

YOUTH VOLLEYBALL RULES 2024

The City of Gatesville Volleyball League is a recreational league focusing on skill development, teamwork, and the fundamentals of volleyball in a fun atmosphere.

Game Rules

1. Games will be played 6 v 6 for 3rd-6th grade.
2. Game Length: A minimum of 3 sets or 30 minutes for 3rd/4th grade. A minimum of 3 sets or 35 minutes for 5th/6th grade.
3. Scoring: Rally scoring will be used in all sets. 3rd/4th grade- 2 out of 3 matches to 15 or until time expires. 5th/6th grade- 2 out of 3 match to 20 or until time expires. Once time expires the team that is winning the set will be declared the winner.
4. Net Height: 6ft for all divisions.
5. Rotations: The serving team rotates before serving (except for the first serve of the set). Please refer to the rotation diagram provided for the rotation order (located at the back of this document). (Memorize and instill the phrase, "In at the net, out at the back in a horseshoe pattern.) This rotation ensures that all girls are rotated equally and uniformly no matter which court you play on. No one should be skipped in the rotation. If players are skipped in hopes of gaining an advantage, the head coach will be ejected immediately, and the game will continue. Substitutions will be allowed for injuries.
6. Serving:
 - a.) 3rd/4th grade will serve from the volleyball line. 5th/6th grade will serve from the bold black basketball court sideline.
 - b.) Players will be allowed two attempts on their first serve. If the ball touches the net and goes over on a serve it is a live ball.
 - c.) No attacking or blocking the serve.
 - d.) **Overhand serving only in all divisions. 5th & 6th Grade must serve open-hand, overhand.**
 - e.) 3 toss limit per serve. On the 3rd toss, the ball must be served.
7. Other Rules:
 - a.) A distinct hit must be made. No holding, throwing, or catching the ball is allowed.
 - b.) The ball may be hit three times by one team in a volley. Any one player cannot hit the ball twice in succession.
 - c.) Touching an opponent under the net is not allowed.
 - d.) Players may never touch the net while the ball is in play.
 - e.) The ball will be called out if it hits anywhere outside the boundary lines, hits the sidewalls, or hits the ceiling and advances over to the defending team's side. The ball may be played after touching the ceiling or any other object overhanging the playing area, as long as it does not travel over the net and the hitting team makes a legal hit.
 - f.) Each team is allowed one timeout per set. Unused timeouts will not carry over to the next set.
8. Equipment:
 - a.) Volley Lite balls will be used in games for 3rd/4th grade. Official volleyballs will be used in games for 5th/6th grade.
 - b.) Players must wear tennis shoes
 - c.) Knee pads are strongly recommended. (Not Provided by GPARD)
 - d.) Gatesville Recreation Department will provide jerseys.

<See Reverse>

