

Code of Conduct

All players, coaches, parents, and spectators must agree to the following code of conduct to participate in the Jr Lancers Football and Cheer.

I, (Name) _____, agree to abide by the following code of conduct:

1. I will exhibit good sportsmanship and respect towards my teammates, coaches, opponents, officials, and fans.
2. I will demonstrate responsibility and maturity in all my actions, both on and off the field.
3. I will not engage in any behavior that is harmful or dangerous to myself or others, including the use of drugs, alcohol, or tobacco.
4. I will not discriminate or harass anyone based on race, ethnicity, religion, gender, or any other characteristic.
5. I will be punctual and prepared for all games, practices, and team events.
6. I will respect the decisions of the coaches and officials and refrain from arguing or complaining during games.
7. I will show respect for the rules of the game and not engage in unsportsmanlike conduct.
8. I will be a positive role model for my teammates and younger players.

By signing this form, I understand that any violation of the code of conduct may result in disciplinary action, including but not limited to, suspension from the team or expulsion from the organization.

Safety Policy

The Jr Lancers Football and Cheer is committed to providing a safe and healthy environment for all players, coaches, and spectators. The following safety policies are in place to ensure the well-being of all participants.

1. **Equipment and Facilities:** The organization will ensure that all equipment and facilities used for football activities meet safety standards and are properly maintained. Players will be required to wear the appropriate protective equipment, including helmets, shoulder pads, and mouth guards.
2. **Injury Prevention and Management:** Coaches will receive training on injury prevention and management, and the organization will have a designated medical professional on site for all games and practices. In the event of an injury, the medical professional will assess and treat the player, and the player's parents will be notified.
3. **Concussion Management:** The organization has a concussion management protocol in place to prevent and manage concussions. Coaches and players will be educated on the signs and symptoms of concussions and the steps to take if a concussion is suspected. Players will not be allowed to return to play until they have been cleared by a medical professional.
4. **Reporting of Safety Concerns:** The organization encourages the reporting of any safety concerns, and all reports will be promptly investigated and addressed. Players, coaches, and parents can report safety concerns to the organization's designated safety officer.
5. **Weather Safety:** The organization will monitor weather conditions and will cancel or reschedule games and practices if conditions pose a risk to player safety.

The Jr Lancers Football and Cheer takes the safety of its players, coaches, and spectators seriously, and these policies are in place to ensure that all participants can enjoy the sport in a safe and healthy environment.

Health and Medical Policy

The Jr Lancers Football and Cheer is committed to promoting the health and well-being of all players, coaches, and spectators. The following health and medical policies are in place to ensure that all participants can safely participate in football activities.

1. **Physical Exams:** All players must provide proof of a current physical exam before participating in any football activities. The physical exam must be conducted by a licensed medical professional and must be within the last 12 months.
2. **Vaccinations:** Players must be up to date on all required vaccinations, including but not limited to, the flu vaccine. Proof of vaccination must be provided to the organization before the start of the season.
3. **Illness and Injury Reporting:** Players and coaches must immediately report any illnesses or injuries to the designated medical professional. The medical professional will assess the player and determine the appropriate course of action, including referral to a doctor or hospital if necessary.
4. **Management of Chronic Conditions:** Players with chronic medical conditions, such as asthma or diabetes, must provide a written plan from their doctor to the organization outlining the management of the condition during football activities.
5. **Medication Management:** Players who require medication during football activities must provide a written plan from their doctor to the organization outlining the administration of the medication.
6. **Hydration and Heat Safety:** The organization will provide water and encourage players to hydrate before, during, and after games and practices. The organization will also monitor heat and humidity conditions and adjust activities as necessary to prevent heat exhaustion or heat stroke.

The Jr Lancers Football and Cheer is committed to promoting the health and well-being of all participants, and these policies are in place to ensure that all players, coaches, and spectators can safely participate in football activities.

Concussion Policy

The Jr Lancers Football and Cheer is committed to preventing and managing concussions for all players, coaches, and spectators. The following policies are in place to ensure the well-being of all participants.

1. **Education and Awareness:** All players, coaches, and parents will receive education on the signs and symptoms of concussions and the steps to take if a concussion is suspected.
2. **Identification and Reporting:** Players, coaches, and parents are encouraged to report any suspected concussions to the designated medical professional. The medical professional will assess the player and determine the appropriate course of action, including referral to a doctor or hospital if necessary.
3. **Management and Treatment:** Players who have sustained a concussion will not be allowed to return to play until they have been cleared by a licensed medical professional. The organization will provide appropriate medical treatment and follow-up care for all players with concussions.
4. **Return to Play:** Players who have sustained a concussion will be gradually reintroduced to activity under the supervision of the designated medical professional. The return to play process will include a step-by-step progression, with players cleared to advance to the next step only after they have been symptom-free for a designated period of time.

The Jr Lancers Football and Cheer is committed to the safety and well-being of all players, and this concussion policy is in place to prevent and manage concussions in a safe and effective manner.

Discrimination and Harassment Policy

The Jr Lancers Football and Cheer is committed to providing an inclusive and respectful environment for all players, coaches, and spectators, regardless of race, ethnicity, national origin, religion, gender, sexual orientation, age, or any other personal characteristic. The following policy is in place to prohibit discrimination and harassment in any form.

1. **Prohibited Conduct:** Discrimination and harassment, including but not limited to, verbal, physical, and written abuse, slurs, and derogatory comments, will not be tolerated. The organization will take prompt and appropriate action to address any incidents of discrimination or harassment.
2. **Reporting:** Players, coaches, and parents are encouraged to report any incidents of discrimination or harassment to the designated person responsible for handling such incidents. The organization will investigate all reports of discrimination or harassment and take appropriate action, which may include suspension or termination of the individual responsible.
3. **Confidentiality:** The organization will maintain confidentiality to the extent possible, consistent with its obligation to investigate and address incidents of discrimination or harassment.
4. **Training:** All players, coaches, and parents will receive education on the policy and the importance of creating a respectful and inclusive environment.

The Jr Lancers Football and Cheer is committed to providing an environment free from discrimination and harassment, and this policy is in place to promote a safe and respectful environment for all participants.

Player Development Policy

The Jr Lancers Football and Cheer is committed to promoting the development and success of all players. The following policies are in place to ensure that players receive the necessary training and support to reach their full potential.

1. **Coaching Philosophy:** The organization will provide experienced and knowledgeable coaches who will instruct players in the fundamentals of football, sportsmanship, and teamwork. The coaching philosophy will emphasize player development and improvement, rather than winning at all costs.
2. **Practice:** The organization will provide regular practices that are designed to improve skills, teamwork, and physical fitness. Practices will be structured and focused, with a emphasis on player development.
3. **Game Play:** The organization will provide opportunities for players to apply their skills in game situations. Game play will be structured to promote player development and improvement, rather than focusing solely on winning.
4. **Individual Attention:** The organization will provide individual attention to players to help them reach their full potential. This may include individual training sessions, skill assessments, and feedback on areas for improvement.
5. **Player Feedback:** The organization will provide regular feedback to players on their progress and areas for improvement. Players will also be encouraged to provide feedback on the organization and its programs.
6. **Player Advancement:** The organization will provide opportunities for players to advance to higher levels of play, based on their skills and development. Players who demonstrate exceptional skills and a commitment to player development will be considered for advancement to more competitive teams.

The Jr Lancers Football and Cheer is committed to the development and success of all players, and these policies are in place to ensure that players receive the necessary training and support to reach their full potential.

Financial Policy

The Jr Lancers Football and Cheer is committed to providing a high-quality youth football program while maintaining financial stability. The following policies are in place to ensure the responsible management of organization finances.

1. **Budget:** The organization will maintain a budget that is based on estimated income and expenses. The budget will be reviewed and approved by the board of directors on an annual basis.
2. **Revenue Generation:** The organization will generate revenue through player fees, sponsorships, fundraising activities, and other sources. All revenue will be used to support the organization's mission and programs.
3. **Expense Management:** The organization will manage expenses in a responsible manner, ensuring that resources are used efficiently and effectively. All expenses will be reviewed and approved by the board of directors.
4. **Financial Reporting:** The organization will maintain accurate financial records and provide regular financial reports to the board of directors. The organization will also make its financial records available for review by members upon request.
5. **Auditing:** The organization's financial records will be audited annually by an independent auditor. The results of the audit will be reported to the board of directors and made available to members upon request.
6. **Transparency:** The organization will be transparent in its financial practices, making information about its budget, revenue, and expenses available to members upon request.

The Jr Lancers Football and Cheer is committed to responsible financial management, and these policies are in place to ensure the stability and sustainability of the organization.

Refund Policy

The Jr Lancers Football and Cheer understands that circumstances may arise that prevent a player from participating in the program. The following policy is in place to provide guidance on refunds in such situations.

1. **Cancellation:** In the event that a player must cancel their registration, the organization will provide a refund, subject to the following conditions:
 - a. If cancellation is made prior to the start of the program, a full refund will be provided.
 - b. If cancellation is made after the start of the program, a pro-rated refund will be provided, based on the number of games and practices that have taken place.
2. **Medical Reasons:** In the event that a player is unable to participate in the program due to a medical condition, the organization will provide a refund, subject to the following conditions:
 - a. A physician's note must be provided, indicating that the player is unable to participate due to a medical condition.
 - b. If the player's medical condition is discovered prior to the start of the program, a full refund will be provided.
 - c. If the player's medical condition is discovered after the start of the program, a pro-rated refund will be provided, based on the number of games and practices that have taken place.
3. **Other Reasons:** In the event that a player must withdraw from the program for reasons other than those stated above, the organization will provide a refund, subject to the following conditions:
 - a. The request for a refund must be made in writing and include a detailed explanation of the circumstances.
 - b. The organization will review each request on a case-by-case basis and determine the appropriate course of action.

The Jr Lancers Football and Cheer will make every effort to accommodate requests for refunds, while also ensuring the stability and sustainability of the program. This policy is subject to change, and any updates will be communicated to participants.

Data Privacy Policy

The Jr Lancers Football and Cheer values the privacy of its participants and takes the protection of personal information very seriously. The following policy outlines the organization's commitment to data privacy and the measures that are in place to ensure the security of personal information.

1. **Collection of Personal Information:** The organization collects personal information from participants for the purpose of managing and administering the program. This information may include, but is not limited to, names, addresses, phone numbers, email addresses, and medical information.
2. **Use of Personal Information:** The organization will use personal information for the following purposes:
 - a. To communicate with participants about the program and any related activities.
 - b. To manage and administer the program, including the scheduling of games and practices, the distribution of uniforms and equipment, and the recording of statistics.
 - c. To provide medical personnel with access to medical information in the event of an injury.
3. **Sharing of Personal Information:** The organization will not share personal information with third parties, except in the following circumstances:
 - a. With the consent of the participant or the participant's parent/guardian.
 - b. To comply with legal requirements, such as a court order or subpoena.
4. **Security of Personal Information:** The organization will take appropriate measures to ensure the security of personal information, including the use of secure servers and encryption technology.
5. **Access to Personal Information:** Participants or their parent/guardian have the right to access and review their personal information, and to request that any inaccuracies be corrected.

The Jr Lancers Football and Cheer is committed to protecting the privacy of its participants and will take all necessary measures to ensure the security of personal information. If you have any questions or concerns about this policy, please contact the organization.

Phone Application Requirement

The purpose of this policy is to establish guidelines for the use of a phone application by parents and coaches of the Jr Lancers. The phone application will be used to provide parents and coaches with updates on league activities, schedules, scores, and other important information.

Usage Requirements:

All parents and coaches are required to download and use the phone application provided by the Jr Lancers. The application will be used as the primary communication method for league activities, schedules, and scores.

The phone application is available for free download on both iOS and Android platforms, and can be found by searching for TeamSideline in your app store.

Communication:

The phone application will be used to communicate important information about league activities, schedules, and scores. All parents and coaches are expected to check the phone application regularly for updates and important information.

In addition to the phone application, coaches may also use other communication methods, such as email or text messaging, to communicate with parents about specific team activities.

Privacy:

The phone application will only be used to communicate information about league activities, schedules, and scores. No personal information will be shared via the application, and all user data will be kept confidential and protected.

Support:

Parents and coaches who require assistance with the phone application should contact the Jr Lancers support team for assistance. Support will be available via email or phone during regular business hours.

The Jr Lancers believe that the use of the phone application will enhance the experience of parents, coaches, and players, by providing easy access to important information about league activities, schedules, and scores. All parents and coaches are expected to comply with this policy and to use the phone application as their primary method of communication with the league.