

# **CITY OF WACO**

## **YOUTH BASKETBALL DEVELOPMENTAL LEAGUE RULES**



Coaches are expected not only to balance playing time but also to involve all players in the offense; every player should get a chance to dribble and shoot in every game.

The referee is an extension of the coach and is instructing as well as encouraging the children. If any player, coach, or parent insists on arguing with the referees, a technical foul may be called. Please keep in mind and remember that yelling at the officials is not a value we want to teach our children.

Maximum number of players on the court at any one time is 5 from each team.

The goal height will be 8 feet.

The ball size will be 27.5.

**League standings will not be kept for the Developmental League.**

### **GAME RULES**

#### **1<sup>st</sup> Quarter Skills Competition**

Each team will have players dribble in and out of cones and the first team to finish gets 1 point.

Each team will have each player start at the base line and dribble with the right hand to the half court line and dribble back to the base line with the left hand. The first team to finish gets 1 point.

#### **2<sup>nd</sup> Quarter Skills Competition**

Each team will pair players up and will chest pass the ball from base line to half court line and back to base line. First team to finish gets 1 point.

Each team will pair players up and will bounce pass the ball from base line to half court line and back to base line. First team to finish gets 1 point.

#### **Halftime Parents Shootout**

Coaches will choose 5 parents from each team to shoot two free throws. These points will be awarded to their team.

#### **3<sup>rd</sup> & 4<sup>th</sup> Quarter Play Ball**

**Teams will wear armbands for the first half of the season.**

1. Games are composed of four 6-minute quarters (clock will not stop).
2. Each team will have 5 players per side on the court.
3. Only **One coach per team** will be allowed on the court during the game.
4. Each team has 2 timeouts per half.
5. To call a time out, a team must have possession of the ball or have a dead ball situation.
6. One minute between Quarters, all timeouts will be 1 minute, and half time will be 5 minutes.
7. There will be a "no steal" rule in effect when the offensive team is dribbling or passing the ball.
8. Lane violations will not be called.
9. There will be no double-teaming.
10. The ten-second rule will not be in effect when bringing the ball up the court.
11. Backcourt violations will not be called.
12. All throw-ins are free ins for the offensive team.
13. In case of a foul, the ball will be taken out of bounds. We will not shoot any free throws.
14. The game should end with both teams shaking hands.

### **GENERAL RULES**

1. Wearing shorts below the waistline, "Sagging", will NOT be tolerated during games. Skid resistant shoes must be worn.
2. Jewelry is not allowed during games.
3. On game days, players should report to their game session and sit in the bleachers until the coach calls them to begin game. **Leave personal basketballs at home – no outside balls will be allowed inside the facility. Game balls will be provided at each facility.**
4. Jerseys must be tucked in shorts for the duration of each game.
5. Exits should remain clear at all times.
6. Loitering or talking in the area of the score table is strictly prohibited. Only staff are allowed at the score table!
7. Protests on eligibility must be brought to the attention of the scorekeeper before game time has expired. A \$50 protest fee and written statement must be submitted within 48hrs to the Athletic Office.

*Players should report to the gym only on assigned practice and game days.*

*Note: Teams are only allowed to practice in assigned gyms on designated days. Each team is guaranteed one (1) hour of practice per week in one of the City of Waco's recreation centers.*

### **COACH CONDUCT**

1. Profanity by any coach is cause for immediate ejection and an automatic one game suspension from coaching and from entering facility and will be reinstated only after review by the League Administrator.
2. No coach is allowed at the score table until an official time-out.
3. Bench area may **ONLY** consist of two (2) coaches and the players on the team. Any team that has more than 2 coaches or persons other than players on the bench will be asked to leave the bench area during the duration of the game.
4. **All coaches are required to submit and pass a criminal background check.** (Email [athletics@wacotx.gov](mailto:athletics@wacotx.gov) your First and Last name, Team you will be coaching or state you would like to be a volunteer coach for one our City League Teams.) Anyone assisting with practices or games must submit to a criminal background check.

### **POINTS OF EMPHASIS**

*As coaches and parents, we assume the responsibility of doing everything possible to ensure that the youngsters we are charged with have a fun, safe and meaningful time, in every aspect of their sports experience.*

- Drinking alcoholic beverages in or on City of Waco property or facilities utilized for city programs is prohibited. This includes the parking lot.
- Abusive language from players, coaches, parents and spectators will not be tolerated. Any person removed from a facility for these actions will face an automatic one-week suspension pending review by the League Administrator.
- Anyone exhibiting unsportsmanlike conduct is subject to removal from the facility and further suspension from said facility to be determined by the League Administrator.
- Coaches and parents should set a good example for the players by showing restraint in their disagreements with officials.
- Any coach not conducting him or her in a positive manner is subject to removal from the program.
- Please follow all facility rules while in each facility.
- Please keep an eye on your children for safety purposes and do not allow them to deface city property.