



Frequently Asked Questions

Chino Hills Junior All American Football (CHJAAF)

Is this tackle or flag football? CHJAAF is a tackle football program.

Who do we play against/or what conference are we in? CHJAAF is in the Southern California Junior All American Football and Cheer Conference (SCJAAF). The largest tackle football conference in Southern California. SCJAAF consists of teams throughout the San Bernardino and Riverside counties. Our conference has over 24 chapters including Corona, Riverside, Palm Desert, Murrieta, Orangecrest, Fontana, Hesperia, Victorville, Eastvale, Colton, Perris, Redlands and many more.

Will we have to travel far to games? Our conference has chapters throughout multiple counties and cities. We encompass Riverside and San Bernardino Counties. You may travel as far north as Victorville/Hesperia; as far east as Palm Desert; as far South as Murrieta. Rowland Heights will be the west most city for the 2026 season.

How long is the football season? The 2026 SCJAAF season begins with practice July 27th and ends with Championship weekend December 12th. We do play games over Thanksgiving Holiday.

Where do we practice? All practices are held at Chino Hills Community Park.

Where are home games played? All home games are played at either Ayala, Chino Hills, Chino, or Don Lugo High School Football Stadiums.

When are the games played? All games are played on Saturdays. The only exception may be a Championship Game which could be played on a Sunday.

When are practices? Practices are 5 days a week beginning July 27th. The first week of practice is mandatory conditioning. After Labor Day, practice is 3 days a week: Tuesday, Wednesday, and Thursday. Each team is assigned either 6:00 p.m. - 8:00p.m. OR 6:30 p.m. - 8:30 p.m. practice time. Practice times are staggered in this way in an effort to alleviate the traffic congestion at Chino Hills Community Park.

What times are games played? Games can be played as early as 8:00 a.m. or as late as 6:00 p.m. depending on the division and number of teams playing at the field that day. Game schedules will be posted on the conference site which is <https://www.socaljaafc.org/> and on our CHJAAF website <https://chinohillsjaafbulldogs.com/schedules>. Schedules may change from time to time, so you are encouraged to check the websites for updates. **CHJAAF has no control over the schedule or number of home games.**

Is there a weight limit? Yes, we have 5 age divisions, and each has a maximum weight per division, per age. The divisions are:

- Junior Micro - 6-, 7- and 8-year-old
- Micro - 8, 9, 10-year-old
- Junior Pee Wee - 9, 10, 11, 12-year-old
- Pee Wee - 11, 12, 13-year-old
- Midget - 12, 13, 14-year-old

There is a weight restriction for each division age level except the Midget division. **There is no minimum weight.** Please see the "Weights" section on the SCJAAF website [So. Cal Jr All American - Page - Official Weight Chart 2026](#) or speak to our Chapter Athletic Director. The Chapter Athletic Director will ensure all players are placed in the correct weight and age division.

How are teams chosen? The second week of practice a player draft is held offsite. Players are chosen based on their age and skill level. In most cases, there are multiple teams per age division. Our divisions are Red and Black depending on the number of players per division.

I have multiple players; will they play at the same field? In most cases, yes. We place siblings in the same skill level division based on the eldest child beginning with the Pee Wee Division; the Midget Division is not considered for placement. **Note:**

There is no guarantee the chapter we play against will line up in the same division/team level. There may be instances where our competitors do not match up exactly and teams may have to split locations. (Please see the Chapter Commissioner if you have any questions).

What equipment does the chapter provide? CHJAAFC provides the following: helmet and shoulder pads, and reversible game jersey, game pants, and game socks. Players keep their game jersey, which is personalized with their last name on the back. Nicknames are not allowed. We do require a deposit for the equipment that is distributed/loaned, check or credit card accepted. You will not be charged the deposit, unless you fail to return all equipment at the end of the season and in good condition. (There will be scheduled equipment return days.)

You must purchase the following items: Chin strap, cleats (non-detachable rubber molded only; recommended colors are black, red, or white), integrated practice pants, practice jersey (you may use the ones from the previous season), socks, athletic cup, and a mouthguard with a tether attachment. **Mouthguards cannot be Red or White. Steel, aluminum, hard rubber or nylon with metal cap cleats are not allowed.** You may purchase your own helmet, but it must be certified. (Please see Chapter Commissioner or Equipment Director for details.)

My child wants to be on the same team with his/her friends. Is that possible? Unfortunately, requests for players (non-siblings) to be on the same team cannot be honored due to the player draft.

My child has never played football, will this be difficult for him/her? We have multiple divisions per age range. Our coaches pride themselves on teaching the game of football in accordance with each individual division and level of skill. Practices will include basic instruction and safety techniques.

Are the coaches certified? Each adult over 18 must complete a Live Scan. Our coaches are also required to participate in on-line, on field, and classroom training sessions as mandated by our Conference.

Is there a minimum play rule? Yes, we have a 10-play minimum play rule per game and scrimmages for the regular season and 5-play minimum play rule per game in the playoffs for all players.

If my child cannot make every practice, will that limit his/her playing time? It is very important that your player attends each practice. Missing practice could limit playing time and/or limit the minimum play rule. It is highly recommended your player attends all practices as this is for both safety and their development. Talk with your coach regarding attendance/schedule issues.

Are there tryouts for positions? Once players have been drafted to a team, the coaches will give each player the opportunity to try out for various positions. All coaches will work with players to determine which position best suits the player and his/her skill level.

Do we have to sell candy/raffle tickets, etc.? When you sign up, your registration fees include the Opening Day raffle tickets. You may choose to sell them to recoup the cost of up to \$50. In addition, each player/cheerleader is required to participate 100% in the CHJAAFC Chapter Fundraisers (raising a total of \$300), which include the Beef Raffle (\$150) and E-mail Blast Fundraiser (\$150). 100% of the sales from the E-mail Blast Fundraiser (\$150) and 100% from the Beef Raffle (\$150) will go to the Chapter to help fund costs for high school fields, practice fields, light, equipment, etc. There is a Buyout option of \$325, which will exempt you from participating in the 2 mandatory Chapter fundraisers. This does not include any team fundraising your team decides to do to fund their team banquet.

What is the role of the Team Athletic Director (AD)? The Team AD is responsible for the safety and wellbeing of the player while at practices and games. Team ADs are also responsible for the paper and weight certification of a team. Team ADs work closely with the Chapter AD in ensuring all records, certification documents and necessary paperwork is complete to ensure the team is eligible to play on game day. The Team AD is required to be at the field for every practice and game. The Team AD will make the final decision regarding injuries and is responsible for the safety and wellbeing of your child.

I have a cheerleader as well. Will she cheer for her sibling's team? Yes. Brother/sister options for cheer are placed first by the Cheer Coordinator. Note: Conference mandates the minimum number of cheerleaders on a cheer game squad

Do we have to participate in the Conditioning Program in June? No, the conditioning program is not mandatory. However, this is an excellent way to get in shape and prepare for the upcoming season. *Note:* the first week of football practice consists of conditioning which includes extensive running, stretching, and football-related drills.