

ADULT INDOOR VOLLEYBALL LEAGUE GENERAL RULES & REGULATIONS

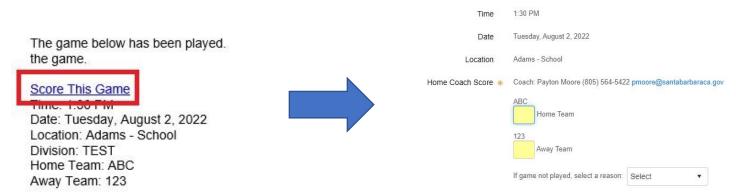
Sports Office # 805-564-5422 Email <u>Sports@SantaBarbaraCA.Gov</u> Website www.TeamSideLine.Com/SantaBarbara

Submitting Scores

Team captains submit match results to www.TeamSideLine.Com/SantaBarbara. Team Captains = team member that registered online and paid the team fee.

How to submit your match result to TeamSideLine: It's super easy!

- 1. Winning team is responsible for submitting the score, but either captain may submit the result.
- 2. **TeamSideLine will send team captains an email** an hour after your scheduled match with a link to report your score. It will take less than 2 seconds!
 - a. Team Captains will receive two automatic reminders: 1 and 2 days after the scheduled match.
 - b. Once the scores are submitted TeamSideLine will not send reminder emails.
 - c. Games won and lost will be entered. NOT points scored in each game.
 - d. Results not entered will be recorded as a forfeit for both teams.
- 3. In the email received, click on "Score This Game" then enter the score: SCORES ENTERED WILL BE GAMES WON AND LOST DURING THE MATCH, 2-0; or 2-1. NOT POINTS SCORED, 25-22.



GAME SCHEDULE AND PLAYOFFS

Team schedule, team records and playoff brackets located online at www.TeamSideLine.Com/SantaBarbara

Regular Season

- 8 teams.
- Your team plays a double header each night.
- Double-header match schedule:
 - o Match #1 & 2 @ 6:00 & 8:00pm
 - Match #1 & 2 @ 8:00 & 10:00pm
- See below in section 9 for clarification if time runs out before a team wins by points.
- 10 regular season matches scheduled on 5 nights.

Playoffs

- Single Elimination.
- Championship Bracket: Top 4 teams.
- Consolation Bracket: Seeds 5-8.



1. TEAM AND OFFICIAL FEES

TEAM FEES: Team fee is \$500 (no additional fees). Team fees are paid on the Parks and Recreation website at time of team captain registration: https://cityofsantabarbara.perfectmind.com

No referees assigned to matches. If there is a controversial play: team captains either Roe-Sham-Beau or agree to replay the point.

2. TEAM ROSTER

Team Captains submit their roster, click here: https://santabarbaraca.seamlessdocs.com/f/IndoorVolleyballRoster

- Teams are required to have a minimum of 6 coed players listed on the team roster.
- The top 6 players listed must include 3 male players and 3 female players.
- The top 6 players listed are considered to be "the team".
- There is no maximum number of players allowed on a team.
- A sub's skill level shall be appropriate for the division. i.e. an A-division player is not eligible to sub for a B-division team.
- Coed teams may begin and play match with 4, 5, or 6 players. Approved coed combinations include: *3-3 *3-2 *3-1 *2-2 *4 women & 2 men *4 women & 1 man
- A team is not permitted to play with 4 male players on the court at same time. A friendly match may be played, but the match will be recorded as a forfeit.

3. LIABILITY WAIVER

ALL players listed on rosters and all subs not listed on rosters are required to sign the league waiver on first night of play, regardless of whether the first night for a player is week 1, week 8 or anywhere in between.

4. ELIGIBLE PLAYERS

- Players listed on team's roster.
- All players 18+ years of age.
- Players may not play under assumed names.
- To be eligible for playoff matches a player (sub) must be listed on the team roster, signed a score sheet/waiver and played in a minimum of one regular season match for the team.

5. TEAM CAPTAINS & PREPARATION OF THE MATCH

MATCHES START ON TIME:

- Team captains shall provide 1 indoor volleyball for each match and additional balls for warmup.
- Team captains are responsible for preparing their team to start games on time (including warm-up) so adequate time is available to complete the match.
- There will be a 10-minute grace period (warm-up period) for players to arrive at their designated court.
- After 10-minute warm-up, a forfeit loss will be recorded to the team not ready to start the match.
- Team captains Roe-Sham-Beau before the first game. The winner chooses to serve or preferred side.
- Game 2: the opposite team gets to select side or serve.
- If a third game is required Roe-Sham-Beau winner's choice (serve or side).
- All teams are responsible to have an active team captain listed and identified on the team roster form.
- All league communication is with team captains only.
- If a team captain is not present during league night, the team must identify an alternate captain.



6. STARTING THE GAME ON TIME AND FORFEITURES

- A forfeit will be called if a team is not ready to begin play 10 minutes after match start time.
- Each match has 60 minutes to include to warm up and completion of the match.
- Team captains are responsible for coordinating the warmup, start of match and completing match on time.
- Teams that forfeit a match during the regular season will not be included in the playoff schedule.

7. SUBSTITUTIONS

All divisions are permitted unlimited substitutions into specific positions. However, 2 men may not be adjacent to each other in the serving order (Coed) – unless playing with 5 players (3 men – 2 women).

8. CONTACT WITH NET & OTHER RULES

- Contact with the net between the two antennas by a player is a fault.
- Players may touch the post, ropes, or any other object outside the antennae, including the net itself, provided it does not interfere with play. Not a fault.
- When the ball is driven into the net, causing net to touch an opponent, no fault is committed.
- A live ball (except serve) hitting objects above the gym is considered a live ball. Offending team may play the ball, however no such rebounding ball may legally fall to the opponent's side of court.
- A player's foot may penetrate under the net into the opponent's space, provided that the foot does not completely go over the line and the player does not interfere with the opponent's play.
- Teams switch sides between each game.

9. FORMAT (RALLY SCORING)

- A match will consist of best of 3 games.
- Team that wins 2 games wins the match. Opposing team receives a loss.
- Games 1, 2, & 3 are played to **25 points** (win by 2 points) or first team to **30 points**.
- If time ends before game 3 is completed, team ahead by one OR MORE points wins game and match!
- One 30-second timeout is allowed per game.

10. PLAYER CONDUCT

- If a player is removed from the game for misconduct, that player shall be suspended for the remainder of that match.
- If the player is removed for swearing, physical contact or physical threats, player(s) will automatically be suspended for the next match or for the remainder of the season.
- The Sports Supervisor will review all suspensions.
- Any player disrespecting the SBCC facility or staff will be suspended from the league.
- No one is permitted to enter SBCC facilities other than gym and restrooms.
- Team captains may inform the Sports Office of league problems, including misinterpretation of the rules.