

COVID-19 POLICIES & PROCEDURES

Smithville Parks and Rec takes the COVID-19 pandemic very seriously. The health and welfare of our players, families, coaches, and staff is our top priority. The following document will explain the SPR's COVID-19 guidelines and procedures regarding COVID-19. First and foremost, you should only allow your child to get back to sports if you are ready and feel safe. There is a lot of information, so please take the time to read thoroughly. With the approval of practices and games, there are still guidelines we must follow. These guidelines may seem excessive, but they have been put in place to ensure the health and safety of everyone and must be followed.

SMITHVILLE PARKS AND REC ATTENDING PRACTICES/GAMES PROCEDURES

Before Leaving Your Home:

Ask these required questions and if the answer is yes to any, you must keep your player home and notify your coach and Smithville Parks and Rec.

1. Have you been ill recently with symptoms such as fever, cough, and shortness of breath?
2. Is a family member who lives with you ill and has COVID-19 symptoms?
3. Have you been in contact with someone who has tested positive for COVID-19, is being treated for, or was treated for, or was told to quarantine and not report to work due to a risk of exposure to COVID-19?
4. Have you recently traveled to and returned from a known COVID-19 hot spot?
5. Check your child's temperature. **If you have a temperature of 100.4 or higher you need to stay home & contact your coach.**

Upon Arrival to Practices/Games:

- Players may train without their mask.
- Players are recommended to wear masks at all times they are not practicing or playing.
- Spectators are required to wear a mask at all times while at practices and games.
- We encourage only immediate family/households attend games. Only necessary family members should be at practices.
- Place your gear at least 6 feet from your teammate's gear.
- Social Distance throughout the session / Do not touch your teammates (no hugs, high-fives, pats on the back, etc.).
- During games contact is unavoidable but avoid unnecessary non-game related contact (pat on back, helping player to his/her feet, etc.)

- Always listen to your coach's instructions.
- Social distancing must be maintained at all times.

When Practices or Games Are Over:

- When leaving the complex continue to follow social distance guidelines.
- Go straight to your vehicle and leave the complex.
- No high fives or fist bumps after the game.

Coach Requirements:

- Limit equipment brought to practice, disinfecting all equipment before / after use.
- Do not allow players to share equipment or water bottles
- If a parent contacts you to report a sick player, you must contact Smithville Parks and Rec

Responsibility To Smithville Parks and Rec

If you have symptoms or believe you have been exposed, it's important that you notify Smithville Parks and Rec. Based on your level of COVID-19 exposure, SPR may need to extend quarantine instructions to your team, coaches and staff. Please provide details to: bpropes@smithvillemo.org, mdenton@smithvillemo.org