



ADULT SAND VOLLEYBALL RULES AND REGULATIONS

1 LEAGUE MANAGEMENT

PROGRAM COORDINATOR: Eva Daigle | W: 541-754-1706, C: 503-877-2224 | eva.daigle@corvallisoregon.gov

- A. The Program Coordinator has final authority to make decisions pertaining to all volleyball league rules, regulations, and schedules; to act in the best interest of the City of Corvallis; and to make decisions in the spirit of competitive balance and fair play.
- B. Upon registering as a team in leagues coordinated by the City of Corvallis, each team and all participants agree to abide by Parks and Recreation's rules and regulations.
- C. Parks and Rec staff may stop, postpone or cancel any game due to weather, unsafe conditions or other circumstances that may jeopardize participant safety in anyway.
- D. Parks & Recreation is not responsible for player's valuables. Please store them securely.

1.1 FEES

- A. All teams must pay the league entry fee at the time of registration. Teams that pay after deadline are subject to dismissal from the league.
- B. Deadline to request a refund: Five (5) business days prior to the first game of the season.

2 ELIGIBILITY AND PARTICIPATION

2.1 PLAYER ELIGIBILITY

- A. All players must be at least 18 years of age and out of high school. High School students are not eligible to play in adult leagues.

2.2 ROSTERS

- A. To be eligible, players must be added and "enrolled" on the official team roster through TeamSideline prior to playing in any league games.
 - 1. Official team rosters must be completed on TeamSideline.
 - a. Initial roster deadline is Sunday before the season starts.
 - 2. Rosters are not limited to a maximum number.
 - 3. New players may be added to rosters after the initial roster deadline through TeamSideline.
- B. **Team Composition** – A team consists of 6 players (3 men, 3 women), but may start with a minimum 4 players on the court. Less than 4 players will be a forfeit.

1. A team of 4 may consist of 2 males and 2 females OR 1 male and 3 females on the court. NOT 3 males and 1 female.
 2. If a team has 5 or 6 players on the court, at least three of those players must be women.
 3. There is no maximum number of females that can be on the court.
 4. All players must be on the team roster to participate.
- C. Participants may only play on one (1) team in the program.
- D. If a player decides to transfer to another team, the team managers must agree. A written release from the previous team manager and must be submitted to the Program Coordinator.
- E. Ineligible Player: A team using an ineligible player(s) will automatically forfeit the match. Only players that are listed on the team roster are allowed to play in the program.

3 LEAGUE PROCEDURES

3.1 GAME LENGTH & SCHEDULES

- A. The league shall consist of a round robin schedule with matches played on Wednesdays. Schedules will be posted on TeamSideline.
- B. Teams play best 2 out of 3 matches in a 1 hour time slot.
- C. Teams will have a 5 minute warm up time prior to the start of a match. All matches must be completed even if the match goes past the time limit.

3.2 OFFICIALS & SITE LEADERS

- A. There will be no officials. Teams will officiate their own matches. Good sportsmanship and proper decorum is expected of all players in this program.
- B. The Courts will have a Site Leader who will be in charge of the program and the safety of the participants. The Site Leader reports to the Program Coordinator.

3.3 GENERAL RULES & SCORING

- A. [2025-2027 USVA Beach Volleyball rules](#) will govern league play.
*Note: USVBA has some rules specific to COED volleyball including that a female must contact the ball if a team has more than one contact.
- B. A game is won when a team scores 25 rally scoring points and the team leads by at least two points. If the score is tied at 24-24, play continues until one team has a lead of two points. A third tiebreaker game to 15 will be played if necessary. First team to reach 15 points wins the match.

3.3.1 USA Volleyball Beach Rules - Differences from Indoor Rules

- A. You switch sides within games.
- B. Restriction on setting the ball over the net. Indoors, there are no restrictions on this action. An exception is made for sets to a teammate that happens to get blown over the net.
- C. No open hand tips/dinks. Alternatives include palms, heel of the hand, locked straight fingers, knurled fingers, or the back of the hand.

- D. No center line. There is no center-line in outdoor volleyball. You can penetrate under the net provided you do not interfere with your opponent.
- E. No position or back-row faults. Players can start and play anywhere. Only the service order must be obeyed. This conveniently removes all concern about back row attacks/blocks.

3.4 FORFEITS & POSTPONEMENTS

- A. Notify the other team manager and the Program Coordinator at least 24 hours in advance that your team is going to forfeit a game.
- B. There shall be no postponement of games unless made by the Park and Recreation Department. In case of excessive heat or smoke, please call 541-766-6921 after 3 p.m. to check status of your game.
- C. Games are not rescheduled due to team forfeits.

4 BASIS FOR DISQUALIFICATION

- A. Use of obscene or profane language at games or in the court area.
- B. Destruction of property at the site of league play.
- C. Any player or manager showing unsportsmanlike conduct toward other players, staff, or spectators will be disqualified from that match and barred from further participation upon action taken by Program Coordinator.
- D. Smoking, Vaping and consuming alcohol on city property (parking lots, parks and sports complexes) is a violation of City of Corvallis ordinance. Violators are subject to arrest and/or fine. The Site Leader has the authority to forfeit the game if players, managers, or spectators are smoking, vaping or consuming alcohol on City property before, during or after a game. We encourage teams to inform their spectators of this City ordinance.
- E. Team Managers are responsible for the behavior of their teams in relation to language, rules, sportsmanlike behavior, etc.

5 MISCELLANEOUS

- A. Notify the Program Coordinator of any potential scheduling errors. The Parks and Recreation Department will make every effort to resolve logistical issues.
- B. Blood Rule: When blood is visible, the game will be stopped to allow for quick dressing of wounds. Wounds must be covered and no blood can be visible before player may return to play.
- C. All jewelry that can easily be removed must be removed.
- D. Play at your own risk. All players are responsible for their own insurance coverage. The City of Corvallis does not provide accident insurance for league participants or spectators.