

WILTON PARKS AND RECREATION ADULT SAND VOLLEYBALL LEAGUE

INFORMATION & RULES

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Matches will be scheduled and played at Wilton's City Park located at 401 East Wate Street.

Under no circumstances will the Parks and Recreation department reschedule a match on a different day, site or time except under adverse weather conditions. Under these circumstances it may be necessary to reschedule matches on a different day. Any other circumstances will not be considered.

The Parks and Recreation department will be responsible for scheduling matches, game balls, league standings, and general league administration.

The Parks and Recreation department, the City of Wilton and it's agents are not responsible for any injury, accident or loss incurred by a player(s) or spectators as a result of this program. Individuals are encouraged to have personal health/accident insurance to cover injuries that may occur.

Weekly standings will be posted on www.teamsideline.com/sites/wiltonrecreation and our Parks and Recreation Facebook page.

Scores need to be reported to the Parks and Recreation Director weekly for standings to be updated. These can be texted or emailed – (563) 205-1174 or krobesson@wiltoniowa.gov

Participants will be responsible for supervising their children.

The Parks and Recreation director must be notified immediately and in writing when a team changes managers and/or email address in order for them to receive league correspondence.

ELIGIBILITY

Players must be 18 years of age by the start of the season. Use of an ineligible player will result in a forfeit.

ROSTERS

Roster forms must be completed and submitted to the Wilton Parks and Recreation department prior to their first game.

Rosters must include the players first and last name, birthdate, the town in which they reside, and a phone number. No rosters will be accepted other than those written on the official form issued to managers at the time of registration. If the rosters fail to meet these guidelines, they will not be accepted.

Team rosters will allow up to 10 players, however, a minimum of 6 players much be carried throughout the season. Players may be added to the roster at any time during the season. Individuals may play for only one team.

RULES AND REGULATIONS

Forfeits: Teams must have a minimum of three (3) players with at least one member of each sex to avoid a forfeit. At no time may more than three (3) members of the same sex be on the court at the same time. Teams will be given a five-minute grace period from the scheduled starting time to field a team. As soon as three (3) players (with at least one male and one female) are present the match shall begin. Should a team not have a team present after the five-minute grace period, the first set will be forfeited; 15 minutes following the scheduled time the second set will be forfeited; and 30 minutes following the scheduled time the third set will be forfeited.

Alcohol is allowed at City Park. No glass bottles. Please pick up trash and cans once you get done playing.

Managers will be responsible for the conduct of their players and must inform players of schedules, league rules and other league information.

Parks and Recreation department staff and/or Wilton Police Department staff shall have the authority to remove any player, manager or spectator from the game and park.

The Parks and Recreation director reserves the right to suspend any player or manager from competition when harmful, profane, and abusive and unsportsmanlike behavior or language of any degree is directed towards staff or members of another team. The Parks and Recreation director will determine the length of suspension and notify the participant(s) involved. The Parks and Recreation director has the authority to forfeit any game in which gross or flagrant infractions of league rules have been committed.

Games will be rally scored. Each game consists of three (3) sets. The first two (2) sets will be played to 21 points. The third set will be played to 15 points. Teams must win by two points.

A one-hour time limit will be allowed for three sets. At the end of one hour the team with at least a two-point advantage will be declared the winner on that set. If there is no two-point advantage play will continue until there is one.

A coin toss will be used to see who serves first. The other manager will get choice of side. The serves will then alternate for sets two and three, with the teams switching sides.

Rules of play: All pushed and thrown spikes are illegal. You must hit the ball. All underhand open palm lifts are illegal. Flexibility on overhand passes. Leniency will be allowed on center line violations, however, there should be no contact with opposing team members.

Reaching over the net; hand(s) may reach across the net but not contact the ball there until after completion of the opponent's attack. After a player has completed his attack, his hand(s) may pass over the net in follow through. Inadvertent touching of the net is not a violation.

Mix volleyball rule adaptations: Serving order and floor positions must alternate male/female. When the ball is played more than once by a team, at least one of the contacts must be made by a female player. Contact of the ball during blocking shall not constitute playing the ball. There is no

requirement for a male to contact the ball, regardless of the number of contacts by a team. One back court player may also block when there is only one male in the front court.

Unlimited substitution of players will be allowed; however, all substitutes must take a position to the immediate left of the server and complete the full cycle of positions.

Back row players will be ineligible to spike the ball from the front row at any time.

Back row players can hit the ball overhand only from the back part of the court. Use your best judgement on where the attack (10ft) line would be.

It is illegal to attack or block a serve.

Teams are not required to bump the serve. You may use an overhand pass or set on the serve.

During an attached hit, tipping the volleyball is permitted only if the ball is cleanly hit, not caught or thrown.

The ball will remain in play until it contacts the ground or hits an object.

Warm up: Teams are not guaranteed on-court warm up time. They may warm up on the grass areas outside of the courts.

Time outs: Each team will be allowed one (1) 30 second time out per set.

Officials: Games are self-officiated, and players are responsible for calling their own violations. If there is a disputed or controversial call, the point will be replayed. Please be courteous and respectful to one another.