



West Boynton Recreation Center Youth Basketball League Rules



1. Age divisions will be as follows: ***Birth Certificates required to participate.**
 - a. 6 – 8 years old
 - b. 9 – 11 years old
2. Teams will be scheduled one practice per week. Age Division: 6-8 practice Tuesday nights, at either 6:30pm or 7:30pm, Age Division: 9-11 practice Wednesday nights, at either 6:30pm or 7:30pm. Games will be held on Saturdays. (Every hour starting with youngest teams first 9:30am – 1:30pm)
3. Teams will consist of at least 6 – 10 players. All teams will be **co-ed** unless otherwise specified.
4. Ages are to match with school district cutoffs. Ages are as of September 1st of the Fall season.
5. The Youth Basketball League Director, Hannah Tannone (administration of the league, processing coaches, volunteer background checks, rules, schedules, etc.) The League Supervisor (oversees practices, games, coaches, players & parents.) You can contact us at 561-355-1125.
7. All games will be played under **FHSAA rules**.
8. Please note that all officials' calls during games are **final**. Protests will only be considered under special circumstances. Must be approved by League Supervisor and/or Director.

Game Rules: FHSAA rules will apply to all calls made by the referees.

*(Some consideration will be given to younger age division as deemed necessary for learning purposes.)

1. Length of the games depend on age division:
 - a. **Ages 6 – 8** four 6 - minute quarters with lowered baskets to **8.4 ft.** – full court ***(League Director/Supervisor may determine to heighten goals if level of progression of learning deems beneficial.)**
Ages 9 – 11 four 8 -minute quarters – full court with **10 ft. baskets**
2. Halftime in each division will be 5 minutes. (At discretion of League Director and/or Supervisor)

3. Each team will be given two 30-second timeouts per half.
 - a. *** If only 6 players show on game day, then Coaches have the option for another 30-second time out each half to allow the players to rest.**
4. Clock will be stopped for all injuries and time outs.
5. There is a running clock for each game. Clock only stops on timeouts, for injuries, free throws and in the last 2 minutes of the 4th quarter.
 - a. If a team is getting beat by 15 or more points; clock continues to run.
6. Full court press will be allowed only during last 2 minutes of the 2nd and 4th quarters. 4th quarter pressing will not be allowed if a team is up by 15 or more. Teams that are not winning may continue to press.
*Defenders must also set up below 3 point arc and may not play defense until ball or player has crossed half court.
7. Defense may not pick up opposition in half court until either the player or the ball has crossed the green line - 4 feet beyond half court.
8. Score is kept in a book by League Supervisor and somewhere visible to all involved. *(Score table by front of gymnasium)

Over Time Play:

1. 3 minutes of play with Coaches choice for players.
2. If after 3 minutes the game still remains a tie, then each coach will select 1 player to shoot 2 free-throws to determine which team wins the game.
3. If a tie remains after this free-throw shoot off then the coach selects another player to shoot 2 more free throws. This continues if more ties persist until one team wins.

Game Ball:

1. Each game will have a game ball provided by the league.
 - a. **Ages 6 – 8:** Intermediate 28.5” ball
 - b. **Ages 9-11:** Official size ball

Parents: *Please remember that you signed an agreement that you will comply with the League Rules & Parents’ Code of Ethics:

1. Thank you for following the Parent Code of Ethics during the league. Parents should not cause a disruption during either games or practices, by being on the basketball court, or allowing other children NOT in the league to be on the court.
2. Parents should not engage in, or encourage any kind of unsportsmanlike conduct with any official, coach, player, parent or other representative of the league such as booing and taunting; refusing to shake hands or using profane language or gestures

during games, or allowing their child(ren) to display poor sportsmanship during games or practices.

3. ***Parents: Coaches would appreciate your assistance with bringing treats for the players after games, if a parent would like to assist with coordinating this please check with the Coach in the beginning of the season.**

Players:

1. League t-shirts (provided) must be worn during all games, which must show numbers. **These t-shirts may be kept at the end of the season. Athletic shoes are required.**
2. Practices during the week are highly recommended, and those players that attend practice will be guaranteed to play in the games. Players who do not make practice on a regular basis will not see as much playing time.
3. **MUST** be on time to their scheduled game, this means (**10-15 minutes** prior to scheduled time of game.) If arriving late to their game players playing time will be limited, at the discretion of the coach / League Supervisor.
4. **Picture Day is mandatory for all coaches** and recommended for all players for a team photo. If you have a situation please notify the League Supervisor. Photograph company is called: **TSS Photography (954) 649-3032** and orders are processed and handled exclusively through this company.
5. **MUST** possess good sportsmanship or the Coach / League Supervisor has the discretion to bench players for the remainder of the game.
6. **6 fouls** are allowed during a game before they are unable to play.
7. May not argue or otherwise become belligerent with a fellow player, coach or referee. Disciplinary actions may result but are not limited to the following:
 - a. 1 game suspension for 1st violation
 - b. 2 game suspension for 2nd violation
 - c. Season suspension for 3rd violation
8. Playing time will vary by the size of each team based on use of the **Player Rotation Grid**. (6 – 10 players rotation)
*(Lineups for the game need to be completed 2-3 minutes before the game is scheduled time to begin, but can be altered as the game continues as necessary.)
9. **Coaches may not show favoritism toward their child(ren) or they may be asked to step down from their position.**

Coaches: Any coaches in violation of these set forth guidelines NYSCA Coaches Code of Conduct will be adhered to and carried out by the League Supervisor if necessary.

1. **Coaches MUST be committed to be present for all 8 weeks of the League, or notify the League Supervisor before the season begins.** (*In the event of an emergency please contact the League Director/Supervisor at the West Boynton Recreation Center @ 355-1125 to make other arrangements to cover your team practices / games.)
2. If coaches fail to submit their **Player Rotation Grid 2-3 minutes prior to the start of the game**, the coach will receive a **‘technical foul’** which results in the other team starting the game with a free throw and the ball.
3. There will be a Coaches Meeting held before the start of the season, and all coaches **MUST** complete the Volunteer Packet along with background screening and be approved prior to the league beginning. ***This screening process may take up to 3-4 weeks, along with a new Concussion Video & certificate must be on file.**
4. Will adhere to the **NYSCA Coaches Code of Ethics.** (This includes being positive role models, looking out for the emotional and physical well-being of all players, provide a safe environment for all players, apply first aid practices as needed to treat injuries, offer fun and challenging practices for my team, lead by example in demonstrating fair play and sportsmanship to all players, knowledgeable of the rules and teaches them to the players, and remember that the value of coaching is for the players *not the sole emphasis on winning.*)
5. Coaches are expected to operate in a **“Volunteer Position”** adhering to all rules and practices outlined by Palm Beach County Parks & Recreation Department. ***This includes signing in and out for all games and practices held at the West Boynton Park & Recreation Center.**
6. Coaches are expected to be at practices and games unless League Supervisor is notified at least 24 – 48 hours in advance. ***Assistant Coaches should be prepared to step in to handle both practices & games in the event of the Head Coach being unavailable.**
7. Are responsible for each player on their team as it relates to behavior and attitudes in practices and games. ***Setting the example for players by shaking hands with the other team after each game to show good sportsmanship.**
8. During Player Evaluation the League Supervisor or League Director hold the final decision on team/player placement. ***Coaches will be permitted to request their own child on their team, along with their 1st selection choice if possible, all other players will be determined by the League Director/Supervisor.**
9. **Any additional practices held beyond what is scheduled by the West Boynton Youth Basketball league are prohibited.** Coaches may not coach players in other locations and/ or at West Boynton if not scheduled practices for the league. ***This guideline is in place in order to assure the safety of all players and coaches alike.**

Player Evaluation/Placement Day:

1. During this day, players will be involved in a variety of drills, so that coaches can evaluate each players skill level. All players will then be placed on a team, as equal in various abilities as possible. Parents will be in attendance of a Parent Meeting during this time, therefore, no parents permitted in the gymnasium during the evaluations.
2. **COACHES ARE RESPONSIBLE** for contacting each player selected to inform them of their contact information, times of practices and games, to be held only at West Boynton Park & Recreation Center during season dates scheduled.
3. League Supervisor/Director will go over Player Placement format at Coaches meeting before Evaluation/Placement Day. *In the interest of all players the League Director & Supervisor determine teams, based on previous observation from previous seasons and player placement observations.

Referees:

1. Referees should adhere to all set forth practices outlined within.
2. Referees are to follow rules outlined by the League Supervisor/Director according to FHSAA rules.

*Any questions regarding the said aforementioned rules, please contact Hannah Tannone at the West Boynton Park & Recreation Center @ (561) 355-1125.

***RULES / GUIDELINES SUBJECT TO CHANGE WITHOUT NOTICE IF DEEMED NECESSARY.**