

Catholic Charities CYO Athletics

CYO Athletics serves the needs of all youth in the Archdiocese of San Francisco, reflecting the diversity of the community in Marin, San Mateo, and San Francisco counties. The mission of Catholic Charities CYO Athletics program encourages the healthy growth and development of the whole person by helping young people practice and live Christian values of respect, love, and compassion through sports.

The intention of introducing prayer into CYO Athletics is to more deeply promote the mission of CYO Athletics. CYO Athletics helps young people integrate their physical, intellectual, emotional, and spiritual strengths. We believe that sports is not just about the final score but about the formation and dignity of the whole person. The use of prayer enhances the overall well-being of the young athletes by helping to put sports into a broader perspective - emphasizing not only the number of games won or lost, but impacting participants' attitude in victory or defeat.

Game Prayer

God, we pray that our hearts be open to see your presence in and through sports:

We pray for athletes...
who, through sports develop character and values.

We pray for coaches...
who place players before winning and value sportsmanship.

We pray for parents...
who love their children for who they are, not for how they perform.

We pray for officials...
who inspire fair play.

We pray in God's name.

Amen.