

# White Bear Lake Community Services & Recreation

## Soccer League Rules

	<b>PreK / K 3 vs 3</b>	<b>Grades 1 / 2 5 vs 5</b>	<b>Grades 3 / 4 6 vs 6</b>
<b>FIELD SIZE</b>	30 x 20 yards 2 yard arc in front of goals	40 x 30 yards	50 x 35 yards
<b>BALL SIZE</b>	Size 3	Size 3	Size 4
<b>Goal Size</b>	Portable PUGG Nets or Cones (4ft wide)	12 ft wide	12 ft wide
<b>NUMBER OF PLAYERS</b>	3 players on field No goalkeeper	5 players on field, one must be the goalkeeper. If short players work out compromise with opposing coach (i.e. no goalie, short field players, etc).	6 players on field, one must be the goalkeeper. If short players work out compromise with opposing coach (i.e. no goalie, short field players, etc).
<b>SUBSTITUTION</b>	On injuries, on the fly, on stoppage of play	Substitutions are allowed at any stoppage of play	Substitutions are allowed at any stoppage of play
<b>PLAYING TIME</b>	All players should receive equal playing time throughout the game.	All players should receive equal playing time throughout the game.	All players should receive equal playing time throughout the game.
<b>REFEREES</b>	Parent / Coach monitor	Parent / Coach monitor	Parent / Coach monitor
<b>GAME LENGTH</b>	2 x 20 minute halves 5 minute half time	2 x 25 minute halves 5 minute half- time	2 x 25 minute halves 5 minute half- time
<b>START (restart) OF PLAY</b>	Opponents must be 3 yards away during kick-offs. Kick offs should go forwards or sideways to teammates	Opposing team should be on or outside the circle. Kick offs should go forwards or sideways to teammates - NOT backwards	Opposing team should be on or outside the circle. Kick offs should go forwards or sideways to teammates - NOT backwards
<b>BALL IN &amp; OUT OF PLAY</b>	If the ball goes out of bounds on the sidelines the team gaining possession will restart with a kick-in. The defending teams need to be at least 6 yards away from spot of kick-off	Dribble in or kick in. Opposing team must be 6 yards back. When the ball goes out on the endline this is a goal/ corner kick	The ball is out of play when it has fully crossed the goal line or touch line. Opposing team must be 6 yards back. When the ball goes out on the endline this is a goal/ corner kick
<b>OFF-SIDES</b>	Offside is not in effect	Offside is not in effect	Offside is not in effect
<b>FOULS</b>	No Fouls. Coaches may stop play to explain why something is not allowed, with play continuing after explanation.	All classified as INDIRECT Opponents must be 3 yards away before kick is allowed. Coaches may give explanations.	All classified as INDIRECT. Coaches may give explanations.
<b>PENALTY KICK</b>	None	None	None
<b>THROW-IN</b>	NO Throw-Ins-- Only kick ins	Thrower must face the field with both feet on the ground, deliver the ball from behind and over the head using both hands.	Thrower must face the field with both feet on the ground, deliver the ball from behind and over the head using both hands.
<b>GOAL KICK</b>	N/A	Kicked from any point within the goal area.	All opponents must be outside the penalty area.
<b>CORNER KICK</b>	N/A	All opponents must be 3 yards away	All opponents must be 6 yards away

**Weather Policy:** Please show up to your game(s) each week. Together, coaches can determine onsite if the field or weather conditions are playable or not. If it's common sense that the weather is uncooperative and you won't be able to play, coaches should email/call/text one another to finalize a decision. If games get canceled, coaches should agree upon a new date and time for a makeup game. Reminder, safety of all participants is the main concern.

**White Bear Lake Community Services & Recreation Department**  
**Parent Commitment & Code of Conduct**

1. *I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.*
2. *I will place the emotional and physical well being of my child ahead of my personal desire to win.*
3. *I will insist my child play in a safe and healthy environment.*
4. *I will support volunteer coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.*
5. *I will demand a sports environment for my child that is free from drugs, tobacco and alcohol and will refrain from their use at all youth sports events.*
6. *I will remember that the game is for youth- not adults.*
7. *I will do my very best to make youth sports fun for my child.*
8. *I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.*

**Any violation of the WBL Community Services & Recreation Parent Commitment may result in temporary or permanent banishment from current or future youth recreational programs.**

*Last revised: 8/21/24*