

Redmond Parks and Recreation

COVID-19 Health & Safety Guidelines for Adult Sports Leagues



Our top priority is the safety of participants, staff, and the community. The following is general information, guidelines and procedures established to maintain a safe experience. Health and safety guidelines are created in accordance with guidelines from the Centers for Disease Control and Prevention (CDC), King County Public Health and the Governor's Office.

Following the recent changes from the State of Washington and King County, Redmond Parks and Recreation has established updated practices for accessing recreational facilities and outdoor activities. Effective March 12, 2022, there will no longer be mask, proof of vaccination, or negative test requirements to enter recreational facilities or participate in programs, leagues, or events. Community members are welcome to continue to wear a mask if they choose.

As updates to guidelines change, they will be communicated to participants via e-mail.

GENERAL INFORMATION

- It is the responsibility of every participant to do a health check on themselves. Stay home if you feel sick or are experiencing any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscles or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea.
- If a player tests positive for COVID-19 they may not participate in league play for 10 days from the date the test came back positive. (League Coordinator should be notified as soon as possible)
- Each team must designate a person who will sanitize all team equipment if they choose
- Teams should discourage handshakes, high fives, or hugging
- We will communicate updated information should COVID-19 guidelines change

WHEN YOU ARRIVE TO THE FIELD/FACILITY

- Wait outside of the dugout/field until it is time for your game to start
- Allow other teams/players to exit the field before entering
- Teams are responsible for bringing their own hand sanitizer and cleaning supplies and wiping down high touch areas and shared equipment

DURING THE GAME

- Maintain 6ft social distance as much as possible and wear masks when not playing if participants choose
- Limit the amount of contact with other players and umpires, such as high fives and handshakes
- Wipe down equipment frequently (including softballs, baseballs, bats, gloves, etc.)
- Switch out softballs between innings to allow for frequent cleaning/sanitizing

AFTER GAME

- No team handshakes or high fives with the opposite team or game officials
- Verbal conversation encouraged (i.e. "great game or good job out there")
- Teams are recommended to wipe down high touch areas in dugouts and equipment before leaving the field/dugout

IN THE EVENT THAT A PLAYER BECOMES SICK OR TESTS POSITIVE FOR COVID-19

- If any person within the league tests positive or has symptoms of COVID-19 during the season, League Coordinators must be notified immediately, and the person may not participate in league activities for **10 days** from the date symptoms began or the test came back positive. This requirement applies to all players, spectators, coaches, referees, volunteers, and employees.
- If any person within the league has had a close contact exposure, League Coordinators must be notified immediately, and the person may not participate in league activities for **5 days** from the date of exposure.
- Team managers are responsible for informing City staff (League Coordinator) if a player tested positive for COVID-19 or if a player was sick with COVID-19 symptoms during league play.
- The League Coordinator will evaluate each individual circumstance and rely on City experts for guidance, which may impact other team schedules in the league. Games will be re-scheduled as possible, or a prorated refund issued for games that were missed.

If, at any time, a participant is unable or unwilling to abide by the guidelines and procedures set forth in this document, the City of Redmond reserves the right to suspend that participant's registration for the remaining days. In this case, a refund will

not be issued for any unattended days.

SOFTBALL GAMES SPECIFICALLY

Each team will provide a set of softballs when their team is in the field for defense. The umpires will not touch the softballs. When there are foul balls the team on defense will retrieve the ball and when the inning is over the team will take their softballs and clean as needed.

SOCCER GAMES SPECIFICALLY

Concerning player cards, if the referee communicates to the manager that they will accept taking player cards, then the player cards should be given to the referee. If a referee is not comfortable taking possession of the player cards, then it should be handled this way: before play starts the manager should individually display each player's card and identify the individual to which it belongs. If during or after the game the referee asks the manager to display so the referee can get information from the card or asks the manager to surrender a player's card, then the manager should do so promptly. Failure to do so or excessive delay or argument can be grounds for caution or expulsion of the manager and/or abandonment of the match.

Referees are not at any time to touch match equipment or the game balls at any time. Equipment issues such as placement of the goal posts and gaps in the nets are to be handled by the managers and players. Placement of drop balls, free kicks (including penalty kicks), and kick-offs will be handled by the referee indicating to the players where the ball should be placed on the ground, making sure all players are where they should be and restart with the whistle.

Deliberate coughing or yelling into an officials or player's face can be treated as either unsporting behavior (yellow card) or violent conduct (red card) depending on the distance from mouth to face.

COVID-19 GUIDELINES

As a reminder, officials are not "COVID Police." They are not to enforce social distancing or mask wearing on the sidelines except to the extent of keeping proper distance from and wearing masks when dealing with the officials, including the assistant referees. On the other hand, they are entitled to request compliance with guidelines and if the officials believe they are not safe because of uncorrected player or spectator behavior, they are entitled to abandon the match.