



Middle School Sports Basketball Game Rules

- The game will begin with a Jump Ball. For the remainder of regulation play, all other held ball situations or start of the second half, possession will be determined by which team has the possession arrow (alternate possession each jump ball). Upon completion of the throw-in the arrow should change direction.
- Teams receive four (4) time-outs per game, which may be called at any time. The clock will stop during the time-out. All Time-out will be one (1) minute in length.
- Profane language and unsportsmanlike behavior (taunting ect...) will be penalized with a technical foul (which counts as a personal foul on offending player)
- Technical Fouls- All technical fouls will carry a penalty of a two point award (no free throws shot) and the ball out-of-bounds for a throw-in at the division line opposite the score table. Exception: Following a double technical foul the ball is put back in play from the point of interruption. Two technical fouls on a person will result in automatic ejection. The second technical foul is always judged to be flagrant. Three unsporting technical fouls on any team will result in immediate forfeiture.
- Any Defense is allowed, although we encourage all teams to play person to person defense, as a method to best teach basic defensive principles.
- Full court press is allowed for the last minute of the game unless there is a 15-point lead then NO press is allowed.
- Games will be played with Two 20 minute halves. The clock will only stop for time-outs and technical fouls for the first 19 minutes of each half. The clock will stop during the last one (1) minute of each half for all violations.
- Halftimes will be 5 minutes in length.
- Each player MUST play at least $\frac{1}{4}$ of the game. No exceptions.
- Over time, if necessary, will be 3 minutes in length. The clock will stop only for the last minute on all dead balls.

- No Dunking is allowed. If a player attempts a dunk and grabs the rim it will result in a technical foul.
- Total team fouls will be counted each half. Team fouls reset after the first half.
- Bonus- Beginning with the 7th team foul in each half, teams will shoot the “Bonus” (1+1)
- Beginning with the 10th team foul in each half, Teams will shoot 2 shots for all fouls committed.
- Coaches must follow the “seat belt” rule...standing during the game is not permitted; please coach from sitting down on the bench.
- Only 2 coaches are allowed on the bench for each game.
- The scoreboard will be cleared and the clock will run if there is a lead of 30 points. The clock will only stop with time outs.
- **All other rules will be governed by WIAA High School Rules**
- SPORTSMANSHIP
 - Each player, coach and parent should exhibit good sportsmanship throughout the season.
 - Any questions regarding rules and regulations of the league can be directed to the officials in a non-threatening manner.
 - Yelling at referees, coaches and/or players will not be tolerated.
 - During each practice there should be time for the coaches and players to discuss teamwork and sportsmanship.
 - Communicate to your players that good sportsmanship is an important part of the program.