

# BASKETBALL COACH

## INFORMAL GUIDE

### CHECK YOUR EMAIL

All essential information and communication will be sent to the email address you provided during registration. Please keep an eye on your email to ensure you don't miss any important updates. If you are not receiving emails, please contact the Recreation Department.



### COMMUNICATE

Engage with parents through text or chat; some coaches prefer text messages, while others opt for chat applications (Gamechanger, TeamReach, ect) . Make sure to connect before the season begins to introduce yourself, schedule practices, etc.



### TEAM BUILDING

Encourage teamwork among both players and parents. Some teams have a system where each parent takes turns bringing post-game snacks every week.



### HYDRATE:

Encourage your players to bring water bottles to all practices and games. Some parents and coaches choose to bring a cooler with water or ice.



### CODE OF CONDUCT

Coaches must ensure that players and their parents sign a code of conduct found in the coach packet and submit these forms to City Hall. This code sets expectations for fair play, respect, and sportsmanship for players, coaches, parents, and spectators, with coaches serving a crucial role in modeling and educating players on good sportsmanship.



### PICTURE DAY

Picture day will be at Escalon High School's old gym on Saturday, February 1st. Parents will receive a link to view and order pictures, with the option for direct shipping. Please remind parents to check proofs for accuracy. Head coaches will receive team picture plaques, and all coaches and assistant coaches will get a free buddy picture. No order needed for coaches, their plaques and buddy pictures will be distributed alongside player certificates.



## PRACTICES

Players will have 15 minutes to practice before each game. Since Latta Park on Oklahoma Street is the only park in Escalon with a basketball court, weekly practices are not required. However, coaches have the option to hold practices if they wish.



## UNIFORMS

Every player will be provided with a reversible jersey by the City Recreation Department, which is included in the registration cost. Pants should not be the same color as the flag belts and should have no pockets.

Players may wear undershirts, sleeves, tights, wristbands, and headbands in black, gray, white, or the jersey's predominant color. Undershirts must be a solid color with matching sleeve lengths and no frayed edges. Black sole shoes that scuff are not allowed.



Coaches should distribute the uniforms to players based on the sizes listed on the roster provided.

## GAME DAY

Arriving early at the designated location is crucial, and it's advisable to motivate players to arrive early for warm-up sessions before the game.

Ensure that your players are ready and appropriately attired with jerseys tucked in, and appropriate footwear. Keep in mind that jewelry is not permitted during games for safety reasons.



## CERTIFICATES

At the end of the season, every player will be awarded a certificate of participation. Coaches can pick up the certificates from City Hall once they are ready and hand them out to their players.



While some teams may organize an end-of-season event, it is at the discretion of each coach and their team to decide whether to hold one.



For questions:

City of Escalon - Recreation Division - (209) 691-7372 - [recreation@cityofescalon.org](mailto:recreation@cityofescalon.org)