

Castle Rock Athletics: Youth Volleyball Rules					
	3rd Grade	4th Grade	5th Grade	6th Grade	7th/8th Grade
Ball	Volley - Lite	Volley - Lite	Volley - Lite	Standard	Standard
Net Height	6' 6" (might adjust)	6' 6"	7' 4 1/8"	7' 4 1/8"	7' 4 1/8"
Match Length (3 Games)					
1st Game	25 points / 27 point cap	25 points / 27 point cap	25 points / 27 point cap	25 points / 27 point cap	25 points / 27 point cap
2nd Game	25 points / 27 point cap	25 points / 27 point cap	25 points / 27 point cap	25 points / 27 point cap	25 points / 27 point cap
3rd Game	15 points / 17 point cap	15 points / 17 point cap	15 points / 17 point cap	15 points / 17 point cap	15 points / 17 point cap
Side-Out or Rally Scoring	Rally	Rally	Rally	Rally	Rally
Service Line	10 Ft. for Underhand/ 15ft. Line for Overhand serve	17ft.	25 ft.	30 ft.	30 ft.
Serve Line Fault(s):	NO	NO	NO	1st Half: No 2nd Half: Yes	Yes
Serve Redo	Yes	Yes	Yes	NO	NO
Serve Redo Defined: On the first serve if the player does not hit the ball over the net successfully then they get a second chance. Only on the first serve.					
All players should be moved back toward the regulation serving line as their serving ability progresses. 3rd can serve at the white line (10 ft.) between net and baseline. If over hand serving, for 3rd/4th please push kid back at least 5 ft. 6th/7th/8th Grade will serve from the regulation service line (30 ft.).					
Jump Serves	NO	NO	NO	NO	NO
Let Serve	Yes	Yes	Yes	Yes	Yes
Let Serve Defined: If the ball, when served hits the top of the net, but the ball still goes over to the other team side					
Timeouts (30 sec.)	1 per Set	1 per Set	1 per Set	1 per Set	1 per Set
Curtain/Roof Rule	Yes	Yes	Yes	Yes	Yes
Curtain/Roof Rule Defined: If the ball hits the curtain or roof and goes over the other side it is an automatic point to the other team. If the ball hits the curtain or roof and comes back on your side you can still play it if you have a hit to give.					
Service Run Rule	5 Points	5 Points	5 Points	5 Points	5 Points
Attacking the Serve Definition: No player is permitted to leave their feet and complete an attack hit on the OPPONENT'S service, when the ball is in the front zone (10ft Line) and entirely higher than the top of the net.					
Substitution	Every Rotation!	Every Rotation!	Every Rotation!	Every Rotation!	Every Rotation!
Rotation Definition: EACH PLAYER MUST ROTATE THROUGH ALL 6 POSITIONS!! - Typically, coaches will start them in the back middle, they will go through all the positions and serve. When they are done serving, and their team has won the point, and that ball returns to their side, that player who just served will come off and the new player will replace them in the Back Middle.					
CO-ED Rules/ Policies: During games, all teams must have NO MORE than 3 Boys on the court at the same time. For Rotational purposes, the lineup must remain the same for the entire set. A coach can adjust the rotation to meet the necessary requirements, as long as they continue to abide by the 3 Boy maximum, and every player serves, and plays all 6 positions. To accommodate and abide by the 3 boy policy, it is acceptable for teams to field 5.					
# of players	6 (can play with 5)	6 (can play with 5)	6 (can play with 5)	6 (can play with 5)	6 (can play with 5)
If a team is short players at scheduled game time, they can play down with 5 players. If a team has less than 5, it will be recorded as a forfeit, but can still play.					
Only two coaches allowed on bench. 1 head coach and 1 assisant coach. Coaches must stay by the bench. Not wandering around the court during play.					
End of Season Tournament	No (8 regular games)	Yes	Yes	Yes	Yes
End of Season All Star Game	No (8 regular games)	Yes	Yes	Yes	Yes
Elastic Power Ruling: The Town of Castle Rocks Athletics Staff, reseves the right to estabish guidelines for any and all rules of infractions not covered in the above league rules. We reserve the right to refuse participation to any individual, or coach, if they do not "adhere" or, "comply" to the rules/ regulations/ policies and/ or keep within the spirit of sportsmanship					