

INDOOR VOLLEYBALL MANAGER'S HANDBOOK

Questions? Contact: Lauren Chumbley, Recreation Coordinator

Phone: 805-658-4738 **Email:** lchumbley@cityofventura.ca.gov **Fax:** 805-648-1030

LEAGUE DETAILS

	Season	Day of the Week	Location
Indoor Coed (multiple divisions)	Spring, Summer, Fall	Wednesday	Westpark Gymnasium

LEAGUE FORMAT

The City of Ventura Indoor Volleyball League currently utilizes an 8-game league format. Teams will play a guarantee of 8 games with the champion being declared by a post-season playoff.

All volleyball programs are self-officiated, but staff will be on site to help alleviate disputes. If a decision cannot be reached, the play will be replayed

Matches are 40-minutes long and transitions between games are very fast. Please warm up outside the gymnasium so you can begin as soon as possible. The clock starts for your match at the scheduled time whether or not teams are ready.

CLASSIFICATION GUIDELINES

Note: Please provide some information about the general skill level of your team after registering. The City of Ventura has the right to place teams in the league that suits the skill level of the players on the roster, and you will be placed in a division that best fits your team's ability level. The City of Ventura has the right to move teams from one league to another after the season begins, in an attempt to ensure leagues are competitively balanced. Division requests will be considered but not guaranteed.

Coed A Classification: Teams claiming this classification are new teams who have little experience playing organized volleyball and are brand new to the City of Ventura leagues. Some may be company, family or church teams. This is the lower of the two coed divisions.

Coed B Classification: Teams claiming this classification may have some experienced players but no tournament players on their roster. These teams may have participated in the leagues before. This is the higher of the two coed divisions.

REGISTRATION REQUIREMENTS

GENERAL INFORMATION

The City of Ventura requires each manager to complete a team roster and turn it into the Adult Sports staff at your first scheduled game. Registration must be paid in full to be eligible to participate. Rosters are limited to 15 players and signatures for each player must be obtained prior to their first regular season game.

Upon filing the roster, each manager agrees that they have read the rules and regulations and further agrees that they will conduct themselves and control their team in accordance with all policies, rules, and regulations.

LEAGUE & GAME DAY FEES

- **Complete registration fee:** \$150
- No additional fee, as this is a self-officiated league.

ROSTERS REQUIREMENTS

Each team manager will receive a manager's packet which includes all documents provided by the City of Ventura that must be signed by every player and returned to Adult Sports staff. This includes the participation agreement, code of conduct, and league rules. Each team is limited to 12 players.

TIE BREAKER PROCEDURES

- Winning percentage
- Head-to-head
- Head-to-head differential
- Total goals for
- Total points against
- Total points differential
- Lowest number of forfeits
- Coin toss

SCHEDULES & STANDINGS

Visit: www.teamsideline.com/ventura

PLAYOFFS

The playoffs will begin the week after the completion of the regular season and the schedule will be posted on Team Sideline.

MAKE UP GAMES & FORFEIT POLICY

WEATHER & UNFORESEEN EVENTS

Any cancelled games due to unexpected facility closures shall be made up at the end of the season. The cancelled games shall be replayed in the order of their cancellation the first week after the conclusion of the regular season. If time does not permit, City of Ventura Adults Sports staff has the right to waive the replay of games missed. Make-up games may be played on weekday evenings or weekend days or nights, depending on gym availability.

FORFEITS

If your team must forfeit a contest, you must report 24 hours ahead of your scheduled game time. You may call Lauren Chumbley 805-658-4738, or email lchumbley@cityofventura.ca.gov to confirm your forfeit. Failure to call or email may result in the forfeiture of the next game, and your team may be dropped from further league play.

PLAYER ADD, DROP & SUBSTITUTIONS

ADDS

All rosters are located on site at the Camino Real office. If you need to add a player to your roster, please find the adult sports staff on site and have the player sign your submitted roster.

Please note that a player must be present & signed in on the game day lineup for at least 3 games throughout the season to be eligible for playoffs. It is you and your team's responsibility to sign in each player on the blue game day line-up card at every game.

DROPS

If you have a player that is no longer playing for your team, please find the adult sports staff on site and remove them from your current roster.

SUBSTITUTIONS

If you are in need of a substitute for one or more games, but they are NOT joining your team, please mark "sub" on the blue game day line-up card next to their name.

FREE AGENTS

If you need more players on your team, you can request the "free agent" list from Lauren Chumbley, by emailing lochumbley@cityofventura.ca.gov.

You may not play for more than one team in the same division.

YOU CAN ONLY PLAY ON ONE TEAM PER DIVISION

If your team is in Division B, a player on your team cannot play for another team in Division B. You can play for another team in a different division.

Exception: If a team roster falls below five (5) roster players because of medical reasons, job transfer, work shift changes or any reasons making the player(s) in question unable to compete for the remainder of the regular season, the manager may appeal to the league coordinator to add a player(s) from the same division to bring the roster up to five (5) players. This exception applies to regular season games only. No additional players may be added for playoff games.

RULES

GENERAL RULES

These are guidelines to be used in coed volleyball. Every individual using these rules is responsible for prudent judgment with respect to each contest, athlete and facility, and each athlete is responsible for exercising good sportsmanship.

Teams will consist of 3 men and 3 women on the court; however, a game may be started with 4 players present but 2 must be female. At no point can a team have more men than women on the court. However, a team can have more women than men. The Home Team for each game will have the choice to either select serve or receive for game #1. The Away Team will choose to either select serve or receive for game #2. If a third game is played, the Home Team will have the choice to select serve or receive.

USVBA rules will apply with the following changes: A match will consist of the best of 3 games to 25 points with a third game being played to 15 points if needed. In rally-point scoring, teams can score a point every time the ball is served, by either team. If a serve hits the net and goes over, it is a live ball. A team must win by

2 points, but there will be a hard cap of 30 points for the first two games, and 20 points for the third. The teams will not switch sides during any individual game but will switch sides after each game.

Players will rotate one position clockwise when there is a side-out to the serving team. Teams may substitute players any time in between points, but players can only be subbed back in for the player who replaced them in the original line up. A woman must handle the volleyball whenever a ball is hit more than once and then goes over the net to the other team. A volleyball that hits an overhead obstruction may be kept in play by the offending team, other than on a serve. However, if a ball hits a wall, it is a dead ball.

When one male player is in the front row at the service, one male back row player may be forward of the attack line for the purpose of blocking but may not attack the ball.

There are no re-serves. Once a player tosses the ball to hit it, they must attempt to hit the ball over the net. Players have 30 seconds after the previous point ends to attempt their next serve. The players may serve underhand or overhand. The receiving team cannot attack the serve over the height of the net back to the serving team (no blocking or hitting the serve on the first hit).

This is a self-officiated league. All calls will be made by participants and should be made with the utmost integrity of the sport in mind. If there is a disputed call that the two teams cannot come to an agreement upon, the play shall be replayed. There will be staff on site to help settle disputes and provide input if requested, however, staff are not there to serve as an official.

All players will check in with Adult Sports Staff before each game. If any player is caught without checking in or claiming to be a different person at check in, they will be suspended for the game and be forced to leave the gymnasium. All players must check in for at least 3 regular season game to be eligible for the playoffs.

Matches will be played first to win 2 games. If time runs out mid-game, whichever team is ahead in points when time runs out will take the win for that game. If time runs out during the 2nd game and both teams have won 1 game, the game will be listed as a tie on Team Sideline.

JERSEYS

Jerseys are not provided but are welcome to wear in the league as long as they do not contain inappropriate language or images.

JEWELRY

To prevent potential injuries, jewelry such as wrist watches, bracelets and neck chains, may not be worn by any player.

EQUIPMENT POLICIES

BALL POLICIES

Volleyballs are provided, but you are welcome to bring your own game ball if you prefer.

SETUP & BREAKDOWN

Participants are encouraged to help set up and take down volleyball equipment at the beginning and end of the night

CODE OF CONDUCT

The following Code of Conduct for the City of Ventura Softball leagues shall immediately be in effect. The City reserves the right to interpret any rule in accordance with the philosophy and goals of the Adult Sports

Program and the City of Ventura. It is the responsibility of the team manager to enforce and abide by the following Code of Conduct. Team managers shall be responsible for the conduct of their players and fans associated with their team, before, during and after their game.

Depending on the severity, frequency and circumstances related to an infraction, a sequence of progressive disciplinary action may be used at the discretion of the City of Ventura Adult Sports Staff. It should be noted that any step(s) in the discipline process might be passed or eliminated in applying disciplinary action. The progressive discipline process may progress as follows:

1. warning to team manager or player
2. team member or fan removed,
3. player or team suspended from the league. Rules of the game and any misconduct violations relating to the field of play shall be enforced by the on-site umpire.

Any player committing a Major Infraction listed below will immediately be ejected from the game and will not be allowed to play or attend games for (1) calendar week and will be required to leave the field of play.

An email will be sent to the manager of the team, notifying them of the suspension and the date the suspended player may return to league. Progressive disciplinary action may be taken with repeat offenders.

MAJOR INFRACTIONS

Physical Contact with Official, Player or Fan: No team member shall at any time lay a hand on, push, strike or threaten to strike an Official, Staff, Player or Fan.

- **Penalty:** Any physical contact against another person in an aggressive manner, before, during or after a league game will result in immediate ejection and suspension from all league play. Major Infractions, involving physical contact usually result in year-long suspensions.

Verbal Abuse/Objectionable Demonstrations: Players shall not verbally abuse any City of Ventura Official, Staff, Player or Fan for any reason. Players shall not make objectionable demonstrations or inappropriate gestures.

- **Penalty:** Immediate ejection and suspension from game. This violation results in an automatic (1) week suspension from league play. Progressive disciplinary action may be applied with repeat offenders.

Unnecessary Rough Play: Players shall not use unnecessarily rough tactics during the game against any other player or be guilty of physically aggressive play.

- **Penalty:** Immediate ejection and suspension from game. This violation results in an automatic (1) week suspension from league play. Progressive disciplinary action may be applied with repeat offenders.

Consumption of Alcohol While on Premises: The consumption of alcohol in City of Ventura Parks is NOT permitted and is punishable by law. The City of Ventura strictly bans the consumption of alcohol during games. Teams with player(s) consuming alcohol will forfeit games.

Appeal Process: A participant shall have the right to appeal a suspension greater than one week by notifying the City Adult Sports Supervisor in writing within 3 days of the suspension. City staff will review the appeal within 3 days of receipt of the written appeal. Participant will remain suspended until appeal has been reviewed.

ADULT SPORTS LEAGUES - CODE OF CONDUCT

In order to provide an atmosphere of fun and sportsmanship, certain regulations are necessary and must cover all who are connected with the program. Violations of these simple acts of good sportsmanship and common courtesy will not be permitted to impact the program. The following regulations should be kept in mind and no person, player, manager, coach, or others in the program should be in violation of the following:

Consuming alcohol before participating or while participating in an athletic contest. Officials are required to immediately remove player(s) from the game, or if observed prior to game, prevent that person from playing.

Intimidating or aggressive action toward an official, spectator or other player will not be allowed.

A physical attack on an official, spectator or other player will not be allowed. Officials are required to immediately eject the player and report such player to the League Coordinator.

No profane, obscene, derogatory or racial remarks to an official, spectator or other player, or speak in such a manner as to cause a disturbance will be allowed. Officials are required to immediately eject such a person from the game.

Participants shall abide by the official's final decision. Officials are required to immediately eject the player from further play and report such player to the League Director for failure to comply with the decision. Only managers have the opportunity to speak with the official to protest a decision.

Participants shall not use flagrant rough tactics in the play of the game against an opposing player. Officials are required to immediately eject the player from further play and report such player to the league coordinator.

Participants (managers, players, coaches, etc.) at no time shall falsify their own name or any other player's name on a team roster or scorecard to participate in a game.

There shall be no illegal players participating in any athletic contest.

Any participant (manager, player, coach, etc.) ejected from two contests during the season shall be suspended. League Coordinator will determine if further action is needed.

A player, manager, coach, or team spectator ejected or removed from an athletic contest must leave the facility within two (2) minutes. The team manager will be responsible to remove the offender within the same two (2) minute period or forfeit the game. The person(s) will be completely removed from the game facility and under no circumstances may come back.

The league coordinator may discipline and/or suspend teams, players, or managers for incidents not specifically covered in this handbook and the code of conduct, but which might constitute poor conduct and/or are considered detrimental to the sports program and the City of Ventura Adult Sports Program

PARKS & RECREATION CODE OF CONDUCT

See document for City of Ventura Parks and Recreation Code of Conduct.
www.cityofventura.ca.gov/ParksRecCodeofConduct

DROP-IN GRASS VOLLEYBALL

LEAGUE DETAILS

	Season	Day of the Week	Location
Drop-In Grass	Summer, Fall, Spring	Friday (Night)	Camino Real Park

GENERAL INFORMATION

All games will be played at Camino Real Park, past the softball fields

All games are self-officiated, but staff will be on site to help alleviate disputes

No Drinking of Alcohol during the game. If any member of your team is caught drinking your team will automatically forfeit your game. Game fees will not be returned to teams who forfeit games for breaking this policy

This is a drop-in program. There are no designated teams. Participants will be responsible for organizing teams each day and adjusting them as players arrive and leave throughout the session

Please help with set up, equipment will be provided but staff cannot set up alone. Please help set up and breakdown the equipment, and return to staff at the end of the night

REGISTRATION REQUIREMENTS

All participants are required to register as individuals before participating in the program. To sign up, call 805-658-4726, or visit www.cityofventura.ca.gov/register and search “volleyball”. All participants are also required to sign in on the check-in form at the fields each day.

RULES

This is a participant-run, self-officiated program. All disputes must be resolved by participants. If there are rule questions, there will be staff on site to help settle disputes. Participants will be required to help set up and take down volleyball nets at the beginning and end of the night, and then report to staff once the equipment has been taken down.

Participants are responsible for choosing their style and/or format for play (4 v 4, 5 v 5, 2 v 2, etc...), and for making teams.

See document for City of Ventura Parks and Recreation Code of Conduct.

www.cityofventura.ca.gov/ParksRecCodeofConduct

ATTACHMENT A - CODE OF CONDUCT

The City of Ventura Parks & Recreation Department strives to provide a safe and enjoyable environment for participants in city programs, services, and when using city facilities. With this in mind, the following rules of conduct have been established for the comfort, safety, and protection of all patrons and city staff.

PLEASE DO:

1. Conduct yourself in a manner that is respectful to other patrons, participants, and staff.
2. Follow all posted and written rules along with verbal rules and directions provided by staff.
3. Follow all program, facility, and park specific rules and guidelines.
4. Respect all city property and the property of other patrons.
5. Check with staff prior to using any city equipment or rooms.
6. Secure all personal belongings. The city is not responsible for lost, damaged, and/or stolen items.
7. Dress appropriately for a public place. This includes wearing a shirt/top, pants/skirt/shorts, and shoes at all times (except when visiting the Ventura Aquatics Center).
8. Clean-up after yourself including putting all trash and recyclables in the proper receptacles.
9. Promptly notify staff of any hazards, problems, or Code of Conduct violations.

PLEASE DO NOT:

1. Engage in disruptive behavior that endangers yourself or others.
2. Engage in conduct that damages or defaces any property.
3. Use profanity, offensive, intimidating, or demeaning language.
4. Engage in abusive or harassing behavior.
5. Smoke or use tobacco (in any form) inside buildings, breezeways, sidewalks, or on park grounds.
6. Consume or be under the influence of drugs, alcohol, or any other intoxicating or illegal substance while at a facility or participating in a program or activity.
7. Play audio equipment at a volume that disturbs others.
8. Bring animals (except service animals) into a facility or leave animals unattended outside the facility.
9. Use the restroom for the purpose of shaving, bathing, hair cutting, washing clothes, or other such uses it is not intended for.
10. Leave young children unsupervised.
11. Use any type of photographic equipment, including cell phones, in city locker rooms or restrooms.
12. Camp or sleep at city facilities or park grounds.
13. Bring weapons of any kind, even with a permit, to a city facility, program, or park grounds.

CODE OF CONDUCT VIOLATION POLICY

The city may impose sanctions, including but not limited to those listed below, for any code of conduct violation(s).

1. Verbal Warning
2. Written Warning
3. Suspension from Facility and/or Program
4. Temporary or Permanent Expulsion from Facility and/or Program

Please note, based on the severity of the Code of Conduct violation, the Ventura Police Department may be called, and legal action taken.

**CITY OF SAN BUENAVENTURA, PARKS & RECREATION DEPARTMENT
RELEASE AGREEMENT FOR ALL PARTICIPANTS**

CITY OF SAN BUENAVENTURA RELEASE AGREEMENT IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE OR USE ANY CITY FACILITIES IN CONNECTION WITH THIS ACTIVITY, THE UNDERSIGNED AGREES TO THE FOLLOWING:

1. COVID-19 NOTICE AND ACKNOWLEDGMENT: Although the City of San Buenaventura Parks and Recreation Department is following all County of Ventura, State of California, and CDC Guidelines, the undersigned acknowledges that he or she may still be exposed to COVID-19 during participation in this activity. The undersigned agrees to not participate in activities put on by the City or use any City facility if he or she has experienced a temperature of 100.4 degrees Fahrenheit or greater or any other symptoms of COVID-19, listed at <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>, within the 24 hours prior to participation in the activity or use of the City facility. The undersigned further agrees to not participate in activities put on by the City or use any City facility if he or she been exposed to COVID-19 or has a member of their household that was exposed to COVID-19 within the past 14 days. The undersigned acknowledges that City staff or volunteers may conduct wellness screenings of the undersigned prior to the undersigned's participation in activities or use of City facilities and that failure to undergo the screenings may result in the denial of entry to or participation in a City facility or activity.

2. THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE THE CITY OF SAN BUENAVENTURA, ITS EMPLOYEES, OFFICERS AND AGENTS (hereinafter referred to as "releasees") from all liability to the undersigned, his or her personal representatives, assigns, heirs, and next of kin for any loss, damage, or claim therefore on account of injury, contraction of illness, including any form of the coronavirus, to the person or injury to property of the undersigned, whether caused by any negligent act or omission of the releasees or otherwise while the undersigned is participating in a City activity or using any City facilities in connection with the activity.

3. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND HOLD HARMLESS releasees from all liability, claims, demands, causes of action, charges, expenses, and attorney fees (including attorney fees to establish the releasees right to indemnity or incurred on appeal) resulting from involvement in this activity whether caused by any negligent act or omission of the releasees, or any loss, damage, or injury, including death, that is sustained from any communicable disease (including, but not limited to any form of the coronavirus, or anything emanating from or related to a coronavirus), or otherwise.

4. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE while upon City property or participating in the activity or using any City facilities and equipment whether caused by any negligent act or omission of releasees or otherwise, or any loss, damage, or injury, including death, that is sustained from any communicable disease (including, but not limited to any form of the coronavirus, or anything emanating from or related to a coronavirus). The undersigned expressly agrees that the foregoing release and waiver, indemnity agreement and assumption of risk are intended to be as broad and inclusive as permitted by California law and that if any portion thereof be held invalid, notwithstanding, the balance shall continue in full legal force and effect.

I ACKNOWLEDGE THAT I HAVE READ THE FOREGOING and that I am aware of the legal consequences of this agreement, including that it prevents me from suing the City or its employees, agents, or officers if I am injured or damaged for any reason as a result of participation in this activity. I further acknowledge that no oral representations, statements, or inducements have been made. I give permission to the City of San Buenaventura Parks and Recreation Department to use my image or my child's, filmed during program activities, to promote its services and programs. I understand the photograph belongs to the City and I will not receive payment of any kind.

**CITY OF SAN BUENAVENTURA, PARKS & RECREATION DEPARTMENT
RELEASE AGREEMENT FOR ALL PARTICIPANTS**

Program Name: _____ **Program Dates:** _____

I agree to the terms and conditions of the CITY OF SAN BUENAVENTURA RELEASE AGREEMENT in consideration of being permitted to participate or use any city facilities in connection with this activity on behalf of myself.

1. Participant: _____ Signature: _____ Date: _____
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