City of Northglenn

Competitive League Rules

IAABO rules apply but are subject to change.

Participants-

- A. All participants must be in 5th –8th grade.
- B. Each team must wear the jersey provided by the league.
- C. Parents are not allowed on the sidelines, and there can only be two coaches on the sideline during games.

Playing Time-

- A. Games will consist of four 10-minute quarters and the clock will stop on all dead balls at the 2:00 mark of the 4th quarter. However, if the point differential is 10 or more, the clock will continue to run.
- B. Players must report to the score table before entering into the game and must wait for the officials signal in order to take the court.
- C. Teams will receive two timeouts per half which will consist of one minute, timeouts do not carry over.

Game Play-

- A. Teams are allowed to play any style of defense and can press at all times. However, if the point differential is 10 or more, the team winning will not be allowed to full court press but will still be allowed to half court press.
- B. Teams will reach the bonus when their opponent commits five fouls in each quarter. Teams will shoot two free throws for a common foul when in the bonus. 5 fouls per player.
- C. Overtime will consist of a 1-minute stop clock where all team fouls and player fouls carry over. Each team is given 1, 1 minute time out.
- D. All violations listed in the IAABO rule book will be enforced.
- E. All divisions use 29.5 size ball.
- F. All players must play at least 10 minutes during every game.
- G. Following most of high school rules

Technical-

- A. If at any time a player or coach receives their second technical foul, the person will be asked to leave the facility and they will be suspended for one game. If a player or coach receives 3 technical fouls in a season the player or coach will be removed from the league indefinitely. Please see the zero-tolerance sheet provided to you by the league director as any behavior observed on this sheet can result in a technical
- B. If a technical foul occurs, all players will be sent to half court while a player from the opposing team shoots two free throws, and the shooting team will receive the ball at the point of interruption.
- C. If a fan is found to be acting unsportsmanlike the official will speak with the fan's coach and it will be the coach's responsibility to handle the situation. If the situation is not handled and the fan continues the poor behavior the opposing team will receive 4 points and the spectator will be removed.