

Soccer

Rules and Guidelines

The Mission of the Boys & Girls Clubs of Lampasas is to “enable all young people, especially those who need us the most, to reach their full potential as productive, caring, responsible citizens.”

Purpose of Youth Recreational Soccer: Encourage young people to participate in an active sport that promotes teamwork, good sportsmanship, learning, healthy lifestyles, and respect in a fun, safe and positive environment.

The club soccer program will follow current FIFA rules

NOTE: current age brackets will show the oldest age; I.e. 6U is 5 & 6 year old players, 9u is 7 to 9 year old players; as of the age cut off for the season. 12U is 9 to 12. Depending on registration numbers, age brackets may be combined or modified to equalize the number of teams and the number of players on teams.

1. Field of Play

- a. 4U and 6U will play on specified fields.
- ~~b.~~ 9U will play on field 5
- ~~c.~~ 12U will play on field 1

2. Ball

- a. 4U and 6U will use size 3 balls
- b. 9U will use size 4 balls
- c. 12Uwill use size 5 balls

3. Number of Players

- a. 4U will play 4 on 4 with no goalies – COACHES CAN AGREE TO MODIFY FOR NUMBER OF PLAYERS PRESENT.
- b. 6U will play 4 on 4 with goalies COACHES CAN AGREE TO MODIFY FOR NUMBER OF PLAYERS PRESENT
- ~~c.~~ 8U will play 8 v 8 (7 AND GOALIE)
- ~~d.~~ 12U will play 11 V 11 (coaches to agree to DECREASE to allow for no more than 3 subs)

- e. Substitutions during 4U at any time and 6U can be made at any stoppage.
- f. Substitutions during 9U AND 12U will follow:
 - i. All players must play the equivalent of $\frac{1}{2}$ of the game.
 - ii. Substitutions by either team can only be made during stoppages of play when the ball goes out of bounds (goal, throw in, goal kick, corner kick, etc.).
 - 1. FOR 12U SUBSTITUTIONS:
 - a. ONLY ON YOUR TEAMS THROW, UNLESS OTHER TEAM IS SUBBING, THEN YOUR SUBS MUST BE AT MIDFIELD LINE PRIOR TO POSSESSION TEAM SUBSTITUTIONS.
 - b. NO SUBSTITUTIONS AFTER 2 MINUTE MARK (28 MINUTES AND 58 MINUTES)
 - iii. All substitutions must be waiting at the midfield line before the stoppage of play.
 - iv. Referees must give the coach permission to send substitutes onto the field.
 - v. Referees have final say when and if a substitution can be made.
 - vi. If a player receives a red card, or equivalent for ejection, the team will play 1 player down the remainder of the game.
- 4. Safety (applies to practice and games)
 - a. Shin guards are required for all participants.
 - b. Soccer cleats are required for 9U and higher play.
 - c. No jewelry or watches are allowed at any age level for games or practices
 - d. DANGEROUS PLAY/AGGRESSIVE BEHAVIOR NOT IN LINE WITH THE GAME WILL LEAD TO POTENTIAL EJECTIONS.
- 5. Referees
 - a. Referees are responsible for enforcing the rules of the game.
 - b. All referee calls during the game are official.

- c. Referees have the right to notify B&G staff to have disrespectful fans removed from the field. In this event the fan must leave the soccer complex. Referee can stop play until disrespectful fan leaves.

6. Assistant referee

- a. If an assistant referee is used it will be in dual referee system.

7. Duration of play

- a. 4U game length (coaches can agree to alter)
 - i. #2 – 10 minute Halves with a 5 minute break at halftime.
- b. 6U game length (coaches can agree to alter)
 - i. #4 8 MINUTE QUARTERS WITH 3 MINUTE BREAKS.
- c. 9U game length
 - i. #2 – 20 minute halves with 5 minute break for halftime.
- d. 12U game length
 - i. #2 – 30 minute halves with 5 minute break for halftime.
- e. Games will end at the end of regulation.
- f. IF A TEAM DOES NOT HAVE ENOUGH TO FIELD, OTHER TEAM WILL LEND PLAYERS TO KEEP GAME AS SCHEDULED.
- g. ALL GAMES WILL BE PLAYED AS SCHEDULED UNLESS BGC STAFF CANCEL.

8. Start and stop of play.

- a. Ball is out of play when 100% of ball crosses beyond boundary lines.
- b. If the ball goes out of play in a 4U game, spectators and coaches will toss the ball back onto the field so that play may continue

9. Ball out of play in 6U to 12U will result throw-in, corner kick or goal kick

10. Method of Scoring

- a. Entirety of the ball crosses the goal line between the goal uprights and under the cross bar.

11. Offside

- a. Will only be called in 9U and older age games.
 - i. By definition offside is called when the player is nearer to the opponent's goal line than both the ball and the second to last defender (goalie being one of the last defenders)

ii. 8U offside calls will be more lenient than those on 12U and higher.

12. Fouls and Misconduct

- a. Practicing the headers is not recommended. 12U and older teams may head during the game.
- b. Section 12 will be followed at the referee's discretion.
- c. SLIDE TACKLING IS NOT PERMITTED AT ANY AGE LEVEL. during 8U will result in an indirect free kick foul. 12U WILL RESULT IN A DIRECT KICK.

13. Free kicks will follow section 13 of the rules of the game. **All 8U kicks are indirect.**

14. Penalty kick. **All 8U kicks are indirect** at the spot of the offense.

15. Throw in

16. Goal Kick - prior to a goal kick all opposing players must be outside the penalty area. The ball is in play when it is kicked and moves. All players may enter the penalty area once the ball is in play. PLEASE COACH YOUR GOALIE NO TO PASS THE 18, WILL RESULT IN INDIRECT KICK.

17. Corner Kicks: 6U and above.

IMPORTANT:

* The children are playing in a recreational soccer league that is to promote hard work, fun, team work, etc. If you have a player who is **"taking over the game"**, do not allow the game to get out of hand, substitute, move the player to defense, or pull the player out of the game. Coaches should work together to ensure that all youth participating in the soccer program have every opportunity to learn and grow with the game.

*Yelling and screaming at players or referees will not be acceptable.

*Please inform all parents that foul/crude/negative behavior will result in ejection from the sports complex.

*Parents are not to verbally or physically approach any player, referee or coach, doing so will result in removal from the soccer fields.

***No dogs are allowed at the Gavin Garrett Soccer Complex while practice or games are taking place.**

*Encourage FUN.