

Breckenridge Recreation Center

Adult Volleyball Rules and Regulations 2018

Types of Leagues:

- **COED 6's:** The recreational league will be played on **Monday** nights at the Breckenridge Recreation Center from 6:00-9:00pm. This league is designed for players with average (B/C) skills in volleyball.

Games and Costs:

- Cost for the Recreational League is \$285.00 per team. Total cost is due at time of registration

Registration Requirements:

- Each team must have a completed roster with names, email addresses, phone numbers and signatures of all players.
- ***Email will be a major point of communication for the league. Please provide an accurate email address if you want to receive all of the latest information.***
- Each player is also asked to sign the individual waiver.
- Registration is first come first serve, regardless of past league participation.

Roster requirements:

- **Players may play on one team only**
- Team managers can make changes to their rosters during the first *three weeks* of the season. After January 29, 2018 the rosters will be final. Anyone not listed on the roster after this time is **NOT** eligible to play. The opposing team reserves the right to request a 'roster-check' before the game begins if they believe their opponents have an 'ineligible' player on the floor.
- An ineligible player is one who is not on a team roster, or has signed up on more than one roster, or who has not signed the team roster, or is playing under a different name. Any protest regarding player ineligibility must be recorded with the referee before the first game begins.
- Each team member must have a picture I.D. to prove that they are on the roster in case of protest. If they do not have a picture I.D. the person will be considered ineligible.
- Managers are responsible to supply rosters and correct and complete information to the League Coordinator.

Equipment:

- The Town of Breckenridge will provide all the necessary equipment for a successful running game, including volleyball nets, stands, posts and balls.
- Shoes- Participants must wear clean court shoes only. No hiking boots or shoes that leave marks on the floor.

Liabilities and Injuries

- The Town of Breckenridge will not be liable for injuries to players or responsible for articles lost or stolen while participating in the league.

- The Town of Breckenridge does not provide insurance for injuries while participating in any program or league offered by the Town.

Age Requirements:

- All participants in the adult coed volleyball league must be eighteen (18) years of age in order to participate. Any persons not eighteen and who would like to participate in the league must have permission from their legal guardian *and* the League Coordinator.

Game Time:

- Scheduled game time is forfeit time.
- Teams can not use time outs to avoid the forfeit.
- When time permits, each time will be allowed a five minute warm up (left to the discretion of the officials.)

Regulation Game:

- All USA volleyball rules apply, unless otherwise noted
- Each match will consist of best two out of three games. Each team will play two matches per night.
- All scoring is rally scoring

COED 6's:

- The first two games are rally point games to 21 points and no more than 25 points. The third game (if necessary) will be a rally point game to 15 points and no more than 21 points.
- A coin toss shall be conducted between the designated players of each team at least three minutes prior to the first game of the match to determine serve/receive and playing sides.
- Teams should arrive 10-15 minutes before their first game time to assure starting the match on time. Teams must remember that the gym is scheduled for public open playtime up until the time league play begins.
- Each team may take two time outs during each game. This time out may not exceed one minute. The time between games of a match shall not exceed two minutes.
- If a serve hit's the net and still lands on the opponent's side of the net, it is considered a good serve.
- A 5 second serving rule will be enforced
- Serves may not be blocked
- If ball is hit more than once on a side, a female must touch the volleyball (2 male rule)
- Player rotation must be male, female. Two male's may not be side by side, a 'ghost' player must be used in this situation and when the 'ghost' player is up to serve, the point is forfeited and a side-out goes to the opposing team.
- The ball is automatically considered 'out' if it hits the white gym divider or wall.
- If the ball hits the ceiling, the following will happen:
 - If your team hits the ball up to the ceiling and the ball falls on your side of the net, the ball is still good.
 - If your team hits the ball up to the ceiling and the ball falls on your opponent's side, the ball is considered 'out.'

- (Assuming a back row player is involved,) when the ball is served and two players ‘rotate’ positions, the original back row player cannot attack (feet may not leave the floor)

COED 6’s League Ratio:

- Teams play with 3 men, 3 women aside. Teams *may* have more women than men. Teams *cannot* have more men than women – however - if a team has 3 men and 2 women, they can opt to play with a “ghost” player or they can opt to play 4 aside (2 men, 2 women). Each team must have a minimum of 4 players on the court at all times. **Even with 4 players, we still play 6 rules (server cannot attack).**
- Unlimited substitutions will be allowed, however a female may only substitute for a female and a male may only substitute for a male.

Awards for League:

- Awards will be given to the first place team at the end of season tournament. All teams make the tournament.

Ties in League Standings:

- Head to head competition between the teams with the tie. If a team has a forfeited game between the teams in the tiebreaker it automatically goes to the other team.
- Overall points scored by a team during the season
- Overall points scored against a team during the season
- If still a tie, a coin flip will determine the higher seed

Playing a Forfeited Game:

- After a game has been forfeited, both teams may use the court until five minutes before the next scheduled game.
- Forfeited games will not be officiated. Winning team will get 42 points for and losing team will get 42 points against.
 - Second forfeit: The team will be dropped from the league with no refund.

Schedule Changes:

- If a schedule change is necessary, the coach/manager of each team will be contacted as soon as possible. If a team must request a schedule change, the Recreation Department reserves the right to deny the request. All schedule requests must be submitted to the League Coordinator at least 24 hours in advance of scheduled games.

Protests:

- Protest can only be made on a rule infringement. Difference in opinion on an official’s judgment on a particular play or plays will not constitute grounds for protest.
- The League Coordinator shall make decisions on the protest in the following ways:
 - The protest is not valid
 - The protest is such a nature the game is forfeited.
 - The protest is such a nature the game must be replayed.
 - The protest is valid but does not affect the outcome of the game.

Player Code of Conduct/Rules and Regulations

- The leagues, which the Town of Breckenridge provides, are designed to encourage community members to participate in physical activity and recreation through athletics. The Town of Breckenridge must set standards of behavior so that all participants can enjoy these leagues.
- **Unsportsmanlike** conduct includes but is not limited to:
 - The use of any vulgar acts or words towards an opponent or official.
 - Questioning or trying to influence official's decisions.
 - Any contact with opponent which is deemed unnecessary and which instigates roughness.
 - Using any part of teammate's body or any object to gain physical support for advantage in playing the ball.
 - Failure to follow directions by an official.
- **Unsportsmanlike** acts will be handled in the following manner. However, depending on the **unsportsmanlike** act, a referee does not have to follow the procedures.
 - Warning
 - Award point or side out to opponent
 - Ejection - Anyone ejected must leave the gym immediately or the match will be forfeited. The referee will record the name(s) and reason(s) for the ejection.
- Players ejected from a volleyball game will be suspended for a minimum of one week. Second ejection and the player will be suspended from the league. Depending on the conduct, the League Coordinator may enforce a greater penalty.
- The Town of Breckenridge will not tolerate any misconduct in any of its facilities or programs. The Town of Breckenridge will prosecute any and all acts of a criminal nature to its fullest extent. This includes, but is not limited to, physical assault and verbal and physical harassment. ***All team members must be aware that they will be held accountable for their actions!***
- The League Coordinator shall have complete charge of the league. The league coordinator shall act upon any and all situations regarding poor sportsmanship.

Additional league rules:

- All Recreation Center rules apply during league play.
- All players must wear either shorts or sweat pants. No street clothes will be allowed.
- All players must wear a shirt.
- All beverages must be in a closed container, which does not spill or leak. Alcoholic beverages are not allowed.
- No warming up on the sidelines while another game is in progress.
- Team uniforms and jerseys are not required.
- No jewelry allowed while playing in any league sponsored by the Town.