complete team shall consist of six (6) players on the court: three (3) in the front row and three (3) in the back row (left, center and right in both rows)
- B. Teams must have a minimum of five (5) players to start a game. If a team does not have the minimum number of players to start the game, teams may and should borrow players from the opposing team in order to make an even game. Coaches should ask, not order, players to switch teams and should applaud their help and sportsmanship.

RULE 3 - DURATION OF GAMES

- A. A match will consist of three (3) games or a 50-minute time limit.
- B. Each game will consist of rally scoring to 25 points. Rally scoring means that there will be a point given on every serve; after every dead ball. A team must win by two (2) points.
- C. If the last game starts after 40 minutes of play; the last game will be played to 15 points. A team must win by two (2) points.
- D. There will be a two-minute break between each game.

RULE 4- START OF PLAY

- A. A coin toss shall be conducted with a representative from each team. The visiting representative (the second team listed on the schedule) shall call the toss. The winner shall choose either the serve or the side.
- B. All games shall start at the scheduled time.
- C. If a team does not have the minimum number of players to start the game at the scheduled time, the referee shall start the clock at the scheduled starting time and this time shall not be made up or added. The first game will be forfeited at five minutes past the scheduled starting time. The second game and match is forfeited at ten minutes past the scheduled starting time

RULE 5 – THE SERVE

- A. The server shall hit the ball with one hand, fist or arm.
- B. The ball shall be contacted within five (5) seconds after the official's signal to serve.
- C. There will be a maximum number of serves one player is allowed. Therefore, after one player reaches the maximum number of consecutive serves, her team is to side out and the other team is awarded the serve.

- 3rd and 4th Grades: Maximum of three (3) serves
 - 5th and 6th Grades: Maximum of five (5) serves
 - 7th and 8th Grades: No maximum, unlimited serves
- D. The service area will be:
- 3rd – 4th Grades: Ten (10) feet into the playing area from the end line, sideline to sideline.
 - 5th - 6th Grades: Five (5) feet into the playing area from the end line, sideline to sideline.
 - 7th – 8th Grades: Behind the end line, sideline to sideline.
- E. A re-serve is called when the server releases the ball for service, then catches it or drops it to the floor. A player may only be allowed three re-serves in the manner.
- F. The served ball must not touch the ceiling. If a serve hits the ceiling, play will be stopped and the serve will be retaken.
- G. In 3rd and 4th grade, a player is allowed one (1) re-serve if the first serve of her rotation is unplayable.
- H. If the ball touches the net on a serve, it is considered a live ball. This is called the ‘let serve’ rule.

RULE 6 - SUBSTITUTION

- A. Free substitution is permitted. There is no limit to the number of times a player may enter or leave a game.
- B. Substitutions may ONLY be made at the left back and middle back positions.
- C. Coaches wishing to make substitutions shall notify the referee.
- D. Injured players that are removed from a game shall be allowed to re-enter the same game.
- E. Substitution is not permitted for a player expelled from a game.

RULE 7 - EQUIPMENT

- A. Clayton Parks and Recreation shall use the following net heights.
 - 3rd – 6th Grade: 6 feet 6 inches
 - 7th and 8th Grade: 7 feet
- B. Both teams shall bring a suitable game ball.
 - 3rd – 6th Grade: Volley Lite Volleyball
 - 7th and 8th Grade: Soft Touch Volleyball
- C. A player shall not use anything that is dangerous to her or other players.
 - No players wearing a cast of any kind on any part of her body may participate in a game.
 - No jewelry of any kind is permitted; with the exception of a medical bracelet
- D. Any violation of the above, the player shall be ordered off the court. The player shall not return without reporting to the official whom must verify that the player's equipment is acceptable and safe.
- E. Team members shall wear the same color shirt.

RULE 8- CONDUCT OF PLAYERS, COACHES AND SPECTATORS

- A. The coach is responsible for the conduct of his or her spectators, parents and players on the court and bench. **COACHES, SPECTATORS AND PLAYERS SHALL NOT DISPUTE CALLS MADE BY THE OFFICIAL.** Coaches, players, parents or spectators who are verbally abusive to the official, players or each other may be ejected by the official or coordinator and must immediately leave the vicinity of the court.
- B. If, in the official's opinion, a player or coach is not conducting himself or herself in a proper manner - such as yelling at the referee, use of profane or abusive language directed at another, display of violent or dangerous play - The player and/or coach shall be given a warning; if another occurrence happens the player and/or coach will be expelled from the game.

If the conduct is of an extremely violent, dangerous and intentional nature, the official may eject a player and/or coach without a prior warning. An expelled player and/or coach shall immediately leave the court area.

- C. The official shall report all ejections to the league supervisor as soon as possible after the game is completed, together with a brief statement of the occurrence. A player and/or coach expelled from a game may be automatically suspended by the league supervisor for one or more games, and/or other appropriate disciplinary action may be taken.
- D. The coach is not permitted on the court of play during the game, except when an injury has occurred upon signal from the referee or if the coach calls a time out.

RULE 9 - THE OFFICIAL

- A. The official's decision during play shall be final. The official should communicate all calls made during the game, and explain the call to younger players. Play shall be stopped for all serious injuries.
- B. Coaches, players and spectators shall not argue or dispute an official's decision during the game. QUESTIONS about specific calls should be held until the end of a game and made to the referee in a calm manner. It is not the responsibility of the official to explain his or her calls during the game or to instruct the coaches on the rules of the game.

RULE 10 - SCHEDULING

- A. Games may not be cancelled, changed or delayed by the coaches. Schedule changes are the responsibility of the league supervisor. Once the final schedule is distributed, the schedule will not be changed. Teams may request special scheduling PRIOR to the schedule being prepared. Scheduling requests which are based upon a conflict for a large number of a team's players, within a reasonable possibility, will be honored. Failure to report for a scheduled game will result in a forfeit.
- B. Games will be played whenever possible. Teams should report to the court as scheduled unless notified otherwise. Cancellations of games will be recorded on the Clayton Sports Hotline, 314-290-8515.

RULE 11 – MISCELLANEOUS ITEMS

- A. Simultaneous contact of the ball by more than one (1) player on the same team is allowed and considered one contact. Any player may make the next contact.
- B. The ball may be contacted a maximum of three (3) times before crossing the net. A block or attempted block does not count as a team's first contact.
- C. A team is allowed two (2) time-outs of thirty (30) seconds per game.
- D. Any balls that land on the line are considered in.

THESE ARE ONLY OUR SPECIAL LEAGUE RULES. Coaches should be familiar with the general rules (laws) of the game of volleyball.

THANK YOU!
