Redmond Parks and Recreation



COVID-19 Health & Safety Guidelines for Youth Basketball 2022-23

Our top priority is the safety of participants, staff, and the community. The following health and safety guidelines are created in accordance with guidelines from the Centers for Disease Control and Prevention (CDC), King County Public Health, the Governor's Office, and the City of Redmond. This document will be routinely reviewed and updated as best practices and guidelines are released. Changes to the guidelines will be communicated to participants via e-mail.

GENERAL HEALTH & SAFETY INFORMATION

- It is the responsibility of every player, spectator, coach, referee, volunteer, parent, and employee to do a health check on themselves, or have a parent/guardian conduct a health check with the player, prior to attending a league game or practice
- Please stay home if you feel sick or are experiencing any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscles or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea
- All players need to bring their own water bottle, basketball, and athletic attire
- Players, spectators, coaches, and staff should wash their hands with soap and water upon arrival and prior to leaving the facility. or use hand sanitizer upon arrival and prior to leaving the facility

MASKS/CLOTH FACE COVERINGS

- In alignment with the <u>CDC Guidance</u>, people may choose to wear masks to protect themselves and others from COVID-19. This option applies to all players, spectators, coaches, referees, volunteers, parents, and employees
- If choosing to wear a mask, players should wear a lightweight mask, bring a replacement mask to switch out the sweaty one, and take breaks to cool down and hydrate

VACCINATIONS

• In alignment with the Washington State COVID-19 related State of Emergency being lifted October 31, 2022, proof of vaccination is **not** required from any person before entering the facility

PRACTICE/GAME DAY PROCEDURES

- Wait outside of the gymnasium until it is time for your practice or game to start
- Allow other teams/players to exit the gymnasium before entering

IN THE EVENT THAT SOMEONE BECOMES SICK OR TESTS POSITIVE FOR COVID-19

- If any person within the league tests positive or has symptoms of COVID-19 during the season, League Coordinators must be notified immediately, and the person may not participate in league activities for **5 days** from the date symptoms began or the test came back positive. This requirement applies to all players, spectators, coaches, referees, volunteers, parents, and employees, per CDC Guidance.
- If any person within the league has had a close contact exposure, League Coordinators must be notified immediately, and City staff will inform families in the program that there is the possibility of COVID-19 exposure
- Quarantine and isolation requirements should follow <u>CDC Guidance</u> for positive COVID-19 tests, symptoms, and/or exposure
- League Coordinators will evaluate each individual circumstance and rely on City experts for guidance, which may impact other team schedules in the league. Games will be re-scheduled as possible.

If, at any time, a player, coach, parent, or spectator is unable or unwilling to abide by the guidelines and procedures set forth in this document, the City of Redmond reserves the right to suspend that participant's registration for the remaining days (in this case, a refund will not be issued for any unattended days) or suspend the coach or spectator from attending the youth basketball season. Thank you for your cooperation to ensure a safe and positive experience for all this season!