



Outdoor Sports Weather Guidelines: Excessive Heat

When temperatures rise, the safety and well-being of our participants, and staff remain our top priority. We want to ensure that all sports activities are carried out in a safe and healthy environment. To that end, please see our weather guidelines for heat below.

- **Temperature and Heat Index Monitoring:** We actively monitor local weather conditions, particularly temperature and heat index, in the lead-up to and during the scheduled games. Temperature is monitored on [AccuWeather](#) and heat index is monitored using the [OSHA Health Safety Tool](#).
- **Risk Assessment:** When considering game cancellations, we will take into account the heat index, time of year, time of day and ability to reschedule games. We closely follow the [OSAA Heat Index Policy](#) but reserve the right to make year-by-year decisions regarding game cancellations and/or rescheduling of games.
- **Communication:** If games are canceled and/or rescheduled due to high temperatures, Team Managers will be notified as soon as possible through a TeamSideline email and updated on the field line (541) 766-6921.
 - The Field Line should be called after 3pm on weekdays and after 12pm on Sundays to check the status of games.
- **Rescheduling:** Game cancellations due to inclement weather, will be rescheduled when possible and communicated to the Team Managers as soon as possible. The ability to reschedule is dependent upon field availability.
- **Heat Safety Measures:** When games are played in higher temperatures, participants are encouraged to take preventive measures such as frequent hydration, appropriate clothing, and rest in shaded areas during breaks.

What we are doing:

- When games are played, Site Leaders/Scorekeepers will do their best to have coolers of ice and extra water for players.
- P&R Staff are trained on the signs and symptoms of heat related illnesses.
- Umpires/Officials are asked to allow longer breaks in-between innings/games (if it doesn't put the schedule too far behind)

What your team can do:

- Bring lots of extra water and a cooler with ice and rags for cooling.
- Bring pop-up tents if available for more shade.
- Wear breathable clothing, hats and sunscreen.
- Encourage each other to take cooling and water breaks in the shade.
- Watch each other for [signs and symptoms of heat related illnesses](#).

We understand the excitement and dedication surrounding the games, but your health and safety are paramount. We appreciate your understanding and cooperation in adhering to these guidelines.