



A department of **MPS**

2022-2023 VOLLEYBALL RULES & REGULATIONS

UPDATED

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ADULT SPORTS OFFICE

414-647-6046

2414 W. MITCHELL ST.

MILWAUKEE, WI 53204

Katie Seitz
Recreation Manager
(414) 647-3860
katie@mkerec.net

Brandon Sweet
Recreation Supervisor
(414) 647-6070
Brandon@mkerec.net

MUNICIPAL VOLLEYBALL RULES & REGULATIONS

The following interpretations of the 2021-22 Official United States Volleyball Rules will be in effect for the current season.

1. EXCEPTION TO RULES (SUBSTITUTIONS)

- A. Any substitute shall take the position in the serving order of the player one is replacing.
- B. A player re-entering the game shall take the original position in the serving order in relation to their teammates.
- C. A player may not enter the same game more than three times. Starting the game constitutes one entry into the game. (Exception to Official Rules - no limit to number of substitutions per game).
- D. In the event a team begins the game with five players and the sixth player rotates in, the new player must rotate into the sixth player position (top right when facing the net). That is the position that would be "empty". The new player will be the next person to serve.

2. EXCEPTION TO OFFICIAL RULES

- A. A match will consist of three (3) games and each game shall be counted in a team's league standings.
- B. Each game will be played to 25 points, must win by two (2) points (27 point cap).
- C. 6's Volleyball - six (6) players constitute an official volleyball team; however, a team may play with a minimum of four (4) players to avoid forfeiting a match.
- D. 4's Volleyball - four (four) players constitute an official volleyball team; however, a team may play with a minimum of three (3) players to avoid forfeiting a match.

E. BORROWING PLAYERS:

Upon signed mutual agreement on back of the signup sheet by two managers, a team may borrow a player or players as necessary to avoid a forfeit. Borrowing can only be done from opponent for that match. If more players from borrowing team arrive later, players borrowed may return and play for his/her own respective team. The final score will count for league standings.

3. COED PLAY

These rules 1-17 shall govern play for coed leagues with the following exceptions:

- A. Serving order and position on floor shall alternate male/female.
- B. When the ball is touched by more than one player on a team, **one touch must be made by a woman.**
- C. Net height will be approximately eight (8') feet high.
- D. One back court male player may also block when there is only one male player in a front line position.
- E. **6's Volleyball** - if playing four (4) players, there must be at least one (1) male on the court; if playing with five (5) players, at least two (2) males on the court at all times. **At no time, may a team play with the advantage of more males on the court than women.**
- F. **4's Volleyball** - the following combinations of players are acceptable to start and end a match: two (2) females and one (1) male; one (1) female and two (2) males; or two (2) females and one (1) male.

4. EXCEPTION TO RULES (TEAM COMPOSITION)

For men's and women's leagues, six players constitute an official volleyball team; however, a team may play with a **minimum of four players** only to avoid forfeiting a match.

5. EXCEPTION TO RULES (UNIFORMS)

It is highly recommended (but not required) that teams wear uniforms.

6. RULE 1, ARTICLE 4.2: PLAYING AREA

The service zone is extended to include the full width of the 9-meter area behind the end lines.

7. RULE 3, BALL

The inside pressure of the ball is reduced from 4.5 to 6.0 lb/sq in to 4.3 to 4.6 lb/sq in. The reduced pressure is another attempt at allowing the defense to keep the ball in play by reducing the rebound of the ball on reception.

8. RULE 4, ARTICLE 2: PLAYING THE BALL - SIMULTANEOUS HITS

When two or more teammates touch the ball simultaneously, it is considered one contact. Any player may play the ball next providing it is not the third team contact.

9. RULE 5, ARTICLE 3.1: JEWELRY PROHIBITED

If a ring, other than flat wedding band, cannot be removed, it shall be taped. Padding or a covering may be necessary for casts, braces or prosthetic limbs. The wearing of a cast or protective brace on the lower extremity is permissible provided there are no exposed metal or other hard or abrasive parts. Prosthetic limbs may be worn and it is suggested that a medical statement be obtained stating that the limb is no more dangerous to the player or other participants than a corresponding natural limb.

10. RULE 8, ARTICLE 1: CHOICE OF TEAM AREA OR SERVE

The team winning the toss of the coin for the serve has its choice of first serve or playing area. The team choosing the first serve will serve first for the first and third games of the match.

11. RULE 10, PLAYERS POSITIONS

Each front-row player must have at least a part of a foot closer to the centerline than both feet of the corresponding back-row player. Each right (left)-side player must have at least a part of a foot closer to the right (left)-sideline than both feet of the center player in the corresponding row. The server is exempt from the application of this rule.

12. RULE 10, ARTICLE 2: ROTATION ON SERVICES

The team receiving the ball for service shall rotate one position clockwise before serving.

13. RULE 10, ARTICLE 3: POSITION FAULTS AT SERVICE

If a team has served out of order, the team loses the service and any points gained while serving out of order, if it is discovered before the opponents serve. The players of the team at fault must immediately resume their correct positions on court.

14. RULE 11, SUBSTITUTION OF PLAYERS

Time allowed in determining if an injured player can continue in game extended from 15 to 30 seconds. This additional time allows for a better assessment of the player's injuries.

15. RULE 14, ARTICLE 4: CHARACTERISTICS OF THE HIT

The ball may touch any part of the body. The ball must be hit. The ball may touch various parts of the body provided the contacts are simultaneous. During the first hit of the team, the ball may contact various parts of the body consecutively, provided that the contacts occur during one action.

16. RULE 16, ARTICLE 3: PLAYERS AT THE NET - CENTER LINE

Players are now permitted to penetrate the opponent's court beyond the center line with the hand as well as the foot provided some part of the penetrating hand or foot remains either in contact with or directly above the center line.

17. RULE 17, ARTICLE 5: SERVICE

The service shall take place immediately after the referee's whistle. The server shall initiate the serve by hitting the ball with the hand or any part of one's arm. The server shall not unnecessarily delay the serve, or serve before the referee indicates it by the whistle. If a player serves before the referee's whistle, the service is canceled and a re-service will be directed. Approximately eight seconds is allowed after the whistle blows to serve.

18. RULE 17, ARTICLE 7: SCREENING

The players of the serving team must not screen the opponents from seeing the server or the path of the ball. A player of the serving team makes an individual screen if player waves arms, jumps or moves sideways when the service is being executed and the ball is served over that player. A team makes a collective screen when the server is hidden behind a group of two or more teammates and the ball is served over them.

19. RULE 18, ARTICLE 4: ATTACK - HIT FAULT

Commentary on attack - hit fault and a blocking fault committed simultaneously will result in a double fault.

NOTE: Tipping is permitted if the contact is brief. Attack-hit is completed the moment the ball completely crosses the vertical plane of the net.

20. RULE 18, ARTICLE 3: BACK ROW PLAYERS ATTACK HIT RESTRICTIONS

A back row player may carry out an attack-hit from front zone if at the moment of the contact any part of the ball is below the top of the net.

21. RULE 19, BLOCK

- A. If the ball is touched by the blocker, it will not count as a hit. The team will have three hits. Any player participating in a block shall have the right to make the next contact with the ball and shall be considered the first hit.
- B. Blocking is permitted by any or all the players of the front line only. Any player is considered as having intention to a block if any part of the body is placed above the height of the net in a position at the net. Block has to be contacted to be counted as a block.
EXCEPTION: (Coed Leagues only – One male player in the front line) One male back-row player may be forward of the attack line for the purpose of blocking.
- C. No blocking on the opponent's service.

22. RULE 13, DECISIONS AND PROTESTS

ARTICLE 1: AUTHORITY OF THE REFEREE:

Decisions based on the judgment of the referees are final and not subject to protest.

ARTICLE 2: PROTEST PROCEDURE:

Disagreements with interpretations of the rules must be brought to the attention of the first referee prior to the first service following the play in which the disagreement occurred. The playing captain or manager of the protesting team is the only player whom may lodge the protest to the first referee. Protest must be filed within 24 hours of the match at the Adult Sports Office with \$20.00. Report includes:

- A. Score of the game at the time of the protest.
- B. Number of time-outs prior to protest.
- C. Players' positions on court.
- D. Synopsis of the situation that caused the protest and the alleged rule violation or penalty improperly imposed.

SPECIFIC GYM RULES

Wedgewood Park International School - 6506 W. Warnimont Avenue

Due to the reduced court size, the server is allowed one step on or over the serving line when serving.

If a ball touches any part of the basketball hoops overhanging into the court (including nets, backboards or metal supports) replay the play ONLY if the receiving player has a legitimate chance to play it.

FOR COED ONLY: If a team cannot field the required ratio of male:female players on the court, an exception will be made IF the opposing team agrees to allow the team in question to play with a male advantage.

PLAYER CODE OF CONDUCT

- A. It shall be the responsibility of the manager to control the behavior of their players on the bench and on and off the field/park. Managers and players are responsible for their conduct from the time they reach the park until the time they leave.
- B. No person shall interfere with or in a manner hinder, threaten, harass, intimidate any participant or employee of Milwaukee Recreation. This includes affecting the enjoyment and betterment of the leagues. Conduct may lead to discipline up to and including removal from participation with Milwaukee Recreation programs.
- C. Derogatory remarks, profanity, obscene gestures, threats, etc. - directed toward any game official, Milwaukee Recreation employee, MPS staff, other players or spectators will not be tolerated. These infractions may lead to discipline up to and including removal from participation in Milwaukee Recreation programs.
- D. Fighting is defined as any attempt by a player or non-player to strike or engage anyone in a combative manner unrelated to the sport. Such acts include, but are not limited to, attempts to strike an opponent(s) with arm(s), hand(s), leg(s), or foot (feet), whether there is contact or not. Any player involved in a physical confrontation (fighting) will be ejected immediately and is subject to further disciplinary action.
- E. Deliberate throwing of equipment or items in anger or disgust will not be tolerated. This will result in immediate ejection from the game without warning and may lead to discipline up to and including removal from participation with Milwaukee Recreation programs.
- F. Arguing on the judgment of an official will result in a team warning. A repeat offense will result in the ejection of that player, manager or coach. The official's decision involving judgment calls is final.
- G. The manager is the only person to confer with an official on a disputed play. Such conferences must be kept to a minimum and will be conducted in a sportsmanlike manner. Constant arguing, harassment, or intimidation will not be tolerated and could mean ejection from the game and may lead to discipline up to and including removal from participation within Milwaukee Recreation programs.
- H. When a player, manager or coach is ejected, the following procedures will be followed:
 - a. The ejected player must produce a valid photo identification. The manager is required to comply with the official's request. Lack of cooperation from any manager or team in regard to such ejection may lead to discipline up to and including removal from participation with Milwaukee Recreation programs.
 - b. Ejected players are to leave the field/court of play immediately. This includes the player bench and the area around the bench. If necessary to control the game, officials have the authority to eject offenders from the park/gym. When ejected from the park/gym, they are to leave immediately. It is the manager's responsibility to see that the individual abides by such rules. If the manager is ejected, a team representative may fill in.
 - c. If a player is ejected and continues to harass the official, the manager will be warned to control their player's action. If the manager does not comply, the game will be forfeited. In any serious unsportsmanlike conduct incident such as teams fighting or complete loss of control of players by a manager, the official shall have the authority to forfeit the game without a warning.
 - d. Ejected players subject to discipline are notified of such action by the Adult Sports Office. The player disciplined has the right to a hearing if a suspension extends beyond three (3) games. Request for a hearing must be made to the Adult Sports Office within three (3) days of notification of such discipline if applicable.