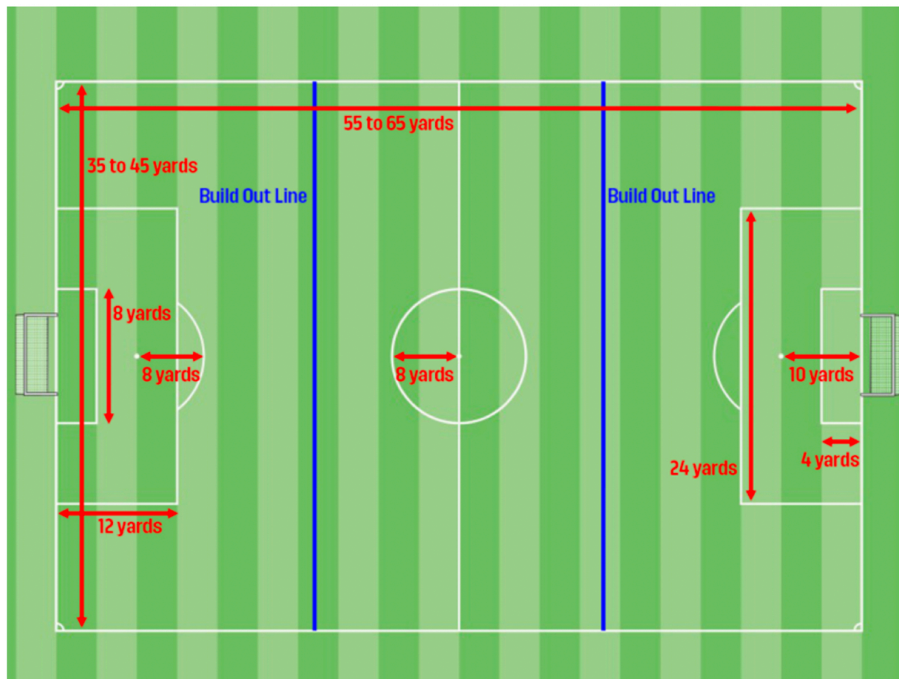




## SCAL Soccer Rules

**SCAL will be playing 7v7 soccer for all games - middle school and elementary.** The league payment is \$100 per MS team and \$75 per Elem team.

**Field Set Up:** The playing field is 45-60 yards in length and 35-45 yards wide. The goals are 6'h x 12'w.



**Ball Size:** Middle school will play with a size 5 and elementary will play with a size 4.

**Required Equipment:** Each player must have cleats, shin guards, and mouth guards to take the field. It is optional to have goalies in an actual goalie jersey with gloves. Goalies must also have a different colored jersey from the color of your team or wear a pinnie.

**Number of Players:** Each team can have seven players on the field. However, a team may start with a minimum of six players, but each team would need to play equal strength. If co-ed play, at least 1 girl must be on the field at any one time.

Elementary: Co-Ed (3,4, 5th graders)

JV: Co-Ed (no 8th graders)

Varsity: Co-Ed (6,7, 8th graders)

**Duration of the Game:** Each game will consist of two 20 minute halves, with a 5 minutes half-time.

**Kickoff / Start of Play:** For a legal kickoff the ball may be kicked in any direction. Kickoffs are direct (a goal can be scored from the kick off). The kicker may not play the ball until it has been played by another player on either team.

**Rules of the Goalkeeper:** The goalkeeper may (1) Throw the ball; (2) Roll the ball; (3) Place the ball down on the ground and kick it; (4) Drop kick the ball in the air or (4) Punt the ball but it must land on their own defensive half and be touched by another player before crossing the midfield line.

**Goal Kicks:** Goal kicks are placed on the goal box, and must be kicked out of the penalty box before another player touches it.

**Throw-ins:** A throw-in is awarded when a ball is kicked out from the sideline.

**Free Kicks:** The distance the defending players must be away from the ball until it is kicked is the same as the radius of the center circle. A goal can be scored from a direct free kick.

**Penalty Kick:** The penalty mark is ten yards from the center of the goal line and those players other than the kicker and defending goalkeeper are at least eight yards from the penalty mark. The distance of ten yards from the center of the goalmouth for the penalty mark fits within the reduced dimensions of the penalty area and is a reasonable distance for the kick. All fouls are direct kicks.

**Corner Kick:** The distance the defending players must be away from the ball until it is kicked is the same as the radius of the center circle.

**Handball Clarification:** Deliberate handling of the ball that denies the opposing team a goal or an obvious goal scoring opportunity will result in the following: a direct or indirect kick according to the FIFA rules. The ruling about the handball and whether it was intentional or accidental is left to the discretion of the referee.

**Offsides:** There are no offsides in 7v7 soccer.

**Slide Tackles are prohibited in this league. Heading the ball is only permitted at the middle school level.**

**Tie Breaker:** There will be a 5 minute “golden goal” overtime with the first goal scored resulting in a win. If no one scores in the 5 minute add on period, then a 3 shot tie breaker will be conducted. Each team will provide 3 different players to each attempt one shot each from the penalty kick location. A coin flip will decide which team starts the tie breaker. If the teams are still tied after the 3 kicks then the match will end in a tie. A regular season game may result in a tie score.

**Referee:** A single referee will be assigned to each elementary game. Payment for the official is \$75 per game.

**Coaches:** Coaches and assistant coaches should remain on the side-line and not enter the field of play during a game unless called on by the referee.

**Uniforms:** All players will be required to wear a matching jersey or shirt with a readily identifiable number on it. Any visible undergarment must be the same color as the main color of the uniform top. No jewelry may be worn during the match or warm ups.

**Number & Gender of Players:** Both elementary and middle school teams will consist of a co-ed team with seven players on the field (**at least one of which must be a girl**).

**Sideline Management:** All non-playing members and assistant coaches shall be seated on the bench throughout the match. The head coach may stand and coach on the sideline near their bench. If yellow carded, the head coach must sit the remainder of the match. (Exception: When a coach stands to ask for a substitute or time-out, during a time-out, or a coach compliments their team's play.)

**Protesting a player's eligibility:** if a protest is warranted, it should be done prior to the start of the game. If a player arrives late he/she is still eligible for protest up until half time.

**Coach / Player Behavior:** In the event a coach or player is given a red card, that player or coach will be removed from the current game immediately and will be ineligible for the next game as well.